

Seven Keys To Colour Healing Diagnosis

The Seven Keys to Colour HealingThe Seven Keys to Colour HealingColour TherapyThe Seven Keys to Colour HealingColour Healing ManualColour HealingColour TherapyColour and HealingElectromagnetic Colour HealingColor TherapyColour, Healing and the Human SoulAn Introduction to Colour HealingThe Seven Keys to Colour HealingThe Colour Therapy WorkbookThe Seven Keys to Colour HealingThe Seven Keys to Colour HealingColour Meditations and Guide to Colour Healing Roland Hunt Roland T. Hunt PAULINE WILLIS Roland Hunt Vijaya Kumar Roland Hunt Pauline Willis Lilian Verner Bonds Pauline Willis Gladys Mayer Don Brooker Reuben Amber Gladys Mayer Ronda Pascoe Roland Hunt Theo Gimbel Roland Hunt Roland T. Hunt S. G. J. Ouseley

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we all know what a strong effect colour has on us in fact colour healing has been used by mankind throughout history the ancient egyptians greeks and romans all used colour in a variety ways to treat different ailments this accessible introduction gives practical advice on how to make the most creative use of colour in what we wear our surroundings and how certain colours can be effective in treating particular health conditions

colour therapy is a discipline whose principles are based on an ancient system of knowledge that divides the body into principal chakras or centres each of which is governed by a specific colour it seeks to cure disorders and promote well being by channelling healing energy through the use of colour this book explores the world of

colour therapy and provides useful tips on how to cure ailments maximise your potential and create harmony by using the right colours in your environment

the healing properties of colour and light have been recognised since ancient times today colour therapy techniques are used to great effect in a range of complementary therapies and for personal wellbeing this book provides a comprehensive introduction to colour healing and offers step by step instructions for diagnosis and treatment

colour therapy has been used throughout history in one form or another this book explains the principles of colour therapy and provides advice on making creative use of colour in clothing our surroundings and in healing

plus how colour affects us contents the importance of understanding colour colour questions answers colour in everyday life colour healing health how to use colours bibliography

text about the alternative healing process of colour therapy text discusses such issues as what colour healing can do nutrition use of colour therapy for animals how to treat infections with colour therapy and how to dowse and diagnose with colour text is well supplemented with full colour photographs

colour is a vibration that is constantly affecting us in our daily lives this book enumerates the myriad ways we can choose to consciously use colour to influence our body mind and soul to promote balanced health and well being part 1 on the theory and philosophy of chromotherapy begins with an historical survey of mythology from different parts of the world drawing on ayurvedic lore the views of modern physics radionics and researchers including burr de la warr reich and steiner are presented part 2 gives specific applications of colour in our environment with our food clothing and light sensitising us to the healing power or the destructive effects of a guided use of colour therapy a unique feature is the inclusion of an extensive repertory listing the relationship of colour taste polarity organs elements and diseases to foster a holistic use of these techniques this book is valuable not only for healing already existing imbalances but ideally to help us become more aware of how colour can create a positive balance within ourselves and impact our environment topics include healing with colour auras visualisations gems solarised water colour breathing

in a delightful study originally comprising two separate booklets the accomplished

artist and teacher gladys mayer explains that colour is nothing other than the very substance of the soul just as the body is made up of mineral water air and warmth so the soul is made up of colour this is revealed in the emotions of sadness and joy and the many shades in between as expressed in human language for example seeing red rose coloured spectacles and jaundiced view mayer discusses the basis of colour theory and its methodology and the importance of colour for everyday life and health it is as fundamental to the soul as air is to the body by increasing our awareness of the spiritual laws of colour we can acquire a balanced and enriched life of soul thus colour can become a healing force in life enabling us to tackle the deadening grey aspects of our mechanised civilisation based on the work of rudolf steiner which she studied intensively for many years mayer offers an approach to colour that is of value to painters and artists as well as to those interested in psychology health and healing spirituality and personal development

concise and accessible introduction which examines using color in a variety of ways including treatment for ailments and as enhancers for mood and creativity

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