

## The Gift Of Spiritual Direction On Spiritual

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it is a truism that we live in a time of renewed spiritual self search and reflection the response some suggest to a feeling of meaninglessness or superficiality in one's spiritual life many people search for someone who will listen guide and encourage them but entrusting one's very soulcare to another calls for a gifted guide written for all those who in any way are involved in spiritual direction and pastoral care or wish to prepare for the same stinissen's book discusses the qualities essential for such counselors advisers and is meant to renew and strengthen the church's role as a primary source for meaningful spiritual therapy among the themes explored are listening dialogue false and real feelings of guilt difficulties in prayer discerning god's will every person longs to be able to expose himself to another human being in his full reality writes stinissen with his light and his darkness and to be accepted and loved just as he is to that end he emphasizes the important role and responsibility of a spiritual director or soul friend in addition to reflecting on specific qualities or qualifications of the director stinissen discusses some of the specific questions a director is likely to be asked by the directae and

helpful ways of responding in various situations

jesuit priests william a barry and william j connolly see the work of spiritual direction as helping people to develop their relationship with god and although christianity dates back two millennia they do not hesitate to incorporate modern science including psychotherapy in their work the practice of spiritual direction a classic text that has been revised and updated by the authors shows that barry and connolly have in thinking and practice absorbed the insights of modern psychotherapy but have not been absorbed by them this highly practical book reflects the authors experience at the center for religious development in cambridge massachusetts william a barry s j and william j connolly s j were two of the six co founders of the center for religious development in cambridge mass in 1971 the center was one of the first to offer a year long specialized training in spiritual direction this book is based on their experience at the center for religious development and beyond both authors now reside at campion center weston mass

spiritual direction has been an intrinsic part of the christian tradition since the earliest days of the church when desert mothers and fathers were sought out for their wisdom and guidance this guide aims to equip clergy and laity engaged in this task or in training for it

god gives us companions on our journey a spiritual director is one such companion offering spiritual guidance whether you are a director a directee or simply someone who wants to learn more about this ancient ministry this comprehensive introduction to the art of both giving and receiving spiritual direction will be a helpful guide

editors gary w moon and david g benner along with a team of expert contributors provide a comprehensive survey of spiritual direction in its myriad christian forms with insights on spiritual direction s relationship to psychotherapy and pastoral counseling this book serves as an authoritative resource for spiritual transformation and pastoral care

explores issues that arise in the advanced stages of spiritual direction from both a practical and theoretical perspective

it may well become a classic in this important area of spirituality it is the reader s opinion that if you read only one book on this subject this year the way of spiritual direction should be the one john g durbin stl

author priest and teacher henri nouwen understood the spiritual life to be a journey of faith and transformation deepened by accountability community and ministry but although he counseled many people during his lifetime these principles of spiritual direction were never written down now two of nouwen s longtime students michael christensen and rebecca laird have taken his famous course in spiritual direction and supplemented it with his unpublished

writings to create spiritual direction the definitive work on nouwen s thoughts about the christian life stories readings questions for reflection and guided journal writing provide an unparalleled resource for spiritual direction both for individuals and small groups henri j m nouwen 1932 1996 was the author of with open hands reaching out the wounded healer making all things new and many other bestsellers he was the senior pastor of l arche daybreak in toronto canada a community where men and women with mental disabilities and their assistants create a home for one another michael j christensen ph d studied with henri nouwen at yale divinity school 1979 1981 and now serves on the board of directors of the henri nouwen society rebecca laird m a is a certified spiritual director ordained minister and currently the associate for spiritual formation at central presbyterian church in summit nj read this book and you will understand why i chose henri nouwen as a companion on my own spiritual journey bill moyers

these moving positive essays witness the experiences of participants in shalem institute s group spiritual direction workshops each author relates what he or she learned as a member mentor or facilitator of a spiritual direction group a community gathered together to seek and share a desire for god in communal silence dialogue intercessory prayer and discernment and adapts it to a specific setting the family workplace congregation seminary the homeless the result is this collection a loving gentle testament to the power of spiritual direction groups that enables young and old clergy and laity of all faiths to realize celebrate and proclaim a commonality of greater spiritual purpose fluid and well honed the lived experience of group spiritual direction is of great value to seminarians graduate students church organizations clergy and laity of all faiths as well as to anyone seeking guidance on the value of group spiritual direction it features biographies of its numerous contributors

finding our way to god offers an approach to spiritual direction using mental prayer that can be used to create healing and peace when conducting guidance sessions with seekers based on the teachings of st alphonsus ligouri the founder of the redemptorists fr dennis billy s approach examines the moral life in the context of spiritual direction while thoroughly catholic st alphonsus was so pastoral focusing on the poor and marginalized that the approach can be easily learned and used by adherents of other religious philosophical and ethical traditions in finding our way to god fr dennis billy teaches active listening which is essential for spiritual directors emphasizes the continuity between a person s spirituality and morality through growth in the virtues and gifts of the holy spirit provides an understanding of how the model of spiritual direction can be adapted to meet the needs of a wide variety of people helps the reader use alphonsian spirituality as a backdrop for conducting spiritual direction

