

Relationship Workbook Kerry Moles

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summary this innovative book goes beyond traditional play therapy to present a range of evidence based assessment and intervention approaches that incorporate play as a key element it is grounded in the latest knowledge about the importance of play in child development leading experts describe effective strategies for addressing a wide variety of clinical concerns including behavioral difficulties anxiety parent child relationship issues trauma and autism the empirical support for each approach is summarized and clinical techniques are illustrated the book also discusses school based prevention programs that utilize play to support children s learning and socioemotional functioning subject areas key words assessments behavioral children developmental psychology early childhood emotional interventions play therapy prevention problems psychological disorders psychotherapy treatments audience child psychologists play and art therapists social workers counselors family therapists psychiatrists and school psychologists early childhood professionals developmental psychologists

based on over 25 years of research supported by grants from the national institute of mental health nimh the national center on child abuse and neglect nccan and other funding sources child sexual abuse describes a premier empirically supported treatment approach for children adolescents and non offending parents caregivers impacted by child sexual abuse

a radical new take on the crisis of intimate abuse violent partners argues that as a culture we misunderstand the root causes and basic effects of abuse and until that changes there is no hope of fixing the problem dr linda mills challenges assumptions tears down myths and offer solutions all the while telling riveting stories of couples who have conquered violence in their relationships in violent partners she describes several programs that hold promise for addressing intimate abuse including two nationally known and groundbreaking treatment programs peacemaking circles and healing circles controversial provocative and accessible violent partners is unlike any other book on abuse and relationships and highlights in great detail the complexities of violence through the stories of men and women who have acknowledged their abuse and sought to do something about it this is essential reading for anyone seeking to understand violence in their own relationship friends and family members of victims and abusers and legal and mental health practitioners looking for a new and valuable approach to treating couples in crisis

this workbook is for therapists counselors and other professionals working with young people to prevent or end relationship abuse designed to teach teens to recognize the warning signs in relationship abuse and develop skills for healthy relationships

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