

Relationship Rewind

Ebersole & Hess' Toward Healthy Aging - E-Book
Neurolinguistic Programming in Clinical Settings
Taking Your iPad 2 to the Max Theris A. Touhy Lisa de Rijk Erica Sadun

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get all the knowledge you need to provide effective care for adults as they age grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing. Ebersole Hess Toward Healthy Aging 9th edition is the only comprehensive text to address all aspects of gerontological nursing care. The new ninth edition has been extensively revised and updated and now includes shorter, more streamlined chapters and pedagogical features to facilitate learning, covering the areas of safety and ethical considerations, genetics, communication with the patient and caregiver, promoting health in persons with conditions commonly occurring in later life, world-wide addressing loss and palliative care, and much more. This new edition considers the experience of aging as a universal experience and the nurse's role in the reduction of health disparities and inequities as a member of the global community. Plus, it contains a variety of new learning features that focus the reader's attention on applying research and thinking critically in providing care to aging adults across the care continuum.

Neurolinguistic programming in clinical settings provides a theoretical framework for the clinical applications of neurolinguistic programming (NLP) protocols in mental health. It offers evidence-based models for a range of conditions including PTSD, anxiety, and depression, grief, phobias, and binge eating. Providing a follow-up to the 2014 book, *The Clinical Effectiveness of Neurolinguistic Programming*, this book updates the existing research evidence for NLP interventions with mental health clinical conditions. It includes further evidence for its use with somatoform disorders, anxiety, and depression, and as a general psychotherapy modality. The book outlines up-to-date evidence from clinical trials that demonstrate the success rate of NLP with PTSD populations and discusses how ongoing randomised clinical trials at Kings College London are demonstrating the clinical effectiveness of NLP protocols and are becoming more widely accepted by mainstream

mental health care written by a team of internationally academically informed clinicians and researchers the book will be key reading for academics researchers and post graduate students in the field of mental health research psychotherapy and counselling it will also be of interest to clinicians and mental health professionals interested in nlp as a therapeutic modality

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