

Health Basics Donatelle 10th Edition

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this is a class test edition please contact melanie craig to sample

efficient and flexible reading teaches readers how to vary their approach to written texts based on the material and their purpose for reading in addition to instruction in literal and critical comprehension skills vocabulary and study skills efficient and flexible reading teaches readers how to identify text structures and thought patterns for more efficient learning emphasizing reading as an active thinking process the text presents systems for monitoring concentration comprehension and recall encouraging students to assess the reading assignment and to select the appropriate strategy to suit the situation the seventh edition expands coverage of the most crucial skills in both basic reading comprehension and higher level critical reading main ideas patterns of organization transitions and critical analysis for those who want to improve basic reading skills

guide to college reading focuses on the key areas of reading comprehension vocabulary improvement and textbook reading critical thinking and metacognition are hallmarks of the mcwhorter series critical thinking is incorporated throughout the book in instruction exercises and readings metacognitive activities include teaching readers how to evaluate their own learning styles to increase their ability to read college level material successfully exercises that ask readers to respond by writing sentences and paragraphs after reading help make the critical connection between these two activities numerous diagrams and drawings help readers visualize how reading material can be organized high interest photographs and artwork appeal to the visual learner chapter ending readings give immediate practice for chapter skills and aid in transferring these skills to actual reading situations learning style tips reinforce material introduced earlier throughout the book and teach readers how to apply knowledge of their individual learning styles to learn new skills for those interested in developing their reading skills at the 6th 9th grade level

a version of access to health this text emphasizes the essential health information necessary to develop a comprehensive understanding of health promotion and disease prevention the book is presented from a behavioural management perspective providing readers with practical health information

reading across the disciplines has been a popular textbook with instructors whose students do not require an abundance of skill instruction and who teach college reading through the use of readings from across the disciplines to prepare students for the

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