

Stress Und Coping Bei Paaren

Couples Coping with Stress Le couple en thérapie comportementale, cognitive et émotionnelle Dyadic Coping: A Collection of Recent Studies The Handbook of Systemic Family Therapy, Systemic Family Therapy with Couples Handbook of Health Psychology Stress and Anxiety Handbook of Positive Psychology Assessment Exploring Couple Relationships in Challenging Coparenting Contexts Primary-secondary Control and Coping Psychologische Beiträge Kongress der Deutschen Gesellschaft für Psychologie Neuere Entwicklungen in der Beziehungs- und Familienforschung International Encyclopedia of the Social & Behavioral Sciences Paare werden Eltern Der Mensch als soziales und personales Wesen International Bibliography of Book Reviews of Scholarly Literature Chiefly in the Fields of Arts and Humanities and the Social Sciences Deutsche Nationalbibliographie und Bibliographie der im Ausland erschienenen deutschsprachigen Veröffentlichungen Störungen der Selbstkontrolle Der globalisierte Mensch Revue suisse de sociologie Mariana K. Falconier François ALLARD Guy Bodenmann Adrian J. Blow Andrew Baum Petra Buchwald Willibald Ruch Robert Matthew Hock Cecilia Essau Deutsche Gesellschaft für Psychologie. Kongress Michael Feldhaus Neil J. Smelser Wassilios E. Fthenakis Michael Broda Wolfgang Hantel-Quitmann Couples Coping with Stress Le couple en thérapie comportementale, cognitive et émotionnelle Dyadic Coping: A Collection of Recent Studies

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this is the first book that reviews both empirical and clinical applications of how couples jointly cope with stress dyadic coping around the
 globe the systemic transactional stress model stm developed by co editor guy bodenmann is used as a consistent framework so readers can
 better appreciate the contrasts and similarities across the fourteen cultures represented in the book written by scholars from the particular
 culture each chapter provides a conceptual review of the dyadic coping research conducted in their specific cultures and also provides
 empirical and clinical recommendations additional contributions include how to measure dyadic coping so others can apply the stm model in
 other contexts the latest treatment approaches for therapy and prevention are also highlighted making this book ideal for professionals

interested in expanding their cultural competence when working with couples from various backgrounds highlights include how couples in different cultures deal with stress and how values and traditions affect dyadic stress and coping global applications especially to couples in the regions highlighted in the book the u s including one chapter on latino couples in the u s australia china greece hungary italy japan kenya nigeria pakistan portugal romania and switzerland factors encountered in examining dyadic coping using the stm model including measurement and assessment issues suggestions for making treatment prevention and intervention programs for couples more effective ideal for relationship researchers psychologists mental health counselors social workers and advanced students who work with couples dealing with stress this book is also appropriate for advanced courses on interpersonal processes close relationships stress and coping multicultural issues in marriage and family therapy or counseling or family systems taught in a variety of social science disciplines

cet ouvrage offre un panorama détaillé des approches éprouvées en thérapie comportementale et cognitive de couple actualisé dans le sens de la 3e vague des tcc il traite des conditions d'émergence des thérapies de couple de quatre approches internationalement reconnues issues des principaux courants la thérapie comportementale et cognitive du couple ecbt la thérapie comportementale intégrative de couple ibct la thérapie de couple fondée sur des programmes d'entraînement à la gestion du stress ccet la thérapie de couple axée sur les émotions eact des approches complémentaires pour le couple émergentes et originales ou ayant fait leurs preuves en thérapies individuelles la thérapie d'acceptation et d'engagement act la pratique de la pleine conscience mindfulness la thérapie axée sur les liens entre bien-être individuel et satisfaction conjugale la thérapie grégaire pg positionnement grégaire il aborde ensuite les enjeux classiques de la thérapie de couple exigeant un accompagnement

spécifique infidélité addiction sexuelle difficultés sexuelles et conjugales etc et donne un aperçu de la méthodologie d'évaluation dans ce champ des tcc de couple les bases théoriques des approches majeures et complémentaires sont fournies et étayées de vignettes cliniques avec des déroulements type de thérapies des exemples de techniques et d'outils utilisés il a été rédigé avec la contribution d'une quinzaine de cliniciens et préfacé par Andrew Christensen

