

When Anger Hurts Your Relationship

When Depression Hurts Your Relationship When Your Relationship Ends Deep Listening: Transform Your Relationships with Family, Friends and Foes Hope for Hurting Relationships Red Hot Relationships Mindblowing Sex in the Real World The Startup Equation: A Visual Guidebook to Building Your Startup Your Sexuality The Boy's World Drum Families and Intimate Relationships Intimate Relationships, Marriages, and Families Prime Time The Relationship Toolbox Guess Who's Coming to Dinner A Spiritual Handbook for Women The Interpersonal Communication Book Cold Feet Clear Your Past Clinical Issues in Single-parent Households Shannon Kolakowski Bruce Fisher Emily Kasriel Myron D. Rush Lorel Linden Lindstrom Sari Locker Steve Fisher Robert F. Valois Gloria W. Bird F. Philip Rice John E. Eichenlaub Robert Abel Brenda Lane Richardson Dandi Daley Knorr Joseph A. DeVito Sonya Rhodes Lynne D. Finney Marion Lindblad-Goldberg

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people with depression are at a greater risk of letting their emotions sabotage their relationships they may constantly worry that they aren't good enough for their partners they may also become irritable with their partners or push them away when they are feeling sad to make matters worse their sex life may suffer the truth is that feelings of isolation worthlessness and tiredness can all take a hefty toll on a romantic relationship but there is help using an integrative approach when depression hurts your relationship offers practical skills to help readers with depression reignite intimacy with their partners

transform your relationships with family friends and foes

presents couples with a four step plan to recognize harmful thoughts and behavior and transform hostile relationships into happy ones

Locker provides information to help singles make more rewarding sexual choices and have more exciting sex lives addressing such topics as erotic safe sex loving your body sexual communication alternative sexual lifestyles and enhancing sexual pleasure

filled with infographics visuals and case studies a vibrant practical guide to creating a winning business model for any startup the startup equation leads you step by step through the decisions and data to find your perfect startup model you'll learn how to identify your entrepreneurial type and follow the book's visual roadmap to building your

own successful business plan for your unique dream the book provides the blueprint for not only understanding the startup economy but the challenges and opportunities for every type of new business steve fisher is co founder of the revolution factory a global network that funds builds and launching new products he is also co founder of the revolution institute a global nonprofit that promotes social good ja naé duane is a speaker strategist social scientist artist creative economist and author of how to start your business with 100

designed to be used with any current sexuality textbook understanding human sexuality offers a series of exercises and self examinations to stimulate the student s active involvement in evaluating his her sexual attitudes and behaviour

although based on melville s marriage and family today this edition has been re organized to reflect the diversity of families in society the new material is research oriented and includes chapters on power and family violence stress interpersonal lifestyles and single parent families

contains 70 universal tools that you can use to deepen your personal relationships enhance your marriage or liven up your love life use these tools to create changes in yourself or use them to motivate changes in your partner

in the 1960s when the question guess who s coming to dinner was posed the answer often meant that a white family had to make way for an african american in law in this new millennium the new face at the dinner table may be one of any number of races ethnicities and religions filled with funny and poignant stories guess who s coming to dinner is sure to be of interest to anyone seeking a better understanding of religious ethnic or racial differences

this text provides a highly interactive presentation of the theory research and skills of interpersonal communication with strong integrated discussions of diversity ethics workplace issues and technology recognized for its ability to help students understand the crucial connection between theory and practice this eleventh edition presents a comprehensive view of the theory and research in interpersonal communication and at the same time guides students to improve a wide range of interpersonal skills and to apply these to personal social and workplace relationships contextually placed web icons in the text s margins direct students to the book s companion website where they engage in interactive exercises or simulations that help them gain a better understanding of concepts presented in the text superior coverage of cultural diversity ethics interpersonal communication in the workplace and the workings and effects of technology make the interpersonal communication book the best choice for preparing students to communicate successfully in today s world

here at last is a book for the thousands of women who find themselves in a frustrating situation of drawing closer to the man in their life only to discover that just when things seem to be going great he backs away the hottest relationship book of the year

forgotten childhood experiences can lie behind the unsatisfactory relationships emotional turmoil and addictions that so many adults struggle with in clear your past change your future psychologist and award winning author lynne d finney provides a step by step guide to rediscovering negative or traumatic childhood experiences coming to terms with them and moving past them into a fuller life affirming future she includes a unique collection of over 60 self help techniques developed by therapists and spiritual teachers for transforming old beliefs and breaking free from destructive patterns of behaviour these include exercises for coping with feelings facing fears stopping self

defeating thoughts relaxing visualizing new possibilities and asking for what you want

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