an essential lively and comprehensive guide to spiritual direction how it works how to get it how it is life changing for those who are interested in growing spiritually and for their spiritual directors

the need for spiritual direction or the accompaniment of a spiritual guide is becoming more prominent in a world where so many are suffering from so many wounds with a harmonious integration of both timeless spiritual wisdom from the catholic church s tradition of prayer and direction and the insight of the

psychological sciences fathers thomas acklin and boniface hicks offer a comprehensive guide for all who provide or seek spiritual direction spiritual direction a guide for sharing the father s love fortifies priests religious and lay faithful who embrace the ministry of spiritual direction and accompany the wounded assist men and women in hearing the voice of god and model the love and mercy of the father for the many who are seeking him but do not know him or have false images of him this book also shows how various aspects of the spiritual life can emerge from and be fostered by a one on one relationship with a spiritual director together with concrete guidelines and numerous examples from personal experience this book refers extensively to sacred scripture as the foundation for spiritual direction furthermore since the practice of spiritual direction goes back to the first centuries of the church the authors turn for guidance to the doctors of the church the writings of the saints and the papal magisterium in developing and supporting their insights spiritual direction will call spiritual directors to deeper holiness even as they assist others in growing closer to the father through his loving gaze of mercy

the classic work on helping people become closer to god fathers barry and connolly see the work of spiritual direction as helping people to develop their relationship with god in thinking and practice they have absorbed the insights of modern psychotherapy but have not been absorbed by them this highly practical book reflects the authors experience at the center for religious development in cambridge massachusetts where spiritual direction is available and where directors are trained

spiritual direction is a vital aspect of the priestly ministry it launches souls on the road to heaven and keeps them oriented as the pathway becomes narrow and steep everyone from the pope to the most innocent of children needs spiritual direction in these rich pages msgr charles hugo doyle shares wisdom and practical advice on the process that holds rewards not only for priests but for lay faithful as well as fr edward j hogan of st mary s seminary in baltimore observed when the book was first published in 1958 there are countless souls ripe for sanctity full of generosity and desire and needing only the expert advice of a divinely ordained doctor of souls to advance toward sainthood yet how often they remain unattended fr hogan observed that some catholic priests hesitate to engage in spiritual direction and to reap the harvest of saints it can produce because they suffer from a feeling of inadequacy and of lack of the requisite knowledge for so sensitive an undertaking this is why the famed msgr doyle wrote this book he guided a generation of priests in the time tested methods of spiritual direction and even today serves as a guide for lay catholics who want to progress in holiness but have yet to find a spiritual director of their own in one timeless volume msgr doyle lays out the classic principles of catholic spirituality and distills advice from saints who were commonly regarded as the greatest spiritual directors of their time you will discover the art of maintaining a devotional spirit all day long how to advance through the spiritual stages the stumbling blocks to genuine meditation seven brief prayers that can increase your devotion at mass eight indicators that you are growing in holiness ten proven methods to advance in virtue you will also find ways the devil tries to disrupt you on the path to holiness and how to effectively battle the seven deadly sins additionally you will learn about the danger of scruples how to overcome them and how to replace fear with a childlike trust and confidence in god st vincent ferrer the great dominican saint said about spiritual direction a person who has a director by whom he allows himself to be guided will more easily and quickly arrive at perfection than he ever could by himself this book is a must for every serious christian s spiritual

library

looks at some of the leading figures from the past to illustrate the roots and development of anglican spiritual direction george herbert lancelot andrewes john wesley somerset ward and evelyn underhill this book was first published as journey into truth

is what we call the encounter with god merely a depth experience of the psyche or does it have a specific theological character in this revised edition of his best selling book william barry shows how it is possible to understand an encounter with the triune god in this world and how that process can be interpreted and aided by a spiritual director using the insights of john macmurray and john smith barry describes how a relationship with god develops and how one can discern whether a particular experience is from god or not this understanding of religious experience comes from a theology of community communal discernment and ministry in the church this book will be helpful to spiritual directors educators and theologians as well as all educated seekers desiring a deeper relationship with god in this revised edition the author has added reflections on god s presence to suffering and evil and to evildoers updated the bibliography and freshened his examples for the 21st century reader

with the increased interest in the practice of spiritual direction both from people feeling called to be spiritual directors and from those seeking direction this books addresses the need to train the supervisors of spiritual directors this collection of essays is one of the first books in the field that help with the training of supervisors written by spiritual directors who have years of experience in supervision between them this book engages some of the leading voices in the field in an exploration of a wide variety of issues including gender and sexuality ethical dilemmas working with diverse racial ethnic constituents working with the differently abled the parameters of supervision the supervision of beginning directors and more an excellent textbook for those who feel called to the role of supervisor as well as an important book for those who are already practicing in the field

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