Dyadic coping is a concept that has reached increased attention in psychological science within the last 20 years. Dyadic coping conceptualizes the way couples cope with stress together in sharing appraisals of demands, planning together how to deal with the stressors, and engage in supportive or joint dyadic coping. Among the different theories of dyadic coping, the systemic transactional model (STM; Bodenmann, 1995, 1997, 2005) has been applied to many studies on couples coping with stress, while a recent meta-analysis shows that dyadic coping is a robust and consistent predictor of relationship satisfaction and couple's functioning in community samples. Some studies also reveal the significance of dyadic coping in dealing with psychological disorders (e.g., depression, anxiety) or severe illness (e.g., cancer, diabetes, COPD, etc.). Researchers all over the world build their research on this or other concepts of dyadic coping, and many typically use the Dyadic Coping Inventory (DCI) for assessing dyadic coping. So far, research on dyadic coping has been systematically presented in two books: one written by Revenson, Kayser, and Bodenmann in 2005, focussing on emerging perspectives on couples coping; the other by Falconier, Randall, Bodenmann, more recently in 2016, addressing intercultural aspects of dyadic coping in African American, Asian, and European couples. This ebook gives an insight into recent dyadic coping research in different areas and countries.

volume iii of the handbook of systemic family therapy focuses on therapy with couples information on the effectiveness of relational treatment is included along with consideration of the most appropriate modality for treatment developed in partnership with the american association for marriage and family therapy aamft it will appeal to clinicians such as couple marital and family therapists counselors psychologists social workers and psychiatrists it will also benefit researchers educators and graduate students involved in cmft

considered the most comprehensive handbook in the field this rich resource reviews the biological psychological and social factors that affect health health behavior and illness many chapters review the latest theories and research while others illustrate how research is translated into clinical and community interventions to improve physical health and emotional well being chapters examine health behavior processes within the social contexts in which we live including family social and cultural communities the handbook cuts across concepts behavior change populations women s health risk and protective factors obesity and diseases making it appropriate for a variety of readers from various fields featuring contributions from the top researchers and rising stars in the field each author provides a theoretical foundation evaluates the empirical evidence and makes suggestions for future research clinical practice and or policy novices to the field appreciate the accessibly written chapters while seasoned professionals appreciate the book s deep cutting edge coverage significantly updated throughout the new edition reflects the latest approaches to health psychology today greater emphasis on translating research into practice and policy more on the socio cultural aspects of health including socioeconomic status gender race ethnicity sexual orientation and aging two new sections on risk and protective factors for disease and another on social and structural influences that affect health more on prevention interventions and treatment

in the applications section an expansion of the bio psycho social model across several levels of analysis including cultural macro social and cellular factors the book opens with the field s central theories emphasizing the interaction of biological and social systems part ii reviews the mechanisms that help explain the link between health and behavior across diseases and populations the all new part iii focuses on variables that lead to the onset of major diseases or that are instrumental in promoting health part iv also new to the second edition highlights social and structural influences on health the book concludes with applications of research to specific illnesses and medical conditions the handbook serves as a text in graduate or upper level undergraduate courses in health psychology taught in psychology public health medical sociology medicine nursing and other social and allied health sciences its cutting edge comprehensive coverage also appeals to researchers and practitioners in these fields

over the course of a lifetime people are vulnerable to stress and anxiety in various domains which may lead to impaired well being and deteriorated health to address both aspects this book comprises two parts which deal with stress anxiety and coping 1 over the life span and 2 in the context of health promotion part one is concerned with stressful person environment interactions and the ways stress impact upon individual and group functioning in different life phases for example sources of adolescents stress may include school demands and frustrations due to sexuality while stress among the elderly might be caused by negative thoughts and feelings about physical deterioration and social isolation part two is dedicated to recent research on health promotion over time stress and anxiety may lower resistance and make people more vulnerable to illness from that perspective antecedents side effects and consequences of stress that may cause limitations in physical and

psychological functioning are investigated leading to a variety of serious health problems

learn how to select the right positive psychology pp assessment tool for the right situation written by internationally renowned authors looks at well being traits states and behavior presents the relevant psychometric properties considers assessment challenges recommends selection in different settings explores new directions in pp a comprehensive guide to selecting positive psychology assessment tools this volume gives a state of the art overview of assessment in the field of positive psychology including a comprehensive survey of current theories approaches issues and assessment instruments in four sections leading experts look at different conceptualizations of well being and discuss specific traits states and behaviors new directions in positive psychology are also explored including measuring primal world beliefs imagination self transcendent experiences and nostalgia each chapter provides an introductory background to the positive psychology topic reviews the most relevant assessment instruments and discusses the specific assessment related challenges recommendations for selecting assessment tools are included for specific settings such as school relationships health and clinical settings leisure and interventions this book is a must for positive psychology researchers instructors students and practitioners wanting to select the right positive psychology instrument for the right situation

