

Wynn Kapit Anatomia Humana

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os autores deste livro entendem que o estudante de fisioterapia necessita de uma literatura sólida e suficientemente ilustrada tal como um atlas que lhes introduza no fascinante estudo das estruturas e funções do corpo do nível micro até o macroscópico de modo que a anatomia não é apenas uma disciplina mas a base sólida sobre a qual toda a sua prática profissional será construída cada músculo osso e nervo que ele compreende é uma ferramenta a mais em suas mãos para aliviar a dor restaurar movimentos e transformar vidas dominar a anatomia é mais do que memorizar nomes é entender a intrincada orquestra que nos move É diagnosticar com precisão planejar intervenções eficazes e comunicar se com confiança para tanto o docente dessa matéria deverá prepará-lo para uma jornada de conhecimento que o diferenciará e o capacitará a ser um fisioterapeuta de excelência entretanto tal compreensão do corpo humano só poderá ser mais eficaz se esse docente lhe oferecer mais do que teoria livresca porém aulas e estudos práticos em laboratório anatômico dotado de um acervo abrangente e fascinante de cadáveres ou suas partes modelos sintéticos e até vivos e mesas digitais que lhes satisfaçam seus anseios profissionais e os auxiliem em suas dúvidas

tao é o caminho o shiatsu é uma técnica de massagem tao shiatsu é uma prática para nos colocar em sintonia com o tao o caminho É uma técnica utilizada como meio para desenvolvermos a nossa sensibilidade a um ponto que nos permita perceber a vida profundamente em toda a sua dimensão e magia livro em formato 21x28 cm com fotos e ilustrações

zen shiatsu é uma terapia oriental de reequilíbrio físico energético baseia-se em alongamentos e pressões firmes e suaves aplicadas em certas áreas do corpo um livro teórico prático com muitas ilustrações mostrando uma técnica que tem afinidade com as mais atuais terapias corporais

este libro es un proyecto pedagógico integral de sensopercepción y expresión corporal danza está destinado a docentes y estudiantes de formación

superior a quienes se dedican a una disciplina artística y a todo aquel que desee profundizar y recorrer nuevos caminos en la creatividad y la corporalidad incluye fundamentos teóricos planificaciones de clases propuestas de trabajo y documenta con ilustraciones y fotografías las distintas actividades y experimentaciones

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