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established as the most complete work on the channels collaterals and points in english a manual of acupuncture has become the gold standard text for students and practitioners of acupuncture introductory chapters on the channels and collaterals point categories point selection models point location and needling illustrations and text descriptions of all primary extraordinary divergent luo connecting and sinew channels the points of the fourteen channels and the extra points with their english name chinese name and chinese character the most exacting and accurate anatomical point locations yet published in any english text with practical point location notes to assist in easy location nearly 500 illustrations with a single dedicated illustration for every point point actions to aid the understanding and memorization of each point s prinicpal qualities extensive lists of point indications taken from numerous classical and modern source texts and grouped for ease of reference substantial commentaries explaining in detail the principal historical and modern applications of the point and drawing on classical and modern texts and the extensive clinical experience of the authors numerous classical prescriptions showing how the points have been used and combined through nearly two millenia of practice area illustrations showing the locations of the major points in each region of the body extensive indexes including an index of every point indication

this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points but experienced practitioners can also learn about seldom used acupuncture points and also broaden their knowledge acupuncture in latin means sticking with the needle each of the 409 important acupuncture points is presented with an anatomical graphic an overview of the meridian and a photo showing the needle placement the combination of chinese sources and the authors therapeutic experiences provides a sensible balance between the most important indications and practical needs the names properties and applications of the individual acupuncture points have been revised on

this basis far eastern healing methods and western observation techniques create a bridge between asian and western views of acupuncture this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points but experienced practitioners can also learn about seldom used acupuncture points and thus extend their knowledge

this multimedia dvd rom includes the complete contents of a manual of acupuncture published in 1998 in fully linked digital form

the 4th edition helps you skillfully assess your patients needs implement therapeutic strategies and effectively rehabilitate patients to maximum performance levels guides you in the application of specific tools procedures and techniques that produce results covers sports medicine osteoporosis geriatrics and brain injury

acupuncture is a component of the health care system of china that can be traced back at least 2 500 years the general theory of acupuncture is based on the premise that there are patterns of energy flow qi through the body that are essential for health disruptions of this flow are believed to be responsible for disease acupuncture may it has been theorized correct imbalances of flow at identifiable points close to the skin the practice of acupuncture to treat identifiable pathophysiological disease conditions in american medicine was rare until the visit of president richard m nixon to china in 1972 since that time there has been an explosion of interest in the united states and europe in the application of the technique of acupuncture to western medicine acupuncture is a family of procedures involving stimulation of anatomical locations on or in the skin by a variety of techniques there are a variety of approaches to diagnosis and treatment in american acupuncture that incorporate medical traditions from china japan korea and other countries the most thoroughly studied mechanism of stimulation of acupuncture points employs penetration of the skin by thin solid metallic needles which are manipulated manually or by electrical stimulation

contiene introduction acupunture a historical review principles of trigger point acupunture the practical application of trigger point acupunture

the seirin pictorial atlas of acupuncture is a new kind of manual it illustrates the whole range of acupuncture points and main channels the extraordinary vessels ren mai and du mai and the extraordinary points in a systematic and clear way each of the 409 important points is clarified through a series of three different illustrations a graphic indicates location on the body an overview of channels illustrates the point in the context of its pathway a photograph shows the acupuncture needle in position by combining chinese sources with the authors experience in therapy this book features a sensible balance between the most important indications and practical needs the names properties and applications of the individual acupuncture points were then revised on this basis the team of chinese and german authors creates a bridge between asian and western views of acupuncture this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points but experienced practitioners can also learn about seldom used acupuncture points and this extend their knowledge dust jacket

there is a large increase in interest in acupuncture by health care consumers the three main reasons for this are medical effectiveness cost effectiveness and the credibility that clinical trials and physiological research have provided acupuncture is rapidly moving out of the arena of alternative medicine in large part again because it is grounded more firmly than other alternative treatments in research the book provides the reader with the up to date information on the clinical bases of acupuncture

gabriel stux m d is chairman of the german acupuncture society d sseldorf and director of the acupuncture center he has practised and taught acupuncture worldwide since 1977 dr stux is the author and co author of several books on acupuncture in german bruce pomeranz m d ph d has taught zoology at the university of toronto since 1968 and physiology at the same university since 1982 he obtained his m d and c m at mcgill university in 1961 and his ph d at harvard in 1967 he was assistant professor at m i t from 1966 to 1968 prof pomeranz has contributed 46 papers on acupuncture and together with dr stux is author of the standard textbook acupuncture textbook and atlas basics of

acupuncture is a unique introductory book for the first time western science and medicine are combined with traditional chinese concepts it begins with a review of the scientific basis of acupuncture and relevant research an introduction to the philosophy and theory of traditional chinese medicine is then followed by a detailed account of diagnosis and description of the chinese system of channels functional organs and most important acupuncture points the remainder of the book is devoted to treatment based on western modes of diagnosis the methods and applications of needling and moxibustion are described and the most important points are given for frequently encountered diseases from a review in a german journal this book was written by a physician for physicians and medical students alike and is characterized by a high degree of practical relevance in addition to describing the 120 most important acupuncture points and depicting them in clear illustrations this volume also provides a survey of the therapeutic principles and the selection of acupuncture points for the most important diseases

this book is for modern medically trained practitioners from various fields it is also for anyone who wishes to study acupuncture and would like to know more about the core concepts of traditional chinese medicine it discusses the differentiation of syndromes and shows concisely how to form a correct acupuncture treatment plan throughout the book there is an emphasis on the use of modern medical language medical terms and anatomical locations to make this medical art and science more accessible to the modern reader

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Introduction

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