

Promoting Exercise And Behavior Change In Older Adults

Infections in Older Adults, An Issue of Infectious Disease Clinics of North America Treatment of Asthma in Older Adults Emotion Regulation and Mental Health in Older Adults Cognitive Impairment and Physical Function in Older Adults Analyses on Health Status and Care Needs among Older Adults Factors Associated with Weight Control in Older Adults Residential Choices and Experiences of Older Adults An Examination of the Processes Older Adults Use to Learn Word Processing Software A Manual on Planning Educational Programs for Older Adults Chronic Illness Transitions and Social Relationships in Japanese Older Adults Living Arrangements of Older Adults in the Developing World Older Adult Education Falls in Older Persons A Journey Called Aging Everything You Need to Know about Old Age Psychiatry--The Care of the Older Person Counseling the Aged Adult Development and Aging Geriatric Dosage Handbook 2002 Handbook of Multicultural Counseling Robin L.P. Jump Tolly E. G. Epstein Gary Christopher Jos® Daniel Jim®nez Garc a Jian Sun Eileen H. Rosendahl John A. Krout, PhD Grace E. Rich Andrew Hendrickson Naoko Muramatsu John Bongaarts Ronald J. Manheimer Rein Tideiksaar James C. Fisher Robert Howard Jose Morais American Personnel and Guidance Association Richard Schulz Todd Semla Joseph G. Ponterotto

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with the expanding aging population in both the united states and worldwide health issues associated with aging are major personal and public health concerns although cardiovascular diseases cancers strokes dementia pulmonary disease and diabetes mellitus are listed as major causes of death in older adults in many instances the final cause of demise is complications associated with infections dr jump and dr canady have assembled top authors to present the

current clinical knowledge on the following topics urinary tract infections clostridium difficile wounds ssti influenza other respiratory viruses hiv antimicrobial stewardship for older adults antibiotics at the end of life sepsis in older adults antimicrobial therapy in older adults norovirus viral outbreaks and bone and joint infections readers should have a solid understanding of the current clinical information needed to effectively manage infections in older adults

this comprehensive book presents an evidence based approach to treating asthma in adults aged 65 and older a vulnerable subset of patients who are more likely to experience higher morbidity and mortality rates and often enduring higher financial burdens related to treatment treatment of asthma in older adults a comprehensive evidence based guide is a unique resource providing an up to date review of medication strategies how asthma phenotypes and treatment decisions interact and how controlling asthma triggers impacts long term asthma outcomes in older patients additionally the book incorporates recent advances in alternative therapies that improve the patient s quality of life opening discussions address the unique challenges of the differential diagnosis of asthma in older adults as well as an examination of the significant medical comorbidities that co exist with asthma subsequent chapters provide strategies to optimizing asthma management in this specific population including information on case management that will assist allied health providers finally the book closes with an analysis of several novel targets for therapy to treat severe asthma including biologics macrolides and bronchial thermoplasty written by experts in the field treatment of asthma in older adults a comprehensive evidence based guide is an indispensable resource for allergists pulmonologists family physicians physician assistants nurse practitioners and all other allied clinicians

the rapid growth of the aging population is related with prevalent age related cognitive impairments usually associated with problems in quality of life and increased cost of healthcare older adults with neurocognitive disorders have been identified as having a high risk of falling nonetheless the relationship of neurocognitive disorders with physical function has been poorly studied currently there are numerous studies that have analyzed the association between the cognitive status in with physical function in older people in addition relationship said cognitive status with serious problems such as sarcopenia and the risk of falls in this line there are rcts that are being offered that have demonstrated efficacy on physical and cognitive improvement in older people such as multicomponent exercise programs qigong training and resistance exercise programs

globally a shift in population structures and disease spectrum is inevitable the latest global burden of disease study revealed that the average healthy life expectancy has steadily increased from 1990 to 2019 worldwide however there is a concerning trend in which the growth in healthy life expectancy is lower than the growth in life expectancy in 198 out of 204 countries evaluated this implies that people spend more time in sub optimal health despite living longer moreover non communicable diseases contribute an increasingly significant portion of the disease burden in low and middle income countries growing from one third to almost two thirds from 1990 to 2019 this mainly results from preventable risk factors it is important to approach aging with a positive outlook this entails guaranteeing sufficient medical care and proactively managing health issues in older adults importantly since several diseases are often irreversible prevention is key social and

psychological factors due to their nebulous harm have struggled to gain attention over a long period we should aim to make the additional years gained during old age as healthful as those in other life stages

based on the pathways to life quality longitudinal research study this book explores the ways in which older adults residential choices impact their health and well being the study examines the factors associated with life quality for persons living on their own in the local community as well as those in various housing arrangements such as a continuing care retirement facility adult home income subsidized housing and senior apartments topics include plans and adjustment to moving role identities social relationships participation and integration health and activity patterns and coping with life events

lifelong learning in an aging society older learners and programs in historical perspective the transformation of older learner programs the impact of institutional policies on older adult education older adult learning in the technological age generations learning together

