Psilocybin Magic Mushroom Growers Guide A Handbook For Psilocybin Enthusiasts

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psilocybin magic mushroom grower s guide

microdosing or taking between one tenth and one twentieth of the normal dose of a psychedelic drug is the latest way to improve performance stave off chronic pain and alleviate a variety of other ailments like anxiety and depression unlike a psychedelic trip microdosing does not alter your mental status or interfere with day to day life part handbook and part workbook this is your ultimate reference for safely using psychedelic medicine whether you have experience with psychedelics or are simply curious to learn more here is everything you need to get started on your healing journey

here is a practical step by step guide to cultivating four species of psilocybin containing mushrooms indoors and outside anyone with a clean kitchen some basic equipment and a closet shelf or shady flowerbed will be able to grow a bumper crop this handbook also includes an introduction to mushroom biology a guide for supplies and advice on discreetly integrating psychedelic mushrooms into outdoor gardens hand drawn illustrations and full color and black white photographs provide the reader with steps in the cultivation process and exact identification of desired species the four species detailed

include two species that have previously had very little coverage psilocybe mexicana a tiny mushroom used for millennia by indigenous mexican shamans and psilocybe azurescens a newly described species native to the pacific northwest and easily grown outdoors on woodchips this innovative book also offers a wealth of information about the use of psilocybin containing mushrooms in both traditional and modern contexts contributing ethnobotanist kathleen harrison highlights the history ritual and mythology of sacred psilocybe mushrooms used in indigenous shamanic settings the book s authors offer insights into how these principles might be put into practice by the modern voyager to provide safe healing and fruitful journeys

this handbook reviews promising applications of psychedelics in treatment of such challenging psychiatric problems as posttraumatic stress disorder major depression substance use disorders and end of life anxiety experts from multiple disciplines synthesize current knowledge on psilocybin mdma ketamine and other medical hallucinogens the volume comprehensively examines these substances neurobiological mechanisms clinical effects therapeutic potential risks and anthropological and historical contexts coverage ranges from basic science to practical clinical considerations including patient screening and selection dosages and routes of administration how psychedelic assisted sessions are structured and conducted and management of adverse reactions

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in this issue of otolaryngologic clinics guest editors drs michael d seidman and marilene b wang bring their considerable expertise to the topic of complementary and integrative medicine and nutrition in otolaryngology many patients use heath care approaches that are not part of conventional medical care or that may have origins outside of usual western practice while also using conventional health care in this issue top experts summarize the current knowledge of complementary and integrative medicine and nutrition as they relate to the care of patients in otolaryngology practices providing a comprehensive resource that physicians and allied health providers can rely on for accurate patient counseling contains 19 practice oriented topics including diet and health why otolaryngologists should be interested in psychedelic medicine probiotics for otolaryngology disorders sinus issues and natural alternatives cim and prevention of hearing loss cim and the voice natural alternatives and the common cold flu otitis media and more provides in depth clinical reviews on complementary and integrative medicine and nutrition in otolaryngology offering actionable insights for clinical practice presents the latest information on this timely focused topic under the leadership of experienced editors in the field authors synthesize and distill the latest research and practice guidelines to create clinically significant topic based reviews

in the united states cannabis is currently illegal but this book investigates how big pharmaceutical companies are looking at an end game of legality controlled by them it examines how the amsterdam scene has been transformed how home growers have been manipulated into using inferior techniques and how companies with help from the drug enforcement agency dea and big pharma are patenting cannabis strains for control and profit the leadership of the cannabis industry want to legalize marijuana with taxation and regulation but the pharmaceutical industry cannot take over medical cannabis without first shutting down the scene today the book predicts that legalized production will be tightly controlled by major players using the irs and dea as a means of removing other growers regulation will also control the amount of tetrahydrocannabinol the in each marijuana cigarette forcing stronger cannabis to be available to medical patients by prescription only a black market will still exist so people will still go to jail and the drug war will go on with history and explosive behind the scenes looks at big pharma collusion this book is both an exposul and an in depth look at the arc of freedom and probable control through use of pharmaceutical patents for marijuana

an exploration of the emergence of a new psychedelic spirituality in the work of philip k dick terence mckenna and robert anton wilson a study of the spiritual provocations to be found in the work of philip k dick terence mckenna and robert anton wilson high weirdness charts the emergence of a new psychedelic spirituality that arose from the american counterculture of the 1970s these three authors changed the way millions of readers thought dreamed and experienced reality but how did their writings reflect as well as shape the seismic cultural shifts taking place in america in high weirdness erik davis america s leading scholar of high strangeness examines the published and unpublished writings of these vital iconoclastic thinkers as well as their own life changing mystical experiences davis explores the complex lattice of the strange that flowed through america s west coast at a time of radical technological political and social upheaval to present a new theory of the weird as a viable mode for a renewed engagement with reality

contemporary alchemist dale pendell completes his poetic study of botany chemistry spirituality psychology and history in a volume covering the composition and uses of visionary plants chapters including phantastica hypnotica and telephorica

explore the hallucinogenic plants the bringers of sleep and the bearers of distance

entering the world of psychedelics can be daunting and many aren t sure where to start research continues to expand and legalisation looms on the horizon for psychedelics like psilocybin the psychedelic handbook is a complete manual that explains the basics of psychedelics in a way that is accessible for the novice user or even just the psychedelic curious experienced clinical psychiatrist and bestselling author of dmt the spirit molecule dr rick strassman offers his expert advice for safely and effectively reaping the benefits of psychedelic medicine

mysticism is proving to be the chosen type of religion for future generations of believers in the west as traditional institutional religion continues to decline mystical thought is celebrated as a vital subversive alternative evidence for this religious cultural shift towards the mystical the experiential and indeed the creation centered can be found in bookstores most of which devote a large amount of shelf space to mystical themes and writers from the world religions while this shift is not new an increasing number of westerners are turning east because they find the fundamentally mystical thought of asian religious traditions appealing furthermore numerous westerners have actually become gurus and mystics within eastern traditions mysticisms east and west examines the worldwide phenomenon of mystical experience across the world religions in examining both christian and non christian expressions of mysticism this unique volume brings together a number of prominent evangelical scholars to analyze the central historical cultural and theological issues beginning in the east these studies in mystical experience gradually move to the west and to christian mysticism before concluding with a number of philosophically reflective essays examining the implications and nature of mysticism

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