

Soul Cards By Deborah Koff Chapin 1997 07 03

Drawing Out Your Soul Listening Within: Soul Touch Coloring Journal Opening to Love: Soul Touch Coloring Journal Fullness of Life: Soul Touch Coloring Journal Gifts of the Feminine: Soul Touch Coloring Journal Creative Awakening Soul Cards Deck The Heroine's Journey Seasons of Grief Portals of Presence Book of Theanna Art Therapy and Health Care Woman of Power Awakening the Creative Spirit Handbook of Expressive Arts Therapy The Inspired Heart Front Lines The Quest Under Fire Soulcards 2 Deborah Koff-Chapin Deborah Koff-Chapin Deborah Koff-Chapin Deborah Koff-Chapin Deborah Koff-Chapin Deborah Koff-Chapin Deborah Koff-Chapin Maureen Murdock Claudia Coenen Deborah Koff-Chapin Ellias Lonsdale Cathy A. Malchiodi Christine Valters Paintner Cathy A. Malchiodi Jerry Wennstrom Indochina Curriculum Group Deborah Koff-Chapin Drawing Out Your Soul Listening Within: Soul Touch Coloring Journal Opening to Love: Soul Touch Coloring Journal Fullness of Life: Soul Touch Coloring Journal Gifts of the Feminine: Soul Touch Coloring Journal Creative Awakening Soul Cards Deck The Heroine's Journey Seasons of Grief Portals of Presence Book of Theanna Art Therapy and Health Care Woman of Power Awakening the Creative Spirit Handbook of Expressive Arts Therapy The Inspired Heart Front Lines The Quest Under Fire Soulcards 2 *Deborah Koff-Chapin Deborah Koff-Chapin Deborah Koff-Chapin Deborah Koff-Chapin Deborah Koff-Chapin Deborah Koff-Chapin Deborah Koff-Chapin Maureen Murdock Claudia Coenen Deborah Koff-Chapin Ellias Lonsdale Cathy A. Malchiodi Christine Valters Paintner Cathy A. Malchiodi Jerry Wennstrom Indochina Curriculum Group Deborah Koff-Chapin*

deborah koff chapin the creator of soulcards shares the simple but profound drawing process through which she developed her soul stirring imagery this beautiful little book gives all the information needed to begin explorations with touch drawing numerous drawings by deborah and her students illustrate both the primal power and childlike playfulness that can be experienced through touch drawing in touch drawing the fingers take the place of pen or paintbrush through this direct drawing process even the least confident of artists finds interior images coming alive on the page the images are formed through the pressure of fingers on paper that has been placed over an inked board the hands become organic extensions of the soul moving freely in response to the sensations of the moment many drawings can be created in one session each a stepping stone to the next guiding one deeper and deeper into the self in a medium as immediate and transparent as touch drawing previously

soul touch coloring journal listening into stillness is one in a series of uniquely soulful adult

coloring books by deborah koff chapin creator of the independently published best selling soulcards decks 80 000 sold from thousands of inspirational touch drawings deborah has collection of images volume in the series the images in each book evoke a positive universal human attribute such as love creativity contemplation appreciation of nature and the gifts of the feminine these coloring books engage the user in an active relationship with the inspiring images through free form coloring and journal writing rather instruct the user to fill in the lines as other coloring books do the text suggests more creative ways to play with color on the images it also provides prompts for writing on the lined journal side of each page spread the user also has the choice to separate the pages from the book through the perforations and share the coloring experience with friends or fr

