

Shang Han Lun On Cold Damage Translation And Commentaries

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discussion of cold damage shang han lun and contemporary texts of ancient china form the bedrock of modern chinese

medicine practice yet these classic texts contain many concepts that are either hard to understand or confusing based on over thirty years medical practice and study of the texts this book explains the concepts involved so that the clinical applications of the ancient texts can be better understood and put into practice the author looks at the larger context of ancient chinese culture and philosophy in terms of theoretical knowledge scholarly approach and mindset in order to explain the basis for the medical texts he also discusses the work of later chinese medical scholars in elucidating the texts he then goes on to look at more specific issues such as the six conformations zang fu organ theory the theory of qi and blood the theory of qi transformation and how these are understood in the ancient texts he also discusses shao yang and tai yang theory the element of time and its place in understanding six conformations diseases this remarkable work of scholarship will clarify many questions about the interpretation of the ancient texts for modern use and will find a place on the bookshelf of every practitioner of chinese medicine as well as on those of scholars of chinese medicine

the shang han lun simplified chinese 伤寒论 traditional chinese 傷寒論 pinyin shānghán lùn known in english as the treatise on cold damage disorders or the treatise on cold injury is a chinese medical treatise that was compiled by zhang zhongjing sometime before the year 220 at the end of the han dynasty it is amongst the oldest complete clinical textbooks in the world and one of the four canonical works that students must study in traditional chinese medical education today the current edition is in ten volumes including the first to chapters on pulse diagnosis the shang han lun has 398 sections with 113 herbal prescriptions organised into the six divisions corresponding to six stages of disease

the shang han lun is widely regarded as one of the most important book in chinese medicine yet it is also considered the most difficult to master this title presents case studies organized around the use of nearly 50 classical formulas followed by other case studies from the author s extensive clinical experience

shang han lun was written in approx 200 ad and remains a seminal text in chinese medicine literature and is mandatory study in all accredited courses of chinese medicine today it analyses the aetiology and pathogenesis of acute upper respiratory tract infections the common cold influenza bronchitis asthma and describes the many permutations as well as subsequent complications it is not just a study of coughs and colds but lays the groundwork for chinese medical theory and

its strategies of treatment it also explains the consequences of incorrect treatment and discusses how the omission or addition of even one herb to a formula can affect its efficacy this is the book that makes understanding a complex classic text easy greta young benefits the reader with her years of expertise in studying and lecturing in the classics and guides us through the myriad clauses elucidating their meaning citing points of discussion from various sources and illustrating their application with modifications and case studies robin marchment has translated each clause in a way which is faithful to the original chinese whilst still making the meaning accessible to the english speaker the explanations and discussions use clear english in a free flowing lecturing style which holds the reader s interest each chapter or section is introduced with an overview key points are highlighted and summarised at the end and in addition both ancient applications and modern applications are described the objective is to make it interesting readable and of practical clinical significance to today s practitioners

a major new translation of the chinese classic shang han lun by scholar and medical doctor guohui liu makes this foundational text fully accessible to english speaking clinicians for the first time extensive study and research underpins the translation the author s understanding of both classical and modern chinese enables him to interpret fully the ancient work within the theory of chinese medicine an extensive commentary explains the translation the difficulties with the text how it has been subsequently translated and expands on the theory laid out in the original text to reach an understanding that can be applied in the clinic for diagnosis and treatment the value of this classic text lies primarily in its establishment of a basic framework for differentiation and treatment but it also presents 112 formulas and 88 medicinal substances which are commonly applied in clinical work for various conditions in this edition the 112 formulas are fully explained in the context of the clinical experiences of well known ancient and modern doctors and they are also laid out in two appendices cross referenced to the text

the shang han lun on cold damage is among the oldest surviving the most copiously annotated and the most revered of china s traditional medical texts of all of china s early medical classics the shang han lun is undoubtedly the one with the greatest relevance to the modern practice of chinese medicine and the one most deserving of western attention it was the first book to attempt to incorporate medicinal therapy into the medicine of systematic correspondences and channels and

network vessels far ahead of its time in both theory and practice it is not surprising that the prescriptions it contains comprise an important part of today's medicinal formulary

cao yingfu is the foremost expert on the subject of cold damage in early twentieth century chinese medicine this book is a collection of his case histories and essays on this demanding topic due to his deep scholarship in other areas of chinese culture and thus a particularly difficult style of writing there is not much in english on cao yingfu but his jing yan shi yan lu records of experiences with classical formulas as well as his commentaries on both the shang han lun and jin gui yao lue were extremely influential on a whole generation of chinese medicine luminaries including qin bowei whose personal reflections of cao as a teacher are translated here zhang cigong jiang zuojing who was instrumental in collecting these case histories comments and records what is unique about cao's writings is how he shares his intimate thought processes regarding diagnosis differentiation and choosing a formula more he goes beyond that and shares his doubts and trepidations when handling a particularly difficult case and why he ultimately selected the approach he used

has appendices

list of members

actes for 5th 11th congress issued as collection de travaux de l'académie internationale d'histoire des sciences 2 17

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this book explains the method of applying the theories of shang han lun into clinical practice which includes acupuncture and moxibustion treatment and herbal therapy each chapter of the shang han lun is explained simply to make them easier to apply into the clinical practice this text also contains herbal ingredients and brief summary of the text this book will also allow you to get better understanding the pathology and treatment protocol of the acute febrile disease including flu we strongly recommend to read the other text books which are written by masakazu ikeda including the practice of japanese

acupuncture and moxibustion classic principles in action integration of acupuncture and herbal medicine theory and practice and contemporary clinical foundations of the classics the original japanese version of this book was written in 1982 masakazu ikeda develops his knowledge and skill through his daily practice in this book the translating team has added a large amount of information collected from other textbooks written by masakazu ikeda and information has also been collected from attending his seminars

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