

Scary Close Dropping The Act And Finding True Intimacy Audio Cd

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it s not too late to find intimacy and fulfillment don t settle for mediocre when it comes to satisfaction in marriage pull out all the stops and discover the joy of true intimacy this book will help you take back the life you dreamed of when you said your vows and experience the joys of an awe filled marriage jim burns honest and vulnerable writing coupled with practical advice will inspire you to reconnect with the most important person in your life your spouse

sexual enlightenment provides a guide for anyone from couples to singles from parents to students from professionals to entrepreneurs looking for bringing lasting fulfillment into their lives relationships and work introducing cutting edge principles and inspiring practices on how to access innate creative energy listen to the wisdom of the heart and connect with the power of the conscious mind dr elsbeth meuth and freddy zental weaver offer a road map that can alter and enlighten the way you look at sexual

energy love and your conscious self they provide practical advice on how to access peace and joy anytime and anywhere by calming the unending chatter in your mind circulate your life force energy within for achieving greater physical health increased emotional well being and deeper spiritual connection feel confident grounded and vital in yourself by accessing and training your love muscle experience an instant love connection with your partner avoiding debilitating fights and mutual accusations come into balance of your yin and yang nature for creating the life and relationships you always wanted release blocks from the past that no longer serve you and keep you from experiencing fulfillment in life love and intimacy bring pleasure into your daily life by tapping into your creative life force energy enjoy reawakening your feminine joyous self as a woman cultivate sustaining your masculine pleasurable energy as a man and draw on your life giving sexual energy to infuse your wishes and realize your dreams

a self help manual for partners affected by sex addiction those who act out sexually whether through pornography cybersex prostitutes voyeurism and or multiple affairs leave their partners reeling in rage incredible shame and isolation in this taboo shattering and practical guidebook partners affected by sex addiction can learn to develop healthy boundaries and make positive changes in their lives the skills building exercises presented are designed to help partners better understand the disease of addiction and how it is affecting their relationship intimate treason provides a path to healing that gives voice to partners truths as they travel on their own journey of recovery

an exemplary team of professionals provides a comprehensive look at sex education the heated debate over federal controls current research and practice programs politics legislation and cultural and religious issues related to sex and sexuality education in the groundbreaking sexuality education past present and future the history practices and politics of sexuality education are explained respected educators counselors and therapists marshal both research and educated opinion to offer insights into exactly what is meant by sex education what the various approaches are what age appropriate lessons are supported by most professionals and the impact of government policies noting that the need for sexuality education has expanded to adults from new parents to senior citizens this unique work also takes readers into classrooms and makes them privy to conversations representing everyone from elementary school students to nursing home residents these comments reveal the range of unanswered questions about sex questions that are important for psychological as well as physical health in addition the contributors explore ongoing issues in sexuality education such as how to present culturally competent lessons that include consideration of race ethnicity gender religion and sexual orientation the experts also examine sexuality education in other countries the challenges those countries face and their victories over unplanned pregnancy and stds in the global effort to preserve sexual health

in drawing near john bevere urges you not to settle for the dry shadow of christianity that knows about god without knowing god the incredible invitation from the creator of the universe is not just to worship him from afar with words and rituals but to enter a relationship so meaningful and intimate that you know his heart and he knows yours often we feel god is distant but bevere says the cause is not god but ourselves our focus on possessions entertainment and feel good worship form barriers to him but when we open our lives to him in humility and obedience he fills us with his holy spirit and reveals himself to us prayer transforms from a dry one way monologue to a loving dialogue between companions each sharing the deepest secrets of the heart in restoring this intimate relationship with god you will form a loving union with him that fills your life with joy and passion in this book best selling author john bevere reveals how scripture repeatedly declares that god desires a close relationship with us when we draw near to him we find the presence of his holy spirit to be the most energizing exhilarating and transforming experience we have ever known it s hard to want something you don t even know is missing sadly many of us settle for a bland religion of the mind missing out on the burning ecstasy of intimacy with god we ignore god s holiness expecting to be filled with his spirit without cleansing our lives in order to receive him but we were created for intimate fellowship with god drawing from his own journey bevere shows us the way to rewarding companionship with god instead of a set of mechanical instructions he gives us a treasure map pointing to god s heart intimacy can never become a step by step process bevere explains rather it is yielding to the entreaty of the greatest lover in the universe and entering an intimate passionate relationship of oneness with him book jacket

sexual dysfunction in women is a concise yet detailed clinical guide to the treatment of sexual difficulties in women written with the general psychologist and therapist in mind and being published with a companion volume on sexual dysfunction in men it takes the novel position that most clinicians interested and willing to help female clients with sexual concerns can do so effectively even if they do not primarily consider themselves as sex therapists many women will experience difficulties with desire arousal orgasm or pain with intercourse at some point in the course of their lives yet most clinicians feel less equipped to treat sexual dysfunction than far less prevalent disorders this book empowers general psychologists therapists and other practitioners to actively engage in the multidisciplinary treatment of sexual disorders and broaden their knowledge base about sexuality an important component of most clients quality of life it is both a go to resource for professional clinicians in their daily work and an ideal resource for students and practice oriented continuing education

the handbook of counseling women edited by mary kopala and merle keitel draws together a nationally recognized group of contributing scholars and practitioners to address current theories research and issues relevant to the mental and physical well

being of women comprehensive and accessible the second edition is organized into three parts covering theoretical sociocultural biological and developmental considerations assessment diagnosis and intervention and supervision research and ethics the reorganization of this new edition includes more sections and chapters giving special attention to such topics as women and poverty intimate partner violence women s career barriers and considerations for specific ethnic groups

presenting an anthology of 25 scottish poems this book also offers an alterative view of how quarter of a century has unfolded in scotland

this book and cd enables students to read latin poetry aloud with confidence

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