

A Therapeutic Treasure Deck Of Grounding Soothing

A Therapeutic Treasure Deck of Sentence Completion and Feelings Cards
A Treasure Box for Creating Trauma-Informed Organizations
Binnie the Baboon Anxiety and Stress Activity Book
Therapeutic Treasure Deck of Grounding, Soothing, Coping and Regulating Cards
Cleo the Crocodile Activity Book for Children Who Are Afraid to Get Close
Gilly the Giraffe Self-Esteem Activity Book
Modern Buried Treasure Hunters
Trash Or Treasure
Presley the Pug Relaxation Activity Book
Treasures of the Twelve
Treasures from the Prose World
Treasure Hunt
Mythweaver: The Splintered Realm 2nd Edition
Hidden Treasures
Hyman's Trash Or Treasure Guide to the Best Buyers
The Art Treasures of England
The Treasures of the Bible, Or, Golden Thoughts on the Leading Subjects of Holy Scripture
THERAPEUTIC TREASURE DECK OF STRENGTHS AND SELF -ESTEEM CARDS.
Underfoot, Or, What Harry and Nelly Learned of the Earth's Treasures
Treasures of Pioneer History
Karen Treisman Karen Treisman Karen Treisman KAREN. TREISMAN
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this treasure box book is packed full of valuable resources from bestselling and award winning author trainer organizational consultant and clinical psychologist dr karen treisman it shows you how to weave a deep understanding of trauma and adversity into the daily practice and the whole fabric of your organization every chapter features an array of colour photocopiable worksheets downloadable materials practical ideas reflective questions and exercises ready to use both individually and organizationally covering guidance on policies recruitment supervision language cultural humility co production team meeting ideas staff wellbeing and more this is the ultimate treasure trove for getting your organization truly and meaningfully trauma informed this resource is complemented by a host of other publications and card sets all created by dr treisman

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binnie is an energetic baboon who bounces around the lush green mountains of rwanda in east africa but like many of us binnie often feels worried and stressed and these worries can get in her way what if she gets lost in the jungle or her family gets sick what if no one likes her sometimes she even worries about the fact she s worried and if she isn t worried well why not this activity book has been developed by expert child psychologist dr karen treisman the first part of the book is a colourful illustrated therapeutic story about binnie the baboon with a focus on worry and anxiety this is followed by a wealth of creative activities and photocopiable worksheets for children to explore issues relating to anxiety worry fears and stress and how to find ways to understand and overcome them the final section of the book is full of advice and practical strategies for parents carers and professionals on how to help children aged 5 10 to start to understand why they experience feelings of anxiety and what they can do to help reduce and navigate it this resource is complemented by a host of bestselling publications and card sets all created by dr treisman search on therapeutic treasures collection to discover them all this activity book is complemented by a standalone picture book of binnie s story also available from jessica kingsley publishers binnie the baboon isbn 9781839970252

amongst the beauty of the okavango delta in botswana cleo the crocodile loved having fun with all of his animal friends that is until one day hogan the hippo who was supposed to look after cleo started to act mean and hurt him cleo has to leave the swamp to find a safe new home he s scared and puts his prickles up for protection so all the other animals are afraid of him how can cleo find a new safe home how can he make new friends when he doesn t know who he can trust this activity book developed by expert child psychologist dr karen treisman combines a colourfully illustrated therapeutic story about cleo the crocodile to help start and enrich conversations which is followed by a wealth of creative activities and photocopiable worksheets for children to explore issues relating to attachment relationships rejection anger trust and much more activities are accompanied by extensive advice and practical strategies for parents carers and professionals on how to help children aged 5 10 to start to name their tricky feelings it will help children to understand their own prickles to trust others and begin to invest in relationships so they can let others close again this activity book is complemented by a standalone picture book of cleo s story also available from jessica kingsley publishers cleo the crocodile isbn 9781839970276 this resource is also complemented by a host of bestselling publications and card sets all created by dr treisman search on therapeutic treasures collection to discover them all

even though gilly the giraffe has many wonderful things in her life she sometimes lacks confidence why does she have to stand out so much with her long neck her long black tongue and her mosaic patches why do some of the other animals point and laugh at her can it be possible to be different and to be cool this activity book developed by expert child psychologist dr karen treisman combines a colourfully illustrated therapeutic story about gilly the giraffe to help start conversations which is followed by a wealth of creative activities for children to explore and build upon some of the ideas raised in the story and beyond the activities are accompanied by extensive advice and practical strategies for parents carers and professionals on how to help children aged 5 10 boost their self esteem and confidence this activity book is complemented by a standalone

picture book of gilly's story also available from jessica kingsley publishers gilly the giraffe isbn 9781839970290 it is also complemented by a host of bestselling publications and card sets created by dr treisman search on therapeutic treasures collection to discover them all

like all dogs presley the pug loves to play run and snuggle up under his warm blanket but sometimes presley gets so excited that his feelings take over sometimes it's anger sometimes stress sometimes worry he doesn't know how to calm down what can presley do when he feels like this luckily presley's canine friends are nearby with some wise words and they share some of the tricks that have worked for them this therapeutic activity book was developed by expert child psychologist dr karen treisman it features a colourful therapeutic story designed to help start conversations about coping with big feelings and how to find calm it explains how presley and the reader is able to create a mind retreat an imaginary safe space where he can relax the activity book is also packed with creative activities and photocopiable worksheets to help children to explore the ideas raised in the story including regulating and coping tools like sensory boxes relaxation exercises and easy yoga poses it also features advice and practical strategies for parents carers and professionals supporting children aged 5-10 this activity book is complemented by a standalone picture book of presley's story also available from jessica kingsley publishers presley the pug isbn 9781839970313

bursting with heart and packed with exciting new places dangerous obstacles and mysterious powers cindy lin's sequel to the twelve is a page turning race against time that's perfect for fans of the zodiac legacy and spirit animals series when usagi first met the fabled heirs of the twelve she had just one goal saving her sister uma but despite increasing her zodiac powers by becoming the new rabbit warrior heir usagi's attempts to rescue uma have failed soon usagi and the heirs realize that to truly free those they love from the dragonlord they must take on a dangerous task finding the ancient treasures of the twelve hidden away by the last zodiac warriors these treasures have miraculous powers their wielder can create massive sandstorms bring the clouds down to earth to enshroud everyone nearby in a thick fog or even grant any wish they desire for a brief time usagi and the heirs must journey farther than they ever have before and take on the riddles and obstacles that await them on their hunt for the ancient relics but will they find them in time to save uma

mythweaver is a complete fantasy role playing game that includes six character classes each customizable to develop exactly the character you want to play ten diverse character races ranging from mischievous brownies to scheming narglyn a detailed thorough combat system gives a wide variety of options while keeping the basic system simple to play and quick to use an intuitive and flexible magic system including both baseline spells usable at will and the ability to spontaneously create effects on the fly with nearly 250 unique spell effects an elegant skill system that gives each character unique non combat abilities a complete guide for running games and awarding treasure a thorough bestiary with over 120 beasts a detailed campaign guide two introductory adventures

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