

The Depression And Bipolar Disorder Update

Bipolar Disorder Depression and Bipolar Disorder Clinical Guide to Depression and Bipolar Disorder Bipolar Disorder Bipolar Depression, An Issue of Psychiatric Clinics of North America Good Mood, Bad Mood Manic-Depressive Illness Bipolar Disorder Bipolar Depression: Molecular Neurobiology, Clinical Diagnosis and Pharmacotherapy The Other Depression A Lifelong Journey Bipolar Depression Overcoming Depression and Manic Depression (bipolar Disorder) Bipolar Disorder Why Am I Still Depressed? Recognizing and Managing the Ups and Downs of Bipolar II and Soft Bipolar Disorder Surviving Manic Depression Why Am I Up, Why Am I Down? Bipolar Disorder Demystified The Physician's Guide to Depression and Bipolar Disorders Bipolar in Order Rachael Rothman-Kerr Abigail Meisel Martin B. Keller Kostas N. Fountoulakis John L. Beyer Charles D. Hodges, M.D. Frederick K. Goodwin Janelle M. Caponigro Carlos A. Zarate Jr. Robert Grieco Sarah Russell Rif S. El-Mallakh Paul A. Wider Francis Mark Mondimore Jim Phelps E Fuller Torrey Roger Granet Lana R. Castle Dwight L. Evans Tom Wootton

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bipolar disorder causes extreme behavioral and mood swings these changes from the highs known as mania to the lows of depression are the reasons why it was often called manic depression in the past readers discover this and other essential information about this disorder as they explore its symptoms causes and treatments through detailed sidebars quotes from experts and full color photographs readers gain a deeper understanding of bipolar disorder as well as how to support loved ones who face its unique challenges readers are given the tools to confront the stigma around bipolar disorder with knowledge and empathy

depression and bipolar disorder are imbalances in brain chemistry that affect mood perception and behavior if left untreated these imbalances can lead to years of pain and even suicide better understanding of the causes of depression and bipolar disorder and a revolution in medications for psychiatric illness along with psychotherapy have made both conditions treatable and brought relief to millions everything from the history of these disorders to their treatment options and stories of real teens dealing with depression are covered

conceived in the early 1970s to study the phenomenology diagnosis genetics and clinical course of depression the nimh collaborative depression study cds has influenced research and practice since its inception clinical guide to depression and bipolar disorder findings from the collaborative depression study summarizes key findings from the study and the related literature to provide comprehensive and up to date knowledge on the course and outcome of illness in mood disorders nowhere else can clinicians find such detailed longitudinal data combined with astute clinical analysis of the current research the volume offers historical background on how psychodynamic psychiatry was overtaken by psychobiological perspectives and the challenges and controversies that gave rise to the cds providing the context necessary to understand the profession s development to the present day a wealth of information on nosology natural history phenomenology and treatment response in depressive and bipolar disorders detailed descriptions of the study methods employed providing information and insights that will assist researchers in the longitudinal design of prospective cohort studies comprehensive review of outcomes in mood disorder including delineation of the long term course of bipolar i bipolar ii and unipolar major depressive disorders the implications of which will continue to be instrumental in the development of psychiatric nosology and indispensable to clinicians engaged in assessment and treatment critical information clinicians need in order to read the clinical signs in their patients and predict the switch from unipolar to bipolar disorder a fascinating review of the evolution of diagnostic thinking about the role of anxiety in mood disorders and the contributions of the cds to the newly published dsm 5 each chapter is accompanied by a time saving summary as well as a section on clinical implications that translates the findings into practical points and key recommendations clinicians need to know to provide optimal care psychiatrists clinical psychologists residents and fellows will turn to clinical guide to depression and bipolar disorder findings from the collaborative depression study to better understand the course and outcome of their patients mood disorders and ultimately to improve their clinical skills

this book examines in detail the diagnostic approach to manic depressive bipolar illness with special reference to the borderline zones with unipolar depression and schizoaffective disorder among other diagnostic issues considered are mixed episodes often misdiagnosed by psychiatrists rapid cycling and the confusion with personality disorders within the context of diagnosis and understanding of the dynamics of bipolar disorder temperament character and personality are all extensively discussed neurocognitive deficit and disability are covered as are elements of evolutionary biology and behavior with regard to treatment the major focus is on evidence based therapy with reference to the results of randomized controlled trials and meta analyses in addition contemporary guidelines and future trends are examined careful consideration is also given to the psychosocial treatment approach

