

# Handbook Of Hypnotic Suggestions And Metaphors Free

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designed as a practical desktop reference this official publication of the american society of clinical hypnosis is the largest collection of hypnotic suggestions and metaphors ever compiled it provides a look at what experienced clinicians actually say to their patients during hypnotic work a book to be savored and referred to time and again this handbook will become a dog eared resource for the clinician using hypnosis

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this text presents a new approach to the use of hypnotic suggestion for years hypnotherapists have used scripts which are aimed at a particular problem like smoking or weight loss rather than aiming at the client who smokes or has weight issues trevor silvester suggests that it is not the problem that is the problem it s the client s unique relationship with the problem that s the problem the book aims to free you from the constraints of scripts and enable you to use your creative skill to weave subtle spells that empower your clients by changing their model of reality it presents the science behind suggestion and the means of using that science to create magical ways of influencing others

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