

# Uyku Ilac Ve Anksiyete Giderici Ilalar Brakma

## Uyku

Birinci Basamakta Cinsel Tıp Duygular ve Psikopatoloji Ağız, Diş ve Çene Cerrahisi Uygulamaları II SAĞLIK & BİLİM 2025: Yeni Nesil Medikal Araştırmalar, Teknolojiler ve Klinik Uygulamalar Fizyolojik Psikoloji Klinik Psikoloji Ankara Üniversitesi Tıp Fakültesi yayınlarından Prof. Dr. Sultan Doğan Prof. Dr. Bilal Semih Bozdemir Aylin ÇALIŞ Onur KARAMAN Bilal Semih Bozdemir Prof. Dr. Bilal Semih Bozdemir Prof. Dr. Bilal Semih Bozdemir

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william I maurice tarafından 1999 yılında yazılan kitap prof dr sultan doğan tarafından türkçeye çevrilmiştir

duygular ve psikopatoloji duygular nelerdir duyguların evrimsel temelleri temel duygular mutluluk üzüntü korku öfke iğrenme şaşkınlık duyguların işlevleri duyguların vücuttaki yansımaları duyguların motor ifadeleri duyguların bilişsel etkileri duygusal zeka duygusal düzenleme psikopatoloji nedir psikolojik bozuklukların sınıflandırılması ruhsal bozuklukların nedenleri travma ve travma sonrası stres bozukluğu depresyon ve duygudurum bozuklukları anksiyete bozuklukları obsesif kompulsif bozukluk yeme bozuklukları kişilik bozuklukları Şizofreni ve psikotik bozukluklar duyguların ölçümü duyguların beyin yapılarındaki karşılıkları limbik sistem ve duygular amigdala ve duygusal tepkiler prefrontal korteks ve duygu düzenleme duyguların gelişimi Çocuklukta duygu gelişimi ergenlikte duygular yetişkinlikte duygular yaşlılıkta duygular duyguların kültürel etkisi duyguların toplumsal işlevleri duygusal sorunların önlenmesi duygusal sorunların tedavisi bilişsel davranışçı terapi ilaç tedavileri duyguların felsefesi duyguların etik boyutu sonuç ve değerlendirme

İÇİndeKİler bÖlÜmler saĖlıkta dijİtal dÖnÜŞÜm 3b baski teknolojİlerinin klİnik uygulamalari ve araŞtirma alanlari abdÜlkadir bilİr yunus emre kundakci nÖrobilİm perspektifİnden gÖrÜntÜ temelli tani sistemleri yapay zeka destekli klİnik harİtalama sena kiciklar dijİtal pet ct teknolojİsi klİnik nÜkleer tip ve molekÜler gÖrÜntÜlemede yenilikçi olanaklar yasemin parlak Çocuk diŞ heklmiİĖinde sanal gerÇeklik vr teknolojİsi edanur gÖkce meydan oral ve maksillofasİyal cerrahi pratiĖinde yeni nesil oral

antikoagÜlanlar elif m Özcan maksillofasıyal cerrahıde eras protokolÜ elif m Özcan hastanede Çocuk dostu İÇ mekan tasarım uygulaması asya Çetİn arzu ÖzyÜrek anıl ertok nihat yılmaz büşra bİldİk halil berkay uzuncu saĖlık turİzmİnde yenİllİkÇİ mekansal uygulamalar Üzerİne araştİrmalar cevdet bertan gÜllÜdaĖ arif nihat akÇal

periyodik yayın psikolojim dergisi

fizyolojik psikoloji beyin yapısı ve İşlevleri nöronların yapısı ve İletİşimi sinir sisteminin yapısı duyu organları ve algı görme sistemi İşİtme sistemi dokunma ve propriosepsiyon tat ve koku sistemleri homeostaz ve hormonal sistem motivasyon ve İhtiyaçlar duygular ve fizyolojik tepkiler uyku ve uyanıklık döngüsü stres ve biyolojik tepkiler Öğrenme ve bellek mekanizmaları beynin plastisitesi dil ve İletİşim becerileri cinsiyet farklılıkları bilişsel İşlevler dikkat ve konsantrasyon karar verme süreçleri psikofarmakoloji nörodejeneratif hastalıklar nörolojik bozukluklar beyin hasarı ve rehabilitasyon sosyobiyoİoloji ve davranış genetiĖi etik ve yasal konular fizyolojik psikolojinin geleceĖi fizyolojik psikoloji araştİrmaları uygulamalı fizyolojik psikoloji sonuÇ ve deĖerlendirme

performansa dayalı deĖerlendirme türleri bilişsel deĖerlendirme sosyal beceri deĖerlendirmesi ve işlevsel davranış analizi dahil olmak üzere klinik psikolojinin çeşitli alanlarında çeşitli performansa dayalı deĖerlendirme türleri kullanılır bu bölüm üç temel kategoriyi kısaca inceleyecektir 1 bilişsel performans deĖerlendirmeleri bu deĖerlendirmeler gerÇek yaşam aktivitelerini taklit etmek için tasarlanmış belirli görevler aracılığıyla bilişsel işlevleri ölçer Örnekler arasında planlama ve problem çözme becerilerini deĖerlendiren tower of london testi veya bilişsel esnekliĖi ve yönetici işlevi deĖerlendiren wisconsin kart sıralama testi yer alır 2 sosyal beceri deĖerlendirmeleri bu deĖerlendirmeler genellikle bireylerin başkalarıyla nasıl etkileşime girdiĖini gözlemlemek için rol yapma veya sosyal simÜlasyonları kullanır sosyal beceri geliştirme sistemi ssis yapılandırılmış etkileşimlerin iletİşim problem çözme ve çatışma çözümü gibi çeşitli sosyal yeterlilikleri deĖerlendirdiĖi bir örnektir 3 fonksiyonel deĖerlendirmeler rehabilitasyon ortamlarında yaygın olan fonksiyonel deĖerlendirmeler bireyin günlük aktiviteleri gerÇekleştirme yeteneĖini deĖerlendirir fonksiyonel baĖımsızlık Ölçümü fim veya günlük yaşam aktiviteleri adl ölçeĖi gibi araçlar psikolojik durumların günlük işlevsellik üzerindeki pratik etkilerini deĖerlendirmek için kullanılır

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