

Agatha Christie 57 Ebooks

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clinical sports nutrition 5e is a cornerstone of the sports medicine series offered by mcgraw hill this complete practical and clinical reference provides the latest sports nutrition information drawing on scientific research from around the globe all chapters have been substantially revised and updated with contributions from leading academics physicians and sports dietitians in australia canada the united states and the united kingdom in addition there are seven new commentaries a molecular view of exercise female athlete triad and energy availability measuring energy availability treating low energy availability vegetarian eating antioxidant supplementation and exercise fluid guidelines this respected reference work is an invaluable asset for students and instructors in the discipline of sports nutrition and is also essential reading for elite athletes sports professionals and trainers who need to keep their knowledge current

the standard setting reference in medical toxicology trusted as the leading evidencebased resource for poison emergencies a doody s core title for 2017 for decades one name has been synonymous with the most respected rigorous perspectives on medical toxicology and the treatment of poisoned and overdosed patients goldfrank s toxicologic emergencies presented in full color goldfrank s delivers essential patientcenteredcoverage of every aspect

of poison management the editors and authors are recognized as preeminent scholars in their specialties and provide unmatched coverage of all aspects of toxicologic emergencies from pharmacology and clinical presentation to cutting edge treatment strategies goldfrank's toxicologic emergencies tenth edition begins with an examination of medical toxicology principles and techniques it then reviews the biochemical molecular and pathophysiologic basis of toxicology followed by an intense focus on toxicologic principles related to special patient populations features case studies enhance your understanding of the clinical application of the text material practical focus on the pathophysiologic basis of medical toxicology the antidotes in depth sections delivers the expertise of toxicologists across the world as they present treatments for critically ill poisoned and overdosed patients and allow you to easily identify key issues relating to the use of complex and often unfamiliar therapies the principles of risk management medicolegal decision making patient safety post mortem toxicology and the assessment of ethanol induced impairment described in chapters and special considerations emphasize the interface between medical toxicology the law and quality care

back by popular demand more than 270 all new recipes from the hugely popular online community slow cooker central paulene christie and the passionate slow cooker central community have returned with a book that is even bigger and even better than before all the recipes are by real people cooking in real kitchens with no obscure ingredients or complicated instructions if you want to serve delicious imaginative home cooked food without spending hours in the kitchen prepping and cooking this book is the perfect solution with more than 270 all new recipes slow cooker central 2 is organised into 14 chapters that will help you make meals to match your appetite or what's in the fridge you'll find great ideas for casseroles curries soups and roasts plus plenty of recipes you might not expect such as those for desserts cakes fudge and even face paint and play dough packed with useful tips and tricks and including the size of the slow cooker used to make each dish these are fail safe recipes that will quickly become family favourites

now a netflix documentary from jeff benedict the 1 new york times bestselling author of tiger woods and the dynasty poisoned chronicles the events surrounding the worst food poisoning epidemic in us history the deadly jack in the box e coli infections in 1993 on december 24 1992 six year old lauren rudolph was hospitalized with excruciating stomach pain less than a week later she was dead doctors were baffled how could a healthy child become so sick so quickly after a frenzied investigation public health officials announced that the cause was e coli o157 h7 and the source was hamburger meat served at a jack in the box restaurant during this unprecedented crisis four children died and over seven hundred others became gravely ill in poisoned award winning investigative journalist and 1 new york times bestselling author jeff benedict delivers a jarringly candid narrative of the fast moving disaster drawing on access to confidential documents and exclusive interviews with the real life characters at the center of the drama the families whose children were infected the jack in the box executives forced to answer for the tragedy the physicians and scientists who identified e coli as the culprit and the legal teams on both sides of the historic lawsuits that

ensued fast food nation meets a civil action in this riveting account of how we learned the hard way to truly watch what we eat

australia s bestselling slow cooking series i love finding new ways to prepare meals and desserts with slow cookers that others might never have imagined possible in fact there s nothing better than creating amazing and delicious recipes that are simple enough that anyone can have success with them first time that s what makes them feel good so it makes me feel good too paulene christie paulene christie is passionate about slow cookers she knows everything there is to know about cooking in slow cookers and she shares this passion and endless enthusiasm with her engaged community of half a million followers on the slow cooker central facebook page and through her bestselling and much loved series of cookbooks never one to rest paulene has been busy in her kitchen testing tasting and exploring the many surprising possibilities that slow cooking offers the home cook the result is ready set slow a collection of 160 all new recipes that you and your family will love organised into easy to navigate headings that reflect the main ingredients making it super simple to plan your family meals this collection boasts delicious food for every occasion and flavours from all around the world best of all every recipe is easy to follow and includes readily available ingredients so you will save time money and stress in the kitchen online praise for slow cooker central books fantastic easy to follow delicious recipes the whole family can enjoy i have all of paulene s slow cooking cookbooks and they have made mealtimes so much easier could not wait to try some of the recipes very easy to follow and well written i have bought a lot of cookbooks in my time but none better than this amazing books they get used at least five times a week sometimes more i was hooked from the first book slow cooking has changed my life

bestselling australian slow cooker cookbook series over 150 000 copies sold a book for every parent who wants to be free from mealtime tussles with their kids amazing books they get used at least 5 times a week sometimes more i was hooked from the first book slow cooking has changed my life i am a cookbook junkie and have not bought another cook book since i purchased all three slow cooker central books from the trusted bestselling slow cooker central series comes a book packed with more than 200 recipes that your kids will love to eat and are simple enough for them to help cook how do we know that because these are recipes from real mums and dads who ve road tested these dishes in their own families with their own kids with so many recipes to choose from you don t need to cook the same old boring meals week in week out you can try something new with the confidence that there will be smiling faces and happy tummies at the table

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