

The Nurture Effect

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for decades behavioral scientists have investigated the role our environment plays in shaping who we are based on groundbreaking studies this book offers a fascinating look at the evolution of behavioral science the revolutionary ways it s changing the way we live and how nurturing environments can increase people s well being in virtually every aspect of our society from early childhood education to corporate practices

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can prevent many of the psychological and behavioral problems that plague our society for decades behavioral scientists have investigated the role our environment plays in shaping who we are and their research shows that we now have the power within our own hands to reduce violence improve cognitive development in our children increase levels of education and income and even prevent future criminal behaviors by cultivating a positive environment in all aspects of society from the home to the classroom and beyond we can ensure that young people arrive at adulthood with the skills interests assets and habits needed to live healthy happy and productive lives the nurture effect details over forty years of research in the behavioral sciences as well as the author's own research biglan illustrates how his findings lay the framework for a model of societal change that has the potential to reverberate through all environments within society

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we've needlessly turned parenting into an unpleasant chore parents invest more time and money in their kids than ever but the shocking lesson of twin and adoption research is that upbringing is much less important than genetics in the long run these revelations have surprising implications for how we parent and how we spend time with our kids the big lesson mold your kids less and enjoy your life more your kids will still turn out fine selfish reasons to have more kids is a book of practical big ideas how can parents be happier what can they change and what do they need to just accept which of their worries can parents safely forget above all what is the right number of kids for you to have you'll never see kids or parenthood the same way again

this book provides an in depth and thematic analysis of socially engaged art in mainland china exploring its critical responses to and creative interventions in china s top down pro urban and profit oriented socioeconomic transformations it focuses on the socially conscious practices of eight art professionals who assume the role of artist critic curator educator cultural entrepreneur and social activist among others as they strive to expose the injustice and inequality many chinese people have suffered raise public awareness of pressing social and environmental problems and invent new ways and infrastructures to support various underprivileged social groups

presents a series of lectures from the 1800 s which show that life is a response to the order of nature includes lectures on nature and nurture migration zoology and the philosophy of evolution

the word eugenics first appears in this book also in this book galton shows mathematically the results of his experiments on the relations between the powers of visual imagery and of abstract thought

includes the association s conference proceedings and addresses

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