

# St Peter Alcantara A Golden Treatise Of Mental Prayer

Catechism of Mental Prayer The Ways of Mental Prayer The Art of Mental Prayer Practice of Mental Prayer The Art of Mental Prayer The Practice of Mental Prayer The Ways of Mental Prayer The Ways of Mental Prayer Difficulties in Mental Prayer The Ways of Mental Prayer (abridged) The Ways of Mental Prayer (1908) The Practice of Mental Prayer The Ways of Mental Prayer (Classic Reprint) Practice of Mental Prayer WAYS OF MENTAL PRAYER A Short Instruction for the better understanding and performing of Mental Prayer. [Dedication signed: C. A. S. I.] Methods of Mental Prayer The Method of Mental Prayer, Render'd Practical and Easie for All Sorts of Persons; Compos'd in French ... To which is Added a Method how to Offer Up Mass, According to the Four Ends of this Sacrifice A Golden Treatise of Mental Prayer The Ways of Mental Prayer with Introductory Letter by Pope Pius X Very Rev. Joseph Simler Vitalis Lehodey Bede Frost René de Maumigny Bede Frost Rene de Maumigny Vital Lehodey V. Lehodey M. Eugene Boylan Vital Lehodey Vita Lehodey Rene De Maumigny, Father Dom Vitalis Lehodey Father de Maumigny DOM VITALIS. LEHODEY C. A. S. I. Giacomo Lercaro François NEPVEU Saint Peter (of Alcantara) Vital Lehodey

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this booklet clearly explains what mental prayer or meditation is and how to do it whereas larger books about this topic fail this booklet succeeds in helping to seek a true understanding of mental prayer as a form of meditation takes the beginner step by step through the 3 basic aspects mental prayer is for all so is this book

immerse yourself in the beauty of catholic spirituality with the ways of mental prayer a masterpiece by vitalis lehodey that offers a pathway to a deeper communion with god through the practice of mental prayer this essential guide is rooted in the rich traditions of the catholic church presenting a comprehensive exploration of mental prayer as a means to achieve intimate conversation with the lord lehodey a respected catholic abbot and spiritual writer draws upon the wisdom of the saints and the teachings of the church to illuminate the path toward spiritual growth and holiness in the ways of mental prayer lehodey intricately details the gradual steps of mental prayer from humble beginnings in meditation to the profound depths of contemplative union with god emphasizing the uniquely catholic understanding of

prayer as both a gift and a journey this book serves as an invaluable companion for catholics at any stage of their spiritual journey offering insight encouragement and practical advice to foster a richer more rewarding prayer life in accordance with catholic tradition whether you are a devout catholic looking to deepen your prayer practice or someone exploring the spiritual treasures of the catholic faith the ways of mental prayer by vitalis lehodey is an indispensable resource lehodey's profound expertise and heartfelt guidance invite readers to draw closer to god through the sacred act of mental prayer enriching their spiritual lives and strengthening their faith in the heart of the catholic church

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prayer is intercourse with god as unconstrained as that of children with their father in which we speak with him of what concerns his glory his good pleasure and the interests of our soul such is the idea of prayer given us by jesus christ our lord in answer to the apostle's request that he should teach them to pray thus shall you pray our father who art in heaven this answer shows that in meditation we are holding converse not only with the creator and sovereign lord of all things but still more as respectful loving and beloved children with their father our lord adds hallowed by thy name thy kingdom come thy will be done on earth as it is in heaven by these words he shows that the subject of the conversation should be god's glory and his good pleasure before all else he concludes with these words give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptation but deliver us from evil from which it is evident that the second subject of this conversation are our own interests that is our eternal happiness and the means of attaining it in conformity with the teaching of our divine lord st gregory of nyssa says that prayer is a communing and conversation with god and st chrysostom that it is a colloquy with god from the preface

