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these papers answer the editors call for the recognition of men as a special culture and for gender consideration in therapy the essays discuss theories and techniques for treating men and boys in a wide variety of situations from the job to the jail cell they also address diversity and the importance of considering cultural influence on men s lives in this edition good psychology u of missouri columbia and brooks psychology and neuroscience baylor u condensed their two volume work into a single volume and added material on research undertaken since the original publication in 1987 annotation 2004 book news inc portland or booknews com

brief cognitive behaviour therapy can be applied to the treatment of a wide range of problems in many different settings in this unique handbook frank bond and windy dryden have brought together a prominent cast of authors to discuss issues concerning the definition assessment and in particular the practice of brief cognitive behaviour therapy cbt contents include the difference between brief and regular cbt and evidence for its effectiveness how to use brief cbt in your own area of practice applying brief cbt to emotional disorders anxiety workplace stress and more this handbook is accessible to a wide range of readers including academics practitioners psychotherapists counsellors and students training in cbt

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