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Social Determinants of Mental Health Andrea Fiorillo

Social Determinants of Mental Health *Andrea Fiorillo*

this book provides a comprehensive exploration of the social determinants of mental health and enhances our understanding of their impact on the development and manifestation of various mental disorders it offers new insights on the complex interplay between genetic biological and social determinants and highlights the crucial role that social determinants play in shaping the risk and protective factors for mental health the volume covers factors such as migration pollution urbanization and discrimination that contribute to the development onset and outcome of major mental health problems including schizophrenia major depression bipolar disorder and anxiety disorders additionally the book fosters well being and promotes mental health by emphasizing strategies to fight stigma and discrimination prevent mental disorders with home based school based or workplace based supportive measures it calls for making mental health accessible to everyone and outlines the importance of addressing social determinants to promote mental well being

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