

Nor Zam Azihan Bin Mohd Hassan

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obesity has recently become important to the world of medicine and also public health due to its rapidly increased prevalence both in the developed and developing country the impulsivity and personality traits have been studied in the past and significantly related to overweight and obesity therefore a cross sectional study was conducted to determine if personality traits and impulsive behaviours were significantly associated with overweight and obesity among teachers training students

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