

Les Fiches Outils Du Coaching Fiches Opeacuterationnelles Cas Pratiques Conseils Illustrations

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le coaching est un puissant levier de développement et de réussite recouvrant des pratiques hétéroclites qui se sont peu à peu structurées notamment par la mise en place de formations universitaires solides cet ouvrage formalise précisément où quand et comment intervient un coach novateur dans son approche il définit les ingrédients d'une relation d'aide en coaching et aborde toutes les questions fondamentales qui concernent le métier de coach l'analyse de la demande la posture du coach les techniques d'entretien la déontologie l'éthique la supervision etc les problématiques rencontrées lors d'un coaching professionnel sont illustrées par des cas concrets prise de décision conflits gestion des émotions démotivation procrastination la démarche opérationnelle s'appuie sur de nombreux outils pour une mise en œuvre facile ce livre retrace également la genèse du coaching et met en évidence ses liens de filiation avec les sciences humaines il sera utile aux coaches en exercice comme à ceux qui souhaitent le devenir les psychothérapeutes découvriront les passerelles entre leur métier et celui de coach et pourront faire évoluer leur propre pratique il intéressera également les prescripteurs et les demandeurs de coaching

le coaching d'équipe est un métier à part entière différent du coaching individuel il nécessite de se doter d'outils spécifiques adaptés aux lois qui régissent le fonctionnement d'un collectif cette boîte à outils a ainsi pour ambition de proposer aux professionnels qu'ils soient coach manager ou encore responsable des ressources humaines de disposer d'outils et méthodes pratiques pour mener à bien chaque étape d'un accompagnement collectif une pratique qui permet notamment de développer des dynamiques de groupe plus vertueuses sources de plus de performance et d'épanouissement pour ses membres 75 outils à décourir de la rencontre avec le commanditaire jusqu'à la clôture du processus de coaching d'équipe en passant par les grandes étapes de travail nécessaires à l'accompagnement de l'équipe concernée

les 23 coaches de la promotion 2016 du master 2 coaching développement personnel

en entreprise à paris ii université panthéon assas exposent dans cet ouvrage leur éclairage sur la transformation induite dans toute formation au coaching professionnel en entreprise leurs recherches portent également sur l'accompagnement et le développement personnel l'efficacité du coaching le leadership ou bien l'agilité dans l'entreprise les thèmes abordés sont voyage intérieur approches spécifiques oser être soi efficacité du coaching et sociologie du coaching

vous désirez apprendre mais vous vous sentez incompetent votre enfant est en difficulté scolaire et vous ne savez pas comment l'aider votre élève semble démotivé ou a la tête ailleurs le coaching pédagogique permet d'identifier les problèmes connaître ses points forts et ses points faibles de clarifier ses objectifs les techniques présentées s'adaptent aux besoins au profil et à la situation particulière de chacun elles sont illustrées par des exemples concrets des conseils pratiques et des trucs accessibles à tous

comment cadrer un accompagnement de coaching comment choisir un outil d'intervention pertinent comment développer l'autonomie de vos clients comment accompagner une équipe vers plus de performance comment fixer au mieux vos tarifs d'intervention découvrez les 56 outils et méthodes indispensables pour aborder toutes les dimensions du coaching en entreprise cette 2e édition comprend des outils nouveaux et notamment le co développement world café et d'autres sur le coaching d'organisation ce livre comprend aussi plusieurs vidéos de séance de coaching commentées

ce guide décrit analyse et montre comment mettre en oeuvre les outils pratiques du coach cartes puzzles questionnaires cubes etc plus ambitieux qu'un simple catalogue il s'attache à éclairer leurs logiques de choix et d'utilisation très complet il inventorie les boîtes à outils du coaching individuel du coaching d'équipe et du coaching d'organisation dans plusieurs référentiels un index permet de retrouver rapidement la technique souhaitée

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pages par un schéma l essentiel en français et en anglais les objectifs spécifiques le contexte d utilisation les étapes de mise en oeuvre les avantages et les précautions à prendre et des conseils méthodologiques sont donnés certains outils sont complétés d un approfondissement et d un cas d entreprise cette 2e édition mise à jour est enrichie de nouveaux outils de coaching collectif des vidéos accessibles par qr codes vous présentent les outils en situation

l idée d accompagnement a envahi depuis une quinzaine d années tous les secteurs professionnels de la relation à autrui thérapeutique social formatif ou management pour autant désigne t elle un champ unifié de pratiques finalement qu est ce que l accompagnement et qu est ce qu accompagner veut dire cette réflexion propose des repères pour déchiffrer l acte d accompagner et le situe par rapport à l absence une marque en creux de ce qui lui existait antérieurement

includes 1982 1995 les livres du mois also published separately

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