there is a process used for printing pictures in colour which involves the making of separate blocks for each elementary component colour in the picture the prints from each of these blocks are superimposed on each other and if the relative strength of each colour is correct the result is quite natural if however anyone shade is too weak then there is a corresponding defect in final rendering of the true colour which might perhaps be corrected by an extra printing of the weak component now the purpose of these pages is something like that of the extra printing it is not that the standard presentation of mental prayer is defective but it would seem that the impression of mental prayer that many souls have received needs to be strengthened in certain colours that purpose explains the irregular extent of treatment which the reader will notice in these pages the subject of methodical meditation is only outlined as there are more than enough excellent books dealing with it in great detail besides the souls for whom this book is primarily intended are those who cannot succeed with the usual methods of meditation as well as those who once were able to meditate but now find that it has become an impossibility to do so in order to fit this extra printing into the general picture of prayer the whole subject is at least outlined certain phases which seem to need more detailed treatment being dealt with more extensively but there is another reason why we have insisted on including a discussion of such states of prayer as those which we have called the prayer of faith and why we beg the reader whatever may be his position on the ladder of prayer to read the whole work whatever may be said about the general law of the development of prayer when observed and averaged among a large number of different souls most individuals find that their path of advance is extremely twisted and shows rapid and extensive variations it would seem therefore that except perhaps at the

very beginning an acquaintance with the nature and technique of all the different stages of prayer is not only helpful at any stage but even necessary at all of them despite the title of this work it is not a scientific analysis or a classified catalogue of the various difficulties that may arise in prayer with a complete practical solution of each one appended in its proper place its purpose is rather to discuss the nature and ways of prayer not with scientific objectivity but from the point of view of the individual looking at it as it appears to him in this way it is hoped to put the soul in position to deal with most of his own difficulties further the primary purpose is not so much to instruct the reader as to encourage him to press on in prayer and to induce him to seek further information from the works of more competent pens that is why the treatment of the subject is so condensed so much so that it will need a second reading to extract all we have tried to say this re reading is all the more advisable from the fact that the earlier chapters will be more easily understood in light of those which follow as the point is so well treated in many other works it is assumed that the reader is aware of the necessity of mental prayer a christian who does not pray is like a man who neither thinks nor wills a mere animal in the spiritual life the pursuit of perfection is utterly impossible without mental prayer which of course may be made quite unconsciously in fact it may be said that if a man does not pray he cannot save his soul

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st alphonsus writes a single bad book will be sufficient to cause the destruction of a monastery pope pius xii wrote in 1947 at the beatification of blessed maria goretti there rises to our lips the cry of the saviour woe to the world because of scandals matthew 18 7 woe to those who consciously and deliberately spread corruption in novels newspapers magazines theaters films in a world of immodesty we at st pius x press are calling for a crusade of good books we want to restore 1 000 old catholic books to the market we ask for your assistance and prayers this book is a photographic reprint of the original the original has been inspected and some imperfections may remain at saint pius x press our goal is to remain faithful to the original in both photographic reproductions and in textual reproductions that are reprinted photographic reproductions are given a page by page inspection whereas textual reproductions are proofread to correct any errors in reproduction

excerpt from the ways of mental prayer right reverend father we learn with pleasure that your treatise on the ways of mental prayer is at length about to be printed we have no need to approve this work which has already received the approbation and the praise of our general chapter but we wish once again to congratulate you upon this book inspired by an enlightened zeal and we fervently pray that it may contribute to revive the spirit of prayer in the souls of its readers augustine marre bishop of constance abbot general letter of the right rev joseph guerard bishop of coutances and avranches coutances 27th october 1907 right reverend father i feel very happy in giving you the approbation which you ask for your work about the publisher forgotten books publishes hundreds of thousands of rare and classic books find more at forgottenbooks com this book is a reproduction of an important historical work forgotten books uses state of the art technology to digitally reconstruct the work preserving the original format whilst repairing imperfections present in the aged copy in rare cases an imperfection in the original such as a blemish or missing page may be replicated in our edition we do however repair the vast majority of imperfections successfully any imperfections that remain are intentionally left to preserve the state of such historical works

originally published in 1913 this treatise on how to connect and communicate with god includes father rene s thoughts on how to pray prayers and meditations public prayer even some instructions for children s first prayers it s an excellent guide to practice and reflects on the importance of beginning and ending each day in communion with god as well as reflections on finding the beauty of god through our daily interactions with the secular world

dom vital lehodey was the fourth abbot of the trappist monastery of notre dame de grace in bricquebec normandy france in the ways of mental prayer he offers a systematic presentation of the teachings on contemplative prayer of st teresa of avila st john of the cross st francis of sales st alphonsus of ligouri st bernard of clairvaux and many more part one introduces the reader to contemplative or mental prayer part two gives instructions for discursive meditation affective prayer and the prayer of simplicity as time goes on writes the author and we make progress we shall feel drawn to a more simple form of prayer in which the mind begins to be silent in order to let the heart speak part three describes the mystical states of quiet and union and gives practical advice for those graced with these higher forms of prayer

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