

Hidden Depths The Story Of Hypnosis

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this thought provoking and engagingly written book provides a history of hypnosis that dispels the myths about this long misunderstood topic

hypnosis a brief history crosses disciplinary boundaries to explain current advances and controversies surrounding the use of hypnosis through an exploration of the history of its development examines the social and cultural contexts of the theories development and practice of hypnosis crosses disciplinary boundaries to explain current advances and controversies in hypnosis explores shifting beliefs about the nature of hypnosis investigates references to the apparent power of hypnosis over memory and personal identity

an invitation to observe and learn the therapeutic art of storytelling healing with stories brings together a stellar collection of some of the world's most prominent practitioners taking you inside their thinking and processes for working with metaphors they represent the panorama of metaphor practice in psychotherapy today with considered humorous and compassionate case examples that step you through the intricacies for replicating their work in your own this is a book for family therapists who work with children adults and families as well as for hypnotherapists cognitive behavioral therapists narrative therapists dynamic therapists solution focused therapists and child therapists in fact all therapists who wish to communicate their therapeutic messages with the greatest effectiveness will find this book to be an essential and useful clinical tool contributors include richard kopp julie h linden mikaela j hildebrandt lindsay b fletcher steven c hayes michael d yapko valerie e lewis gregory smit joy nel christine perry joyce c mills rubin battino carol a hicks lankton wendel a ray jana p sutton robert mcneilly roxanna erickson klein angela ebert hasham al musawi teresa garcia sanchez george w burns praise for healing with stories george burns has done an expert job of compiling a definitive work that demystifies the ever versatile metaphor whether you are a novice or an expert clinician you will find a treasury of story interventions along with the inside scoop on how each was created and applied to bring success in nineteen unforgettable case chapters better yet you'll be able to create your own healing metaphors thanks to the expert guidance of a wide range of talented storytellers don't miss out on this one maggie phillips phd author of finding the energy to heal and coauthor of healing the divided self if you want to be inspired entertained and enlightened healing with stories is the book to read george burns a master storyteller has assembled a creative diverse group of clinicians to share their ideas about how metaphor can be used with a variety of problems and clients the result is a fascinating array of insights into metaphor's role in the healing process richard g whiteside msw author of becoming dragon

offers examples of using hypnosis with children to address physical and mental challenges changing children s lives with hypnosis is a timely collection of patients healing experiences the story of how these events changed one physician s approach to medicine and the takeaway information parents and practitioners should consider as they deal with medical and psychological challenges in their children s and patients lives every year millions of pediatric patients could benefit from hypnosis therapy to deal with and alleviate physical and psychological symptoms big and small the benefits of hypnosis facilitated therapy range from complete cures to small improvements they extend beyond the physical and into the psychological and spiritual building confidence positivity and resilience they include the empowerment of children with chronic health issues to feel more in control of their own minds bodies and circumstances they sometimes lead to the reduction or even elimination of medications hypnosis is painless non invasive and cost effective it doesn t preclude any other treatment and drawbacks are virtually nonexistent in a world where the doctor s primary role has become more and more one of a technician pinpoint a problem prescribe a solution and move to the next patient hypnosis brings connection and art back into the process it relies on a relationship between practitioner and patient encourages creativity and expression and allows patients to take ownership of their experience with the support and encouragement of their doctors children deserve the opportunity to receive gentle thoughtful empowering and effective treatment in whatever form it s available hypnosis therapy offers all of those things and it s time for patients parents and medical practitioners to embrace it even to demand it through meaningful stories and expert explanation this book takes readers through the process of hypnosis for children and its myriad benefits for overall wellness

despite more than two centuries of having tacitly recognized its enormous potential utility the phenomenon of hypnosis has always been commonly regarded with outright fear and loathing how is it possible that something as beneficial to humanity as hypnosis ever came to be viewed in such a horrible manner i intend to show that the history of hypnotism provides us with the clue to this unfortunate legacy and i ve neither spared anyone s feelings nor pulled any punches in this quest to reveal the shamefully appalling level of incompetence and ignorance that has characterized the mis use of this phenomenon since its discovery by mesmer more than two hundred years ago

dr franz polgar april 18 1900 june 1979 was a renowned psychologist hypnotist lecturer and entertainer born in city of enying hungary he earned a phd in psychology from the university of budapest in his 1951 autobiography polgar claimed that he had served as sigmund freud s medical hypnotist polgar s term in 1924 and had worked in close association with freud for six months and had assisted in the treatment of freud s patients he immigrated to the united states in 1935 and honed his hypnotism skills by working in speakeasy bars in new york city he married his wife lillian in 1938 and she became his booking and publications manager they had two children julian and risa

this is a new release of the original 1959 edition

past life awakening contains seven in depth case studies of real spiritual regressions that cover hypnotherapy past life regression between lives regression and spirit releasement therapy including earthbound spirits dark entities and ets these cases illustrate how spiritual therapy is done from the initial context of the issues to the enlightening stories that clients discover in hypnosis about the root causes in past lives in other dimensions and with entities the seven spiritual laws reveal how to get effective therapeutic resolutions and the ultimate messages from the sessions so that they help both healers improve their practices and people along the path of spiritual awakening

vols for 1939 include the transactions of the 15th annual meetings of the american association of the history of medicine 1939

this book explores the improbable rise of medical hypnotism in victorian britain and its subsequent assimilation and neglect it follows the careers of the new hypnotists charles lloyd tuckey john milne bramwell george kingsbury and robert felkin this loosely knit group all trained with the suggestion school of nancy and published books on hypnotism they had to confront the many public and medical prejudices against the trance state which had persisted after the scandalous disgrace of john elliotson and medical mesmerism fifty years before hypnotism was a highly contested technology and in the 1890s the debates about safety and utility were fought in the national newspapers as well as the medical journals the new hypnotists took on the might of the medical institutions personified by ernest hart editor of the british medical journal however their timing was propitious as the rise of faith

healing forced the medical profession to confront the non physical therapeutic aspects of the doctor patient relationship the hypnotic discourse was shaped by these developments but also by the fascination of the general public novelists occultists psychic investigators educationalists and spiritualists in the myriad possibilities of the trance state despite growing interest in the prehistory of british psychology and talking therapies and the recent challenges to the primacy of freudian histories there are few accounts of the development of british eclectic therapy this book uses the new hypnotists as a lens to examine victorian medicine and society exploring their role in establishing the term psychotherapy and legitimising medical hypnotism a precursor of psychological therapies

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