and issues relating to societal and economic costs and burdens

this issue of the psychiatric clinics edited by dr john beyer is dedicated to the topic of bipolar depression from the genetics of the disorder to the therapeutic options to treatment in special populations articles in this issue include but are not limited to differences in bipolar and unipolar depression suicide and bipolar disorder social relationships support and life events in bipolar disorder treatment of bipolar depression in pregnancy and the post partum period psychotherapy for bipolar depression cognition dementia and bipolar depression and genetics of bipolar disorder

depression and bipolar disorder are two of the most common diagnoses made in medicine today are we in an epidemic of bad moods or is there another explanation good mood bad mood examines whether it is an epidemic or if we have simply changed how we label depression while medical treatment is now the commonly accepted way to deal with pain and sadness its promise has not been fulfilled dr charles hodes offers an explanation to help the reader see the importance of sadness and the help and hope that god gives us in his word

this long awaited second edition of manic depressive illness will exhaustively review the biological and genetic literature that has dominated the field in recent years and incorporate cutting edge research conducted since publication of the first edition drs frederick goodwin and kay redfield jamison have updated their surveys of psychological and epidemiological evidence as well as that pertaining to diagnostic issues course and outcome and they offer practical guidelines for differential diagnosis and clinical management this book will be a valuable addition to the libraries of psychiatrists and other physicians psychologists clinical social workers neuroscientists pharmacologists and the patients and families who live with manic depressive illness

bipolar disorder a guide for the newly diagnosed is a pocket guide to symptom management treatments medications and more for people who have been recently diagnosed with bipolar disorder includes guidance for processing the diagnosis sharing it with family and friends and finding experts who can help get symptoms under control

although our knowledge of mood disorders is expanding comparatively little is known about bipolar depression in particular this book offers the most up to date information about the diagnosis treatment and research surrounding bipolar depression early chapters provide diagnostic information and review the course outcome and genetics of this heritable condition the book gives a thorough and unique overview of the neurobiology of the disorder including neuroimaging work several chapters delineate the treatment of bipolar depression in special populations such as children and pregnant women furthermore the particular issues of suicide focusing on the need for assessment during both acute and maintenance treatment are addressed finally acute and long term treatment strategies for bipolar depression are discussed including both traditional and novel therapeutics as well as non

pharmacological treatments this volume offers researchers and clinicians key insights into this devastating disorder

in the other depression grieco and edwards help people understand and destigmatize those afflicted with bipolar disorder topics discussed include the genetic signature and environmental stresses and underpinnings of this disease along with how it alters the functioning of the brain and how it can be treated the authors also introduce resources available to bipolar people and their families and suggest strategies for coping and getting on with life

this book has provided a wellness view of manic depression although the stay well stories and plans do not represent all people who experience manic depression these stories fill an important gap in our understanding of manic depression rather than focus only on the burden of manic depression it is crucial to also listen to people who stay well these stories provide proof that people with manic depression can aspire to full lives

although depression is the most common presentation of bipolar disorder correct diagnosis generally requires a history of mania and thus presents a formidable challenge this book provides clinicians with the necessary guidance to distinguish this illness and pursue an appropriate therapeutic course it brings together a team of clinical investigators who offer cutting edge research on the topic and address the most critical concerns regarding its treatment bipolar depression first introduces a hierarchical model for diagnosis to allow the clinician to distinguish between bipolar and unipolar depression addressing problems of misdiagnosis and overdiagnosis as well as differentiating attention deficit hyperactivity disorder adhd and bipolar disorder early chapters review the neurobiology and genetics of this highly heritable condition presenting studies of neurotransmitter function and brain imaging studies and documenting the susceptibility of specific chromosomes as loci for bipolar disorder other chapters address the particular issues of bipolar depression in children for whom a diagnosis is especially problematic and suicide focusing on the need for assessment during both acute and maintenance treatment with interventions appropriate to a patient s symptoms and history bipolar depression offers critiques of specific treatment approaches lithium and antiepileptic drugs featuring a review of the most recent research on the use of lithium in which higher doses are shown to be effective plus coverage of lamotrigine valproic acid carbamazepine oxcarbazepine and topiramate antidepressants offering new perspectives on a complex field including a discussion of the randomized clinical trial literature and observational studies on their use and citing cautions regarding side effects antipsychotics evaluating the difference between first and second generation medications and discussing their role in controlling acute depressions novel approaches to treatment including the use of atypical neuroleptics electroconvulsive therapy transcranial magnetic stimulation vagus nerve stimulation ketogenic diet omega 3 fatty acids myo inositol and dopamine agonists psychological interventions focusing on the inclusion of cognitive behavioral therapy or interpersonal social rhythm therapy for nonmelancholic depressions in patients who had previously received psychoeducation despite the past decade s advances in practice and research there remains much room for progress in understanding and treating bipolar depression this book blazes a trail toward that goal opening new doors in recognizing differences between bipolar and unipolar forms of

depression while offering both researchers and clinicians key insights into this troubling illness

