

The Ys Way To A Healthy Back

Y's Way to Water Exercise Instructor's Guide The Y's Way to a Healthy Back Water Polo the Y's Way Kiplinger's Personal Finance Sir Ferumbras Sir Ferumbras Sir Ferumbras Secrete of secretes Three Prose Versions of the Secreta Secretorum The Complete Works The English Charlemagne Romances The English Charlemagne romances, ed. by S.J. Herrtage [and others]. Federal Register Illustrated Catalogue of Books, Standard and Holiday The Great Cryptogram The Early Records of the Town of Providence--Index, Containing Also a Summary of the Contents of the Volumes and an Appendix of Documented Research Data to Date on Providence and Other Early Seventeenth Century Rhode Island Families Physical Training; Supplement to Association Men "The" Works of William Shakspeare The Comprehensive Concordance to the Holy Scriptures Principles of YMCA Health and Fitness Joseph A. Krasevec Alexander Melleby Chuck Hines Sidney John Hervon Herrtage Ferumbras Herrtage Robert Steele Robert Steele William Shakespeare Sidney John H. Herrtage McClurg, Firm, Booksellers, Chicago Ignatius Donnelly Providence (R.I.). Record Commissioners William Shakespeare James Bradford Richmond Walker YMCA of the USA Staff

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chuck hines enjoyed a 40 year career with the ymca during which he was a strong advocate of the olympic sport of water polo he

was a three time all america player and he coached teams at three ymcas that won national championships his teams all started out at the beginning level in small pools and with insufficient equipment and fought their way to the top this book is the story of those teams and their rags to riches achievements the author has written two instructional texts on water polo and has served as chairman of national committees for the amateur athletic union american swimming coaches association and ymca of the usa he was an officer of the u s olympic water polo committee for the games of 1972 which found the american men bringing home the bronze medal his ymca girls team won the gold medal at the junior olympics and competed at the world womens water polo club championships in 1977 in recent years he has been a historian for the sport writing numerous articles for the ymcas national magazine and the water polo planet web site now retired and a member of the western north carolina sports hall of fame mr hines and his wife lee and family members reside in asheville north carolina

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