

I Shouldn't Be Telling You This Success Secrets Every Gutsy Girl Should Know

I Shouldn't Be Telling You This The Gutsy Girl Handbook Obsessed Why Good Girls Don't Get Ahead... But Gutsy Girls Do Through the Labyrinth Through the Labyrinth The Girls' Life Guide to Being the Best You! The Second Coming Hillary's Angel The Touch-me-not Girl Girlfriends The Ivory Cane 1001 Things Everyone Should Know about Women's History Harvard Business School Core Collection, 1998 The Gutsy Girl Live Your Best Life Photographer's Forum Why Good Girls Don't Get Ahead - But Gutsy Girls Do Business Week Adolescence Kate White Kate White Mika Brzezinski Kate White Alice H. Eagly Alice Hendrickson Eagly Kelly White Shubha Menon Rajlukshmee Debee Janet Dailey Constance Jones Baker Library Caroline Paul Editors of O, The Oprah Magazine Kate White

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new york times bestselling author kate white is the editor in chief of cosmopolitan the 1 young women s magazine in the world and a hugely successful businesswoman in i shouldn t be telling you this she shares her secrets to success a witty wise straight talking career guide for women i shouldn t be telling you this is the perfect book for the current economic climate whether you re just starting out re entering the workforce after maternity leave or simply looking for a career change essential tips and bold

strategies from a gutsy innovator who helped increase cosmo s circulation by half a million copies per month

bestselling author professional speaker and former editor in chief of cosmopolitan kate white shares the nine core principles gutsy women need to go bigger bolder and achieve the full level of success they desire twenty two years ago kate white wrote the bestselling career bible why good girls don t get ahead but gutsy girls do and helped thousands of women push their success to the next level now a new generation of women still eyeing the pay gap and glass ceiling needs its own set of rules for today s modern workplace in the gutsy girl handbook white presents the nine core principles that have guided her career offering dozens of straightforward doable strategies for women in any field and at any stage in their professional lives drawing on original research and sharing new success stories and never before told examples from her time as the editor in chief of cosmo white inspires women to own their excellence break the rules or make their own ask for the money and opportunities they deserve and refuse to apologize for who they are and what they want the gutsy girl handbook is a resource for women who want to build confidence negotiate a great salary and perks manage meetings mansplaining and interruptions and create game changing notice me ideas this all new accessible handbook is a great gift for graduates and a must read for professional women of all levels

mika brzezinski is at war against obesity on morning joe she is often so adamant about improving america s eating habits that some people have dubbed her the food nazi what they don t know is that mika wages a personal fight against unhealthy eating habits every day and in this book she describes her history of food obsession and distorted body image and her lifelong struggle to be thin she believes it s time we all learned to stop blaming ourselves and each other and look at the real culprits the food we eat and our addiction to it mika feels the only way to do this is to break through the walls of silence and shame we ve built around obesity and food obsessions she believes we need to talk openly about how our country became overweight and what we can do to turn the corner and step firmly onto the path of health so mika made a deal with her very close friend diane they would work together on this book and on their personal goals to help diane drop 75 pounds and to break mika s obsession with staying superthin as she did in her bestseller knowing yourvalue mika has packed each chapter with insights from notable people in medicine health business the arts and politics singer jennifer hudson the late writer and director nora ephron tv host gayle king new jersey governor chris christie and many others open up to mika about their own challenges and what works for them when it comes to food and diet it s time we stopped whispering the f word fat the way we used to shun the c word cancer

this book with its trademark brzezinski smarts honesty and courage launches us into a no holds barred conversation with family and friends in schools and kitchens in congress and the food industry to help us all find ways to tackle one of the biggest problems standing between us and a healthier america

career women looking to get ahead will find straight answers and nine proven strategies in this guide from one of the most savvy successful powerful women in american business top magazine executive kate white shares the systematic plan that took her from being a good girl to a gutsy girl

despite real progress women remain rare enough in elite positions of power that their presence still evokes a sense of wonder in through the labyrinth alice eagly and linda carli examine why women s paths to power remain difficult to traverse first eagly and carli prove that the glass ceiling is no longer a useful metaphor and offer seven reasons why they propose the labyrinth as a better image and explain how to navigate through it this important and practical book addresses such critical questions as how far have women actually come as leaders do stereotypes and prejudices still limit women s opportunities do people resist women s leadership more than men s and do organisations create obstacles to women who would be leaders this book s rich analysis is founded on scientific research from psychology economics sociology political science and management the authors ground their conclusions in that research and invoke a wealth of engaging anecdotes and personal accounts to illustrate the practical principles that emerge with excellent leadership in short supply no group organisation or nation can afford to restrict women s access to leadership roles this book evaluates whether such restrictions are present and when they are what we can do to eliminate them

