

Radical Simplicity

Konsum und Suffizienz Radical Simplicity Radical Simplicity Radical Simplicity Less is More The Gift of Simplicity Melanie Speck Jim Merkel Jim Merkel Dan Price Cecile Andrews

Konsum und Suffizienz Radical Simplicity Radical Simplicity Radical Simplicity Less is More The Gift of Simplicity *Melanie Speck Jim Merkel Jim Merkel Dan Price Cecile Andrews*

melanie speck geb lukas leistet mit ihrem buch erstmals einen Überblick über die theoretische und empirische fundierung von suffizienz in deutschen privathaushalten damit widmet sie sich einem kernelement der nachhaltigen entwicklung das bisher nur wenig beachtung in der gesellschaft gefunden hat auf der basis von 42 haushaltsinterviews macht sie deutlich dass ein suffizientes handeln die moderate veränderung von gesellschaftlich akzeptierten kulturtechniken impliziert und dass eine vollkommene abkehr von heutigen gesellschaftlichen konsumstrukturen gar nicht notwendig ist

a revolutionary guide to living up to your own personal and measurable sustainability goal

imagine you are first in line at a potluck buffet the spread includes not just food and water but all the materials needed for shelter clothing

healthcare and education how do you know how much to take how much is enough to leave for your neighbors behind you not just the six billion people but the wildlife and the as yet unborn in the face of looming ecological disaster many people feel the need to change their own lifestyles as a tangible way of transforming our unsustainable culture radical simplicity is the first book that guides the reader to a personal sustainability goal then offers a process to monitor progress to a lifestyle that is equitable amongst all people species and generations it employs three tools to help readers begin their customized journey to simplicity

radical simplicity is a hand lettered illustrated book that speaks directly and elegantly to that craving we all have for an authentic life one that we've each hand made for ourselves rather than one dictated by outside circumstances author dan price a thoreau for the twenty first century has helped champion a growing trend that's been variously referred to as downshifting opting out or simple living what makes his book so different and engaging is that he speaks from the authenticity of first hand experience for price is an american original who has made his dreams a reality his message is you can live a life of freedom in harmony with the rhythms of nature and your own internal rhythm and creativity you can live very well with very little money that's what i've done and i can show you how this is as much a reading book as a how to guide one that expresses its profound insights into carving out a life of meaning in a beautiful practical way it is bound to strike a chord with world weary baby boomers as well as time pressured but still idealistic members of the younger generation

less stuff less stress more freedom more joy our obsessive pursuit of wealth isn't working people are afraid and anxious we're destroying the planet undermining happiness and clinging to an unsustainable economy but there's another way less can be more throughout history wise people have

argued that we need to live more simply that only by limiting outer wealth can we have inner wealth less is more is a compelling collection of essays by people who have been writing about simplicity for decades including jim merkel bill mckibben duane elgin juliet schor ernest callenbach john de graaf and more they bring us a new vision of less less stuff less work less stress less debt a life with less becomes a life of more more time more satisfaction more balance more security when we have too much we savor nothing when we choose less we regain our life and can think and feel deeply ultimately a life of less connects us with one true source of happiness being part of a caring community less is more shows how to turn individual change into a movement that leads to policy changes in government and corporate behavior work hours the wealth gap and sustainability it will appeal to those who want to take back their lives their planet and their well being

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