

The Emotional Brain The Mysterious Underpinnings Of Emotional Life

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what happens in our brains to make us feel fear love hate anger joy do we control our emotions or do they control us do animals have emotions how can traumatic experiences in early childhood influence adult behavior even though we have no conscious memory of them in the emotional brain joseph ledoux investigates the origins of human emotions and explains that many exist as part of complex neural systems that evolved to enable us to survive one of the principal researchers profiled in daniel goleman's emotional intelligence ledoux is a leading authority in the field of neural science in this provocative book he explores the brain mechanisms underlying our emotions mechanisms that are only now

being revealed

brain mystery light and dark examines scientific models of how the brain becomes conscious and argues that the spiritual dimension of life is compatible with the main scientific theories keyes shows us that the belief in the unity of mind and brain does not necessarily undermine aesthetic religious and ethical beliefs

provides information on the symptoms diagnostic methods and treatment options for thirty one neurological diseases including alzheimers stroke cerebral palsy and epilepsy and features statistics on incidence and causes a list of organizations for patients and families and general discussion of the brain and the neurological system

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