gesellschaften wie die bundesrepublik deutschland erleben seit den letzten jahrzehnten weitreichende kulturelle okonomische und sozialstrukturelle veränderungen wir registrieren niedrige geburtenzahlen eine alterung der gesellschaft und erleben einen stabilitätsverlust traditioneller lebensgemeinschaften sowie einen bedeutungsgewinn weniger verbindlicher lebensformen gleichzeitig erhöhen sich die

anforderungen an das humanvermögen der nachwachsenden generation und an elterliche erziehungskompetenzen begleitend erfolgt ein strukturwandel des arbeitsmarktes der sich z t schwerlich mit dem eingehen langfristiger sozialer bindungen vereinbaren lässt vor diesem hintergrund ist das wissen um partnerschaftliche und familiäre entwicklungsdynamiken für die zukünftige gestaltung gesellschaftlichen zusammenlebens essentiell es gilt genauer zu erforschen nach welchen kriterien beziehungs und familienrelevante entscheidungen mit welchen individuellen partnerschaftlichen und familialen folgen getroffen werden dazu bedarf es eines forschungsansatzes der neben strukturellen indikatoren die psychischen einflussfaktoren und wechselseitigen perspektiven der akteure mit einbezieht dies ist das ziel des beziehungs und familienentwicklungspanels in dem vorliegenden band werden neben konzeptuellen überlegungen methodische und inhaltliche befunde aus den umfangreichen empirischen vorarbeiten zum beziehungs und familienentwicklungspanel präsentiert die aufsätze stellen einen substantiellen beitrag zur aktuellen langsschnittlich orientierten beziehungs und familienforschung dar

the largest work ever published in the social and behavioural sciences it contains 4000 signed articles 15 million words of text 90 000 bibliographic references and 150 biographical entries

das buch stellt die ergebnisse einer mehrj hrigen und umfassenden psychologischen l ngsschnittstudie zum  bergang in die elternschaft dar hierzu wurden 175 paare von der schwangerschaft bis drei jahre nach der geburt ihres kindes untersucht anhand der ergebnisse wird aufgezeigt welche bedingungen die anpassung an die elternrolle erleichtern und mit welchen strategien es gelingt auch als elternpaar eine gl ckliche

partnerschaft zu leben die autoren vereinen wissenschaftliche erkenntnisse praktische ratschl ge sowie anregungen f r eine bessere familienpolitik in einer verst ndlichen darstellung

verhaltenssucht impulskontrollst rung st rung der selbstkontrolle es gibt verschiedene bezeichnungen f r das problem das immer mehr patienten in die praxis f hrt bei aller unterschiedlichkeit der einzelnen krankheitsbilder werden doch grundlegende gemeinsamkeiten deutlich die fachzeitschrift pid psychotherapie im dialog liefert hintergrundwissen den aktuellen stand der forschung und therapieans tze f r verhaltens chte generell sowie die einzelnen unterformen nutzen sie die vielfalt an wissen und erfahrung um sich anregungen f r ihre praxis zu holen u a zu den folgenden themen grundlagen und zentrale aspekten der selbstkontrolle aus verhaltenstherapeutischer perspektive st rungen der impulskontrolle klassifikation symptomatologie und therapeutische ma nahmen psychodynamische  berlegungen zur abh ngigkeit systemische aspekten der abh ngigkeit st rungsbild internet und computersucht wieviel smartphone nutzung ist normal pathologisches gl cksspielen hypersexuelles verhalten sportsucht kaufsucht arbeitssucht neurobiologie der abh ngigkeit und therapieimplikationen st rungen der selbstkontrolle aus forensischer sicht

wenn der neue kapitalismus in gestalt der globalisierung verstanden wird als konkreter universaler herrschaftsanspruch dem sich nicht nur die wirtschaft verschrieben hat sondern der auch von der politik als unver nderbarer rahmen akzeptiert wird dann stellt sich die frage nach den auswirkungen dieser globalisierung auf die menschlichen beziehungen wie reagiert der homo oeconomicus psychisch und damit in der

gestaltung seiner beziehungen auf die zumutungen der globalisierung dieses buch ist in der lage weitaus umfassender über die auswirkungen der globalisierung auf den menschen zu informieren als dies einseitige schuldzuschreibungen oder sehr ökonomische erklärungsversuche vermögen mit beiträgen von christel adick asit datta peter gottwald wolfgang hantel quitmann peter kastner yolanda koller tejero reinhart koller christian trapp erich witte u a

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