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conceptual issues resonate within the social phobia literature of particular concern is the ambiguity surrounding how social phobia differs from normal shyness the debate over whether high levels of shyness are synonymous with pathological social anxiety is complicated by the issue of social phobia subtypes information about the relationship of social phobia with pertinent temperament and personality characteristics may further clarify these methodological and clinically relevant issues participants were categorized using the cheek and buss revised shyness scale cheek 1983 there were 148 highly shy and 155 comparison normative shyness participants who were recruited from san diego state university structured interviews cidi who 1998 were used to diagnose social phobia subtypes generalized social phobia gsp and nongeneralized social phobia ngsp participants were then compared on the retrospective self report of inhibition rsri reznick et al 1992 and the neo personality inventory revised costa mccrae 1992 chi square analyses found disproportionately higher rates of social phobia in the highly shy group 49 than in the comparison group 18 there were significantly more participants with gsp 27 in the highly shy group than in the comparison group 3 and there were similar rates of ngsp in each group 22 vs 16 respectively analyses of variance on measures of shyness behavioral inhibition and neuroticism revealed group differences that corresponded to gradations in social anxiety participants with gsp had the most extreme scores followed by participants with ngsp and lastly participants without a social phobia diagnosis logistic regression analyses

demonstrated that shyness behavioral inhibition neuroticism and extraversion increased the odds of a social phobia diagnosis or 4.4 or 11 or 9.3 and or 5.9 respectively high shyness and neuroticism were predictors of a GSP diagnosis versus a N-GSP diagnosis or 7.27 and or 11 highly shy individuals have a greater propensity to exhibit social phobia specifically GSP than subjects with normative levels of shyness nonetheless it is also possible for an individual to be extremely shy but not diagnosable with social phobia specific risk factors for social phobia were identified and both quantitative and qualitative differences between the subtypes were found

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