

# Growing Beyond Survival A Self Help Toolkit For Managing Traumatic Stress

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we are all persons or selves but what exactly does it mean that we possess an identity and autonomy as persons or selves this book explores the related problems of self identity and personal autonomy within the framework of contemporary analytical anthropology a blend of analytical philosophy of mind and action with moral psychology cuypers critically examines the empiricist bundle theory and metaphysical ego theory of self identity as well as the hierarchical frankfurt dworkin model of personal autonomy arguing that all these standard views are found wanting cuypers then offers an alternative personalist theory of personal identity plus an innovative moderately heteronomous theory of autonomy without ever going beyond the analytical frame of reference in critical discussion with analytical philosophers such as derek parfit john perry and harry frankfurt this book develops an original perspective on the nature of persons or selves that is orthogonal to the received views in analytical anthropology

although the last half of the twentieth century has been called the age of democracy the twenty first has already demonstrated the fragility of its apparent triumph as the dominant form of government throughout the world reassessing the fate of democracy for our time distinguished political theorist ralph ketcham traces the evolution of this idea over the course of four hundred years he traces democracy's bumpy ride in a book that is both an exercise in the history of ideas and an explication of democratic theory ketcham examines the rationales for democratic government identifies the fault lines that separate democracy from good government and suggests ways to

strengthen it in order to meet future challenges drawing on an encyclopedic command of history and politics he examines the rationales that have been offered for democratic government over the course of four manifestations of modernity that he identifies in the western and east asian world since 1600 ketcham first considers the fundamental axioms established by theorists of the enlightenment bacon locke jefferson and reflected in america s founding then moves on to the mostly post darwinian critiques by bentham veblen dewey and others that produced theories of the liberal corporate state he explains late nineteenth century asian responses to democracy as the third manifestation grounded in confucian respect for communal and hierarchical norms followed by late twentieth century postmodernist thought that views democratic states as oppressive and seeks to empower marginalized groups ketcham critiques the first second and fourth modernity rationales for democracy and suggests that the asian approach may represent a reconciliation of ancient wisdom and modern science better suited to today s world he advocates a reorientation of democracy that de emphasizes group or identity politics and restores the wholeness of the civic community proposing a return to the jeffersonian universalism that which informed the founding of the united states if democracy is to flourish in a fifth manifestation the idea of democracy in the modern era is an erudite interdisciplinary work of great breadth and complexity that looks to the past in order to reframe the future with its global overview and comparative insights it will stimulate discussion of how democracy can survive and thrive in the coming era

the changes in the lives of women using social services and women working in them are sensitively charted in this text with the aim of reflecting on how non sexist women centred practice can be nurtured and developed

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