

# Healing Ancestral Karma Free Yourself From Unhealthy Family Patterns

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Theosophical Siftings  
A Guide to Theosophy, Containing  
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The Theosophist  
The Lamp  
A guide to theosophy, publ. by T. Tatya  
The Theosophic  
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Light on the Path  
The Divine Life  
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Man  
Theosophical Quarterly  
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The Meeting of Science and  
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Preliminary Contributions to Comparative Studies and  
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Swami Sivananda  
Saraswati (Devi)*

uncover your family s past and create a better future has your family gone through the same trials and tribulations generation after generation do you feel fated to continue that trend if so it s possible you ve inherited the karma of your family members the good news is that you can break the cycle renowned author soul healer and shamanic practitioner dr steven farmer shows you how to not only free yourself from negative cycles of the past but also access the ancient wisdom of your ancestors in healing ancestral karma you ll learn how to make contact with your ancestors heal hereditary traits and characteristics that have compromised your physical emotional and mental health incorporate your ancestors wisdom into your spiritual path clear karmic baggage

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