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bipolar disorder can be devastating it can disrupt relationships and careers it can wreak havoc on family life and when not properly treated it can be fatal since 1999 this compassionate and comprehensive guide has helped tens of thousands of people cope with this complex disease this the second edition of bipolar disorder is thoroughly updated and discusses promising new options for diagnosis and treatment along with new information on the disease s genetic components bipolar disorder is difficult to diagnose dr mondimore explains how symptoms fluctuate in persons with seasonal affective disorder how they can lead to a mistaken diagnosis of attention deficit hyperactivity disorder in children and how they may be made worse by alcohol or drug addiction the disease can also be difficult to treat dr mondimore gives advice about how to pick a psychiatrist and cope with the stigma of psychiatric diagnosis he provides extensive information on treatment options including the advantages disadvantages and side effects of various drug therapies he also describes what it is like to live with bipolar disorder and discusses how lifestyle changes can improve quality of life throughout he focuses on the importance of building a support system planning for emergencies and giving yourself permission to seek help

tried everything but still not feeling better if your depression keeps coming back or is even getting worse then you may be suffering from bipolar ii or soft bipolar disorder commonly misdiagnosed these mood disorders are characterized by recurring bouts of depression along with anxiety irritability mood swings sleep problems or intrusive thoughts why am i still depressed shows you how to identify if you have a nonmanic form of bipolar disorder and how to work with your doctor to safely and effectively treat it author james r phelps m d gives you the latest tools and knowledge so you can understand the mood spectrum a powerful new tool for diagnosis know all your treatment options including mood stabilizing medications and research tested psychotherapies examine the potential hazards of taking antidepressant medications manage your condition with exercise and lifestyle changes help family and friends with this condition understand their diagnosis and find treatment

surviving manic depression is the most authoritative book on this disorder which affects more than two million people in the u s alone based on the latest research it provides detailed coverage of every aspect of manic depression from understanding its causes and treatments to choosing doctors and managing relapses with guidance drawn from the latest scientific information drs torrey and knable provide thorough up to date coverage of all aspects of the disease including a detailed description of symptoms with many direct descriptions from patients themselves risk factors onset and cause medications including drugs still in the testing stage psychotherapy and rehabilitation as well as information about how the disease affects children and

adolescents here too are discussions of special problems related to manic depression including alcohol and drug abuse violent behavior medication noncompliance suicide sex aids and confidentiality surviving manic depression also includes special features such as a listing of selected websites books videotapes and other resources

violent mood swings suicidal feelings unpredictable behavior is your life a roller coaster of highs and lows do your moods vacillate between profound sadness and euphoria if so you may be suffering from bipolar disorder a complex illness that involves the mood centers of the brain and affects as many as two million americans since bipolar disorder is often misdiagnosed as major depression an accurate diagnosis is crucial to understanding and managing this often chronic condition now this sensitive authoritative guide explains the challenging nature of bipolar disorder and how to get the right kind of treatment to minimize or prevent future episodes of this devastating illness find out what causes bipolar disorder and who is at risk the symptoms of both manic and depressive episodes and their common triggers how to get the very specific kind of help you need and why early diagnosis is your best bet for successful treatment the latest facts on successfully managing bipolar disorder why alternative therapies such as meditation and hypnotherapy can actually be dangerous to bipolar sufferers plus news from the front lines of research

offers a guide to the nature of bipolar disorder discussing symptoms treatment and the factors that complicate its diagnosis

this concise results oriented guidebook is designed to aid the physician in detecting diagnosing and treating depression and bipolar disorders this resource also addresses how these disorders coexist with medical illnesses and what the impact is this book s prescriptive approach offers clear definitive instructions on drug treatment for each disorder with the exact dosages

by examining all states of depression mixed states and mania unflinchingly and deeply wootton arrives at conclusions that challenge the current paradigm his treatment solution is to confront these conditions head on identify one s strengths and learn self mastery

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