

Positional Release Techniques

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the sixth edition of this classic text provides you with essential information on how to examine and treat patients with joint dysfunctions and muscle imbalances building upon dr bourdillon s highly respected techniques to alleviate loss of mobility and musculoskeletal pain the authors have expanded the clinical material to include new diagnostic pearls and treatment options you will learn from step by step instructions making it easier for you to apply the manipulative techniques in practice

a comprehensive textbook covering all methods of spontaneous release by positioning the background theory is explained and the techniques are described in detail the descriptions of the techniques are supplemented in the text by clear line drawings and diagrams and the new cd rom provides additional explanation through the use of video demonstrations with narrative by the author updated to reflect the most recent advances important to chiropractors osteopaths physical therapists and massage therapists

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