in both hospitals and long term care facilities it s the older patients and residents who are most prone to falling and most vulnerable to serious injury from a fall staff must constantly be on the alert for hazardous situations and know how to deal with falls this easy to read guide provides just the right amount of information needed by health care staff to prevent and manage this common problem among older adults this book presents a wealth of practical recommendations modifications equipment and resources that will improve the health and safety of older adult patients and long term care residents book jacket title summary field provided by blackwell north america inc all rights reserved

a journey called aging presents an insightful exploration of the years between the entry into older adulthood and death this text examines the significant changes and major landmarks of older persons between 60 and 90 grounded by a developmental framework based on empirical research this book presents a new way of looking at older adulthood describing the older adult years in intensely human terms through both anecdotes and research based findings to engage the reader as both guide and traveler using a series of sequential stages as a framework a journey called aging discusses the experiences of older adults addressing the challenges and opportunities presented at each stage this clear analysis can be used as a guide to help persons plan their own odyssey through the older years topics in a journey called aging include research and results of the study entering older adulthood the long stable stage of extended middle age early transition older adult lifestyle later transition the stable stage near the end of life the final transition a journey called aging is crucial reading for professionals who work with older adults including pastors attorneys facilities managers and program directors gerontology educators and students and older adults themselves their families and those who care for and about them

the latest in our successful series of titles in old age psychiatry this new volume will have great appeal as it brings readers right up to date on clinical aspects of psychiatric disease in the elderly with a particular emphasis on new developments in the dementias the book is divided into three sections the first two of which are devoted to dementia section i laboratory of clinic which tackles

the molecular biology of alzheimer s disease risk factors for dementia clinical genetics prion diseases lewy body and vascular dementia and section ii treatments and ethical considerations which includes chapters on drug treatments for the cognitive symptoms of dementia residential care forensic psychiatry and the arguments for and against assisted death in dementia the seven chapters of section hi deal with the management of functional disorders and include chapters on antidepressants treatment resistant depression ect therapy rational treatment of anxiety and panic in the elderly novel antipsychotics and schizophrenia and family therapy

society as a whole is getting older thanks to the extraordinary advances in technology and medicine humans are living longer than ever before as a result more and more of us are living and engaging with an aging population in both our personal and professional lives and there s a heightened demand for concrete research and advice for how to effectively provide care for this growing demographic this book brings together some of today s most experienced researchers to provide concrete answers for care providers of all kinds doctors nurses therapists pharmacists physical therapists those who build run and staff the facilities and housing for all of the aging population as well as spouses and children of elderly most importantly this information is for seniors themselves who want to feel empowered in their stage of life 23 chapters exploring a broad array of issues for elder careoverview of the field presents an in depth overview of the current state of geriatric medicine frailty explores the increasing vulnerability of our bodies and organs as we age physical activity as a countermeasure to frailty makes a compelling case for avoiding the sedentary state when possible and demonstrates interventions doctor my wife is getting forgetful explores the natural decline in memory and how to diagnose and address dementia update on alzheimer s disease diagnosis and management how to diagnose and manage deliriumwhy does my patient have gait balance disorders explores the main causes and best treatments for the broad category of walking and balance problems could my patient be malnourished explores the prevalence of malnutrition in older populations how to diagnose it and how to treat it are the immunizations of my patient up to date stresses the importance of immunizations in our vulnerable older population management of older patients in the emergency department provides an overview of the unique challenges facing er staff how to manage type 2 diabetes in frail elderly patients stresses the differences in treatment and approach that are necessary in the older population cancer in older adults brings the relatively young subspecialty of geriatric oncology to the forefront cancer screening in the older adult discusses cancer screening in older adults with recommendations psycho oncology living with the fear of death is a discussion of the emotional and psychiatric care of cancer patients and their families incontinence in older adults explores the risks diagnosis and treatment polypharmacy and deprescribing in the elderly this chapter explores the risks of polypharmacy and how to deprescribe unnecessary medications after the menopause covers physiologic changes screening for possible problems prevention and possible treatments elder abuse helps care providers to identify elder abuse and learn how to address it an overview of late life depression explores the importance of understanding late life depression for care professionals including tools for diagnosis and treatment assessment of decision making capacity provides an analysis of how to determine a patient s ability to make key decisions about their medical treatment living situation finances how do i protect my patient explores the important legal issues facing elderly patients and how care providers can support

them financial guidance for seniors recognizes that among concerns of older persons is financial stability the role of religious belief in the end of life care of older persons shows that we cannot treat older persons near the end of life and their families without an understanding of their religious beliefs medical glossary a highly researched glossary of medical definitions that will help you to understand what you re reading and navigate the often confusing world of scientific terminology

this training syllabus on counseling older adults is written for educators and counselors and can be used as a single course syllabus for inservice training or to supplement existing courses the book is divided into 11 training modules each of which includes counseling implications and strategies concrete classroom activities suggested modes of assessment that can be adapted for training purposes and supplemental references the modules cover the demographic aspects of aging adult development changes physiological changes and health problems of aging psychosocial aspects of aging adaptation of older adults potential crisis situations e g preretirement retirement leisure relocation and housing death minority group older adults counseling approaches paraprofessional peer counseling roles counseling programs and environments practica and internships for student counselors and aging relevant issues policies and legislation eric ed gov id ed250594

this handbook is considered a classic text in american counselling and is the world s most often cited scholarly work on multicultural counselling

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