

When Blushing Hurts

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for most of us blushing when were embarrassed or anxious is a common occurrence but for those who suffer from a stronger type of blushing or blush more easily also known as pathological blushing this abnormal facial reddening can become physically and psychologically tormenting in when blushing hurts author and noted psychiatrist dr enrique jadresic offers hope for those who experience this condition he examines blushing from the dual perspective of the healer and the healed offering inspired testimonies of patients who sought medical help and successfully overcame their pathological blushing backed by scientific fact jadresic explores the delicate balance of human emotion and how it affects our physical responses in addition jadresic discusses options for treatment including drug therapy cognitive behavioral techniques and even surgery in this second edition jadresic updates the understanding of those who seek medical help for blushing in light of research that's evolved in recent years he shares new testimonies and offers fresh information on previously published cases praise for when blushing hurts first edition dr jadresics book which is both meticulous and heartfelt contributes greatly towards sharing information on and furthering an understanding of a disorder that is medically benign but psychologically tormenting and orients the physician and the layman on the treatment possibilities offered by medicine today alejandro goic md president chilean medical academy while reading when blushing hurts i once again admired dr jadresics expository talent his elegant poetic pen his thoughtful honesty and his clinical ability renato d alarcn md mayo medical school rochester usa

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blushing is the most peculiar and the most human of all expressions charles darwin for most of us blushing when we're embarrassed or anxious is a common occurrence but for those who suffer from more frequent or intense blushing also known as pathological blushing this abnormal facial reddening can become physically and psychologically tormenting noted psychiatrist enrique jadresic md offers hope for those who experience this condition with this ground breaking work he examines blushing from the dual perspective of the healer and the healed offering inspiring testimonies of patients who sought medical help and successfully overcame their pathological blushing backed by scientific fact jadresic explores the delicate balance of human emotion and how it affects our physical responses in addition jadresic discusses options for treatment including drug therapy cognitive behavioral techniques and even surgery frank compassionate and informative when blushing hurts offers solid information help and hope to those who suffer from blushing

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