

# Geldard And Geldard Counselling

Counselling Children Counselling Adolescents Relationship Counselling for Children, Young People and Families Counselling Adolescents The Discourse of Child Counselling PERSONAL COUNSELING SKILLS Counselling Children The SAGE Handbook of Counselling and Psychotherapy Basic Personal Counselling The Handbook of Counselling Children & Young People Practical Counselling Skills Basic Personal Counselling Basic Personal Counselling Canadian Journal of Counselling Counselling Adolescents Counselling Skills in Everyday Life Basic Personal Counselling Adolescent adjustment problems and school counselling services as perceived by adolescents, educators and parents Counselling Skills for Social Work Integration of Islamic Values in Counselling Kathryn Geldard Kathryn Geldard Kathryn Geldard Kathryn Geldard Ian Hutchby Kathryn Geldard Kathryn Geldard Colin Feltham David Geldard Maggie Robson Kathryn & David Geldard David Geldard David Geldard Kathryn Geldard Kathryn & David Geldard David Geldard Jagjiwan Kaur Lisa Miller Salhah Abdullah

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counseling children is a highly acclaimed introductory guide to counseling children and to the practical issues of communicating with children in a counselling context in this second edition kathryn geldard and david geldard relate the theory and practice of counseling children in a highly accessible practical and jargon free style

this is the definitive guide to counselling adolescents now in its fourth edition this bestseller has introduced thousands of trainees and practitioners to the theory principals skills and techniques of proactively counselling this client group new to the fourth edition a new chapter on the contemporary context of adolescence exploring the challenges opportunities and influences facing young people today a new chapter on the use of technology when counselling young people useful links to relevant online resources at the end of each chapter updates to all chapters reflecting more recent understanding research and literature additional case studies to help trainees apply theory and strategies to practice a multi disciplinary book which recognises that a diversity of needs requires a diversity of approaches and skills it uses case studies and examples to demonstrate this in a variety of settings it is essential reading for trainees and practitioners in counselling social work the allied health professions and education

this book is a practical skills based introduction to relationship counseling it covers couple counseling for parents whole family counseling and counseling for children and young people with regard to their relationships with siblings peers and parents kathryn and david geldard present an integrative model of relationship counseling which combines skills and strategies from a number of approaches their practical guide integrates individual and subgroup counseling with whole family counseling providing much needed material on methods and approaches for communicating with children and young people

when it comes to working with adolescents in a therapeutic setting counsellors are divided some work exclusively with adolescents in a successful and fulfilling way however others find it difficult to work with them in this new edition of counselling adolescents kathryn and david geldard provide a practical introduction to the principles and practices required for successful counselling to show that working with adolescents can be both challenging and effective

this book is an empirical study of naturally occurring interaction between child counselling professionals and young children experiencing parental separation or divorce based on tape recordings of the work of a london child counselling practice it offers the reader a unique and sustained look inside the child counselling consultation room at the talk that occurs there the book uses conversation analysis against a backdrop of sociological work in childhood and family studies to situate the discourse of child counselling at an interface between the increasing incitement to communicate in modern society the growing recognition of children s social competence and agency and the enablements and constraints of institutional forms of discourse participation chapters include overviews of recent developments in the sociology of childhood and the sociolinguistics of children s talk conversation analysis and institutional discourse and detailed empirical studies of the linguistic techniques by which counsellors draw out children s concerns about family trauma and the means by which children through talking and avoiding talking either