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this set of 60 evocative images created by deborah koff chapin will speak directly to your soul use them to nourish and evoke your own insight and creativity using soulcards with a partner can bring greater focus to your experiences and can open new channels of communication between you the cards can be used for therapeutic or divinatory readings there are no established meanings to the cards each can reflect a different interpretation depending on the person who chooses and the context in which it is viewed the booklet offers suggestions for preparing selecting reading and combining the cards as well as using them for reflection divination contemplation visualization and dream interpretations the unique packaging may be used as a frame for displaying individual cards

this book describes contemporary woman s search for wholeness in a society in which she has been defined according to masculine values drawing upon cultural myths and fairy tales ancient symbols and goddesses and the dreams of contemporary women murdock illustrates the need for and the reality of feminine values in western culture today

the quiet letting go of autumn the reflective stillness of winter the bright rebirth of spring and the flourishing warmth of summer trace the natural path of grief as it grows and changes to fit the spaces left behind by those we love easy to use exercise guides and activities invite readers to explore the changeable nature of grief through the ebb and flow of the seasons as well as contributions from diverse creative practitioners poems from dr robert neimeyer and reflections from claudia coenen create a starting point to delve into the emotional context of each chapter encouraging the reader to view each personal account and case study through the lens of a different phase of grief this heart centred compassionate approach infuses bereavement therapy with much needed warmth supporting clinically proven techniques to

guide users towards practical healthy ways of processing their loss bringing together voices and art from across the spectrum of creative grief therapy coenen provides an accessible compassionate guide to supporting those coping with bereavement throughout their journey

enter a deeper relationship with yourself and the world through the universal language of the human face the images in this deck were selected from 20 years of work created in the presence of ancient trees mountains standing stones temples cathedrals and human wisdom carriers from many lineages each face radiates a unique presence think of them as allies nature spirits beloveds or visitors from subtle realms gaze deeply and explore your relationship with these beings rather than offer written meanings the guidebook supports you to cultivate your own experience of the cards it offers ways to select them lay them out and enliven them through creative processes it also includes a digital download of a guided meditation with original music use it to hold sacred space while you work with the cards portals of presence can be combined with soulcards 1 2 each deck bringing a new dimension to the other

before she died theanna then sara lonsdale developed a means to continue communication with her husband ellias the book of theanna contains ellias daily transcriptions of her words through death s doors in the course of these epistles she discusses the scenery of death the denials and delusions of the recently dead and the nature of sexuality violence and power the book of theanna is not just another account of life after death it is not a channeled book in the sense that that is usually understood it enacts a virtually unknown and ignored method of spiritual communication theanna s principal task is to make this process available collectively so that from this point in history people will be able to come back from the dead and recognize where we are and the we are

demonstrating the benefits of creative expression for patients living with acute or chronic illness this volume provides a complete practical introduction to medical art therapy it presents evidence based strategies for helping people of all ages from young children to older adults cope with physical and cognitive symptoms reduce stress and improve their quality of life detailed case material and approximately 100 drawings and other artwork illustrate ways to work with individuals and groups with specific health conditions and challenges as well as their family members contributors are experienced art therapists who combine essential background knowledge with in depth clinical guidance

the resource is designed to help spiritual directors and others use expressive arts in the context of spiritual direction it is the latest book in the unique sdi series designed for professional spiritual directors but also useful for clergy therapists and christian formation specialists the spiritual directors international series this book is part of a special series produced by morehouse publishing in cooperation with spiritual directors international sdi a global network of some 6 000 spiritual directors and members

this authoritative and comprehensive volume explains how to integrate movement sound art play imagery drama and other multisensory practices into psychotherapy cathy a malchiodi and other leading experts demonstrate ways to combine a wide range of expressive approaches to help clients explore feelings and thoughts that are often difficult to access verbally rich case examples illustrate what these modalities look like in action providing readers with strategies they can readily apply in work with individuals of all ages the book interweaves theory and research with practical recommendations for implementing expressive arts therapy to enhance communication and to support regulation attachment trauma recovery and sensory integration

jerry wennstrom tells the extraordinary story of his daring exploration into the source of his creativity he tells of a life lived by the singular requirement of grace to remain fearlessly attuned to the heart the inspired heart includes 16 color pages of wennstrom s beautiful and intriguing art and has a foreword by care of the soul author thomas moore

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