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first multi year cumulation covers six years 1965 70

questo volume analizza i problemi della caviglia e del piede in ambito sportivo alla

luce delle più recenti acquisizioni nell ambito della biomeccanica e della clinica riabilitativa ciascuna patologia è affrontata con un taglio pratico clinico che fornisce gli strumenti necessari alla messa a punto di un trattamento corretto ed individualizzato

gli autori partendo dalle evidenze oggi disponibili in letteratura sull anatomia la biomeccanica e la fisiopatologia dell articolazione sacroiliaca sviluppano un percorso basato sul ragionamento clinico e la riabilitazione integrata nel quale le decisioni riguardanti il trattamento sono prese in riferimento alla collocazione del paziente in sottogruppi o classificazioni sulla base di segni e sintomi identificati durante l anamnesi e l esame funzionale le procedure di trattamento tecniche manuali correzione posturale esercizi attivi sono esposte in relazione agli specifici obiettivi per consentire un intervento mirato nelle diverse condizioni disfunzionali l apprendimento delle tecniche di trattamento è facilitato dal cd rom allegato al volume in cui sono presentati oltre 50 minuti di filmati commentati che mostrano il trattamento della disfunzione posturale da ipomobilità e da instabilità questo testo integra e completa il discorso sulla patologia del rachide iniziato con la pubblicazione del volume la riabilitazione integrata delle lombalgie edito nella stessa collana

questo volume tratta la terapia riabilitativa del pavimento pelvico per i sintomi di tipo urologico ginecologico coloproctologico sessuale e doloroso correlato alle disfunzioni di tale zona il testo è scritto da fisioterapisti medici specialisti ed altri esperti del settore confermando l importanza di un approccio multidisciplinare il libro si basa sullo specifico processo utilizzato in fisioterapia valutazione funzionale pianificazione intervento e valutazione dei risultati sviluppati all interno di un processo di ragionamento clinico

il volume si propone come un completo compendio della traumatologia sportiva arricchito e aggiornato in questa terza edizione con sindromi quali la lussazione sterno clavicolare che può manifestarsi negli sport di lancio o la tendinite dell estensore ulnare del carpo causata dai colpi liftati del tennis gli autori hanno inoltre aggiunto una panoramica sui traumatismi non precedentemente descritti quali quelli oculari quelli dentali e quelli degli organi genitali esterni l esposizione delle patologie da sport è completa e se ne riassumono gli aspetti fondamentali l esame clinico in cui si specificano i test da eseguire e verso quali affezioni deve essere rivolto l esame differenziale la diagnostica per immagini sia in relazione

alle tecniche più idonee per ogni affezione sia in riferimento ai segni da ricercare il trattamento riabilitativo strutturato per obiettivi e dove necessario la presentazione delle principali opzioni chirurgiche completata dalle indicazioni post intervento e dai tempi previsti per il recupero inoltre la terminologia usata consente a professionisti di diverse discipline di trovare un linguaggio comune

questo manuale nel quale gli autori fanno il punto sull attuale e l essenziale delle malattie respiratorie ha il pregio di fondere le nozioni del passato tuttora validissime con le espressioni culturali teoriche e pratiche più recenti

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