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50 activity based handouts topics include assertion discharge planning emotion identification
exercise goal setting leisure motivation nutrition problem solving risk taking role
satisfaction self awareness self esteem sleep stress management support systems time

management and values clarification save time and money by reducing your preparation time with high quality materials this reproducible book covers a wide variety of topics youll use these activity handouts as a primary focus for individual sessions and groups reverse side has two suggested activities for each handout the engaging graphics and illustrations provide an important visual aid in one to one sessions or groups these high quality books with heavy paper stock will last and last some topics are duplicated no handouts are the same

50 activity based handouts topics include activities of daily living anger management assertion communication verbal communication and nonverbal coping skills grief loss humor life balance money management parenting reminiscence safety issues self esteem image steps to recovery stress management support systems time management save time and money by reducing your preparation time with high quality materials this reproducible book covers a wide variety of topics youll use these activity handouts as a primary focus for individual sessions and groups reverse side has two suggested activities for each handout the engaging graphics and illustrations provide an important visual aid in one to one sessions or groups these high quality books with heavy paper stock will last and last some topics are duplicated no handouts are the same

having exhausted all that the kama sutra has to offer people are widening the horizons of an age old landscape drawing on experts in social science ethics medicine and law contributors provide a broad perspective on some of the social and ethical issues generated by new reproductive technologies general topics include care during pregnancy

explores all psychological aspects of pregnancy including terminated pregnancy

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