

# The Concise Book Of Neuromuscular Therapy A Trigger Point Manual

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情绪焦点治疗 emotion focused therapy eft 由 Leslie Greenberg 提出

创伤性事件想象治疗 imagery rehearsal therapy 用于治疗创伤后应激障碍 ptsd

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the book is a great resource for anyone looking to learn about neuromuscular therapy and trigger point manual therapy. It is a well-written and informative book that provides a comprehensive overview of the subject matter. The book is organized into several chapters, each covering a specific aspect of neuromuscular therapy and trigger point manual therapy. The book is also well-illustrated with numerous photographs and diagrams, which help to illustrate the concepts and techniques described in the text. The book is a valuable resource for anyone looking to learn about neuromuscular therapy and trigger point manual therapy.

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