The Botanical Practitioner

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use herbal medicines to treat women at any stage of life botanical medicine for women s health 2nd edition provides an evidence based patient centered approach to botanical interventions for many different medical conditions more than 150 natural products are covered showing their benefits in gynecologic health fertility and childbearing and menopausal health this

edition includes new full color photos of herbal plants along with a discussion of the role of botanicals in healthy aging written by aviva romm an experienced herbalist midwife and physician this unique guide is an essential resource for everyday practice of herbal medicine winner of the 2010 american botanical council s james a duke excellence in botanical literature award current evidence based information covers more than 150 botanicals for over 35 different conditions case studies provide realistic scenarios and help you apply the content to the real world treatment and formula boxes summarize the most important information color illustrations and photographs of plants enable you to identify herbs visually as well as by substance make up logical chapter organization begins with the principles of herbal medicine and then covers women s health conditions organized chronologically by lifecycle from teen and reproductive years to midlife and mature years appendices include practical at a glance information on common botanical names chemical constituents of medicinal plants and a summary table of herbs for women s health new updates reflect the latest research and the most current information new full color design and detailed professional color photos of plants make this a unique essential resource new coverage of the role of botanicals in healthy aging for women features phytoestrogens ayurvedic chinese herbs and discussions of health promotion

vol 25 the distribution of hepaticæ in scotland by s m macvicar

from two of the profession s foremost practitioners teachers and clinicians comes a sophisticated and international perspective that offers a fundamental alternative to viewing diseases as fixed entities and a unique and valuable method for selecting an herbal remedy using the traditional chinese five phase system to understand an individual s constitutional predisposition or terrain and the neuroendocrine model used by european physicians to integrate biomedical information you will learn to compare and distinguish fine details and to organize information into holistic patterns that give depth and significance to symptoms that would otherwise go unnoticed you will acquire a firm foundation for developing your own therapeutic approach using whole system models

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