at the heart of the authors analysis is the metaphor they propose to replace the outdated idea of the glass ceiling the labyrinth this new concept better captures the varied challenges that women face as they navigate indirect complex and often discontinuous paths toward leadership book jacket

compiles the best advice from girls life magazine about self esteem

mini plans fairytale weddings but she knows thereare no fairytale marriages the initial magic of herown marriage with shyam

has vanished leaving behind a hunger that she tries to assuage with chocolates she fantasizes about a dream lover but she is over the hill overweight and unconfident the chances of tumbling into a passionate intrigue with a gorgeous man are bleak she thinks or are they for not so far away in mumbai the glamour capital the scion of an erstwhile royal family has decided to wed a bollywood starlet and mini is soon on her way to plan this no budget wedding with the enticing rustom head of the city office handsome sophisticated and every bit the ladies man it doesn't take mini long to decide that if rustom is a skirt chaser she is going to shape up and get into the kind of skirts he likes to chase is rustom the dream lover she has been hunting or is sicko shyam going to drag her back to the drags of their marriage either way the second coming promises to be steamy and full of trouble and hilarity not always at her expense

rajalukshmee debee's novel is about the pleasures and pains of growing up as sensitive as the touch me not plant after which she is named and despite her socially deprived background the brilliant and attractive lajuklata seems to have a promising future before her her early brilliance wins her a scholarship to college but lajuklata's passage to maturity in a little village in east bengal before the partition is fraught with social difficulties the emerging political tensions of caste and religion exert a profound influence on the young girl whose fate appears to be closely interlinked with that of her country the powerful issues of nationalism caste and emerging sexuality are given a treatment that is simple without being simplistic and complex without being made complicated

from a new york times bestselling author the story of a woman battling inner demons and finding love after a life changing accident sabrina lane had a life a home of her own and a career she loved but all of that changed the night she drove her car off a dark road in an accident that left her blind dependent on others and struggling to find herself until bay cameron steps into her world demanding she live again daring her to feel things she no longer believes possible if it weren't for bay's arrogance sabrina might even take his advice if weren't for her belief that no man will ever want her again she might even fall in love set in the romantic seaport city of san francisco the ivory cane is a classic novel about the transformative power of love from janet dailey one of the world's most popular novelists with over 300 million copies of her books in print in nineteen languages

an entertaining and panoramic view of the female half of history

this guide lists approximately 3 500 books recent titles of general interest to the business reader that harvard business school faculty researchers and students consider central to their work revised and updated annually it includes the full bibliographic record for each book and features an appendix of publishers addresses as well as indexes by title author core classics and notable books

new york times bestseller the beloved new york times bestselling guide to inspiring girls to pursue a life of adventure and excitement updated and at last in paperback why should girls miss out on the joy of adventure they can jump off rocks swing on ropes and climb trees just as well as boys can but girls often allow fear to stand in their way in the gutsy girl author caroline paul emboldens girls to seek out a life of exhilaration once a young scaredy cat herself caroline decided that fear got in the way of the life she wanted of excitement confidence self reliance friendship and fun she has since flown planes rafted big rivers climbed tall mountains and fought fires as one of the first female firefighters in san francisco in the gutsy girl she shares her greatest escapades as well as those of other girls and women from throughout history and offers engaging activities such as confidence building stances creating a compass positive self talk and using crickets to estimate outside temperatures each section includes a place for girls to journal their adventures thus encouraging a new generation to develop a zest for challenges and a healthy relationship to risk the gutsy girl is lean in for young girls a book about the glorious things that happen when you unshackle from fear and open up to exhilaration fully illustrated and enlivened throughout by bestselling illustrator wendy macnaughton s whimsical pen and ink drawings

for anyone eager to answer oprahs call to live your best life here is the ultimate all around self discovery book this first annual edition of live your best life a treasury of wisdom wit advice interviews and inspiration from o the oprah magazine pulls together over 100 of the most empowering energizing and entertaining articles from the magazines last two years filled with brilliant advice from experts like dr phil suze orman martha beck and oprah herself the book is divided into three sections your personal best focuses on emotional and physical well beingfrom oprahs own weight loss secrets to ways to gain confidence serenity and balance relationships has the tools and insights everyone needs to form warmer more satisfying connections with those near dear and even not so dear to us and in true oprah style living in the world helps the reader think about how to make her life more meaningful and useful this rich collectible volume is a resource that readers will keep returning to for answers and inspiration

this is a book for all professional women from bosses to those entering the market a number of successful gutsy girls contribute their advice to a strategy that claims to be imaginative practical and above all to work

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