

# Lavold Elsebeth Knit Patterns

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ever since her ground breaking book viking patterns for knitting was published elsebeth lavold has been recognized as one of the world's leading experts on cabling in the book described as an indispensable milestone in 20th century knitting literature she introduces her own innovation using lifted increases to create interlace patterns instead of just to shape garments and to bring new life to the ornamental heritage of the vikings as adornment on modern knitwear with more than a decade of added experience and continued research she took the concept a step further still firmly based in her scandinavian roots she has studied cultures from all over the globe to find similar types of patterns this resulted in a fascinating compilation of ornamental expressions ancient as well as contemporary and just as inviking patterns for knittingshe uses them as a launch pad for her own unique designs elsebeth genuinely enjoys sharing her knowledge in addition to the abundance of beautiful garments presented in the book with complete instructions she has analyzed a huge number of pattern types and displays them in both swatch and chart form to allow you to make your own designs based on her research pattern corrections

in viking patterns for knitting ancient nordic ornamentation has been translated into an exquisite array of designs for knitters featuring 14 projects clear instructions and charts inspiring color photos and 60 viking motifs

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making mathematics with needlework will inspire mathematicians mathematics educators and crafters every chapter has an overview as well as sections on mathematics and mathematics education and detailed instructions for completing the chapter s project all readers will be able to understand the overview sections as they include introductions to the various fiber arts as well as summaries of the mathematical content while the mathematics sections are written for mathematicians the authors have made a special effort to make their work accessible to lay readers by providing definitions of mathematical terms and many diagrams the project sections are written for crafters so that non mathematician readers can have a tangible experience with mathematical concepts book jacket

discover the creatures of the wild outdoors through the eyes of our naturalist knitter you ll discover a world of interesting creatures inside you ll find her sketches of animals in their habitat scientific notes and her knitting patterns that capture the unique personality of each animal the easy to follow instructions show you how to knit a total of 25 endearing animals including a hedgehog timber wolf rainbow trout red squirrel rabbit badger meadowlark bald eagle and many more each one is portrayed realistically and yet exudes it s own special cuteness that you find in live wildlife grab your needles and yarn and cast on your favorite

35 meditative knitting patterns that use colour repetition and texture to help you unwind and destress the relaxing rhythm and hand movements of knitting make it the perfect activity to absorb your attention and distract you from unwanted thoughts as well as being beautiful makes these 35 projects are specially designed to be a form of mindfulness practice suitable for beginners through to experienced knitters the patterns will help you stitch away stress by incorporating calming repetition and different textures as well as mood boosting bright colours and soothing pastel shades many of the projects make ideal gifts bringing you satisfaction and positivity as you knit them for other people there are also homewares including a mandala pillow and a meditation garland so that you can create an inspiring environment as well as cosy accessories and garments to allow you to focus on yourself all of the techniques and stitches you will need are explained with easy to follow instructions and step by step artworks let the click of the needles and the rhythm of the stitches help you to be in the moment bringing you calmness and a sense of wellbeing

this expanded hardcover edition of a perennial bestseller presents 23 patterns from one of america s most creative knitters classic projects for aran sweaters mittens moccasins and other items can be followed by intermediate to advanced knitters or adapted into original works new features include color photos of the finished patterns sizing charts and more

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from elizabeth zimmermann who revolutionized the art of knitting new york times the classic knitting bible that removes the frustration and puts the fun back into knitting with easy to follow instructions and timeless designs do you love to knit and hate to purl have you ever started a sweater without enough yarn from the same dye lot to finish it when you cast on do you end up with a tail of yarn that s maddeningly too long or too short elizabeth zimmermann comes to the rescue with clever solutions to frustrating problems and step by step instructions for brilliant timeless designs in knitting without tears you ll find elegant designs for color pattern norwegian ski sweaters seamless patterned yoke sweaters hooded garter stitch jackets for babies watch caps socks slippers mittens and more this classic and influential book is poised to inspire a whole new generation of knitters who

have yet to discover the joys and comforts of knitting as the lady herself once put it properly practiced knitting soothes the troubled spirit and it doesn't hurt the untroubled spirit either

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