

Statistics Concepts And Controversies 8th Ed

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current statistics indicate that 75 80 of people worldwide will experience some form of back pain during their lifetime lumbar pain is a leading cause of disability a global public health burden with serious economic implications written by internationally renowned spine experts the 8th volume in the aospine masters series is a concise state of the art overview on fundamental management strategies and current issues and challenges the text covers the full age spectrum from childhood to older adulthood and contributing factors such as the sacroiliac joints genetics and spine infections clinical evaluation treatment options recent research advances and future perspectives are systematically examined and presented in a clear format with commentary from leading authorities this compendium presents candid discussion of significant challenges faced by clinicians who treat back pain among the issues addressed are managing patients who have undergone multiple operations chronic back pain failed spine surgery and what to do when all nonsurgical and surgical options have been exhausted key highlights economic considerations risk factors and legal aspects neurological causes including myopathies neuromuscular disease parkinson disease and dystonia conservative treatment options such as drugs physiotherapy and complementary medicine the role of minimally invasive surgery in treating degenerative lumbar spine disease must read bibliographic references in every chapter bullet lists of pearls and pitfalls summarize critical points and key concepts the aospine masters series a copublication of thieme and the aospine foundation addresses current clinical issues featuring international masters sharing their expertise in the core areas in the field the goal of the series is to contribute to an evolving dynamic model of evidence based approach to

spine care

abstract an authoritative text for the general public covers numerous nutrition facts and related controversies topics include the human body's basic nutrient needs food groups nutrient density food exchanges and how new food choices complicate the attainment of an adequate diet recommended nutrient allowances and U.S. and Canadian nutrients surveys energy nutrients carbohydrates lipids proteins and their metabolic roles energy balance vs overweight obesity and underweight weight control guidelines water and micronutrients food safety nutritional tips for vegetarians and for those who eat out often and nutritional guidance for various age groups from birth to the elderly food features in each of the 15 chapters link theory with practice and offer advice for everyday living a section on optional reading representing controversies follows each chapter and focuses on nutritional topics of current interest wz

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