

Reclaim Your Heart Yasmin Mogahed Free Download

Reclaim Your Heart The Spiritual Strength in Our Scars: Emerging From Personal Struggles With Resilience The New Muslim Workbook Feminism, Tradition and Change in Contemporary Islam Legal Cases, New Religious Movements, and Minority Faiths Al Jumu ah Yasmin Mogahed Liyana Musfirah Bisma Parvez Shehnaz Haqqani James T. Richardson

Reclaim Your Heart The Spiritual Strength in Our Scars: Emerging From Personal Struggles With Resilience The New Muslim Workbook Feminism, Tradition and Change in Contemporary Islam Legal Cases, New Religious Movements, and Minority Faiths Al Jumu ah *Yasmin Mogahed Liyana Musfirah Bisma Parvez Shehnaz Haqqani James T. Richardson*

reclaim your heart is not just a self help book it is a manual about the journey of the heart in and out of the ocean of this life it is a book about how to keep your heart from sinking to the depths of that ocean and what to do when it does it is a book about redemption about hope about renewal every heart can heal and each moment is created to bring us closer to that transformative return reclaim your heart is about finding that moment when everything stops and suddenly looks different it is about finding your own awakening and then returning to the better truer and freer version of yourself many of us live our lives entrapped by the same repeated patterns of heartbreak and disappointment many of us have no idea why this happens reclaim your heart is about freeing the heart from this slavery it is about the journey in an out of life s most deceptive traps this book was written to awaken the heart and provide a new perspective on love loss happiness and pain providing a manual of sorts reclaim your heart will teach readers how to live in this life without allowing life to own you it is a manual of how to protect your most prized possession the heart

we often pretend to be happy and put on a brave face for the world despite carrying the pain of enduring a personal struggle or adversity when we are alone that is when we fall into despair for failing to overcome the struggles that we carry silently in our hearts are we considered strong if we do not fall when life pushes us to the ground do our faith and belief tell us that we cannot let our misery affect us because as the saying goes we must bear patience in this book author liyana musfirah takes readers on a reflective journey of discovering the strength that emerges from each of our painful and scarring episodes this is the book that celebrates what god has given women the resilience to withstand emotional spiritual or even physical hardships

geared toward those who are just beginning their journey and looking to explore and further connect with their religion the new muslim workbook offers both guidance and space for reflection from covering the basics of islam to offering suggestions for next steps and advice on how to deepen one s relationship with allah the new muslim workbook will support and inspire newcomers as they work through guided prompts and opportunities for reflection

the islamic tradition has always been flexible changing over time and constantly adapting to the different societies muslims find themselves in few muslims today would abide by the fatwa against the printing press under the ottomans moreover although islamic law legislates for slavery and child marriage only a vanishing minority of muslims consider these practices acceptable today and some will even argue that islam never permitted them yet some issues like the prohibition on female led prayer and female interfaith marriage seem curiously impervious to change why is that through a mixture of interviews with ordinary muslims in texas and critical analysis of contemporary and historical scholarship shehnaz haqqani demonstrates the gendered dimensions of change and negotiation in islamic tradition she argues that a reliance on a mostly male scholarly consensus means that the tradition preserves male privilege at the expense of justice for muslim women

new religious movements nrms and other minority faiths have regularly been the focus of legal cases around the world in recent decades this is the first book to focus on important aspects of the relationship of smaller faiths to the societies in which they function by using specific legal cases to examine social control efforts the legal cases involve group leaders a groups practices or

alleged abuses against members and children in the group legal actions brought by former members or third parties attacks against such groups by outsiders including even governments and libel and slander actions brought by religious groups as they seek to defend themselves these cases are sometimes milestones in the relation between state authorities and religious groups exploring cases in different parts of the world and assessing the events causing such cases and their consequences this book offers a practical insight for understanding the relations of nrms and other minority religions and the law from the perspective of legal cases chapters focus on legal political and social implications including contributions from scholars legal practitioners actual or former members and authorities involved in such cases from various jurisdictions this book presents an objective approach to understanding why so many legal actions have involved nrms and other minority faiths in recent years in western societies and the consequences of those actions for the society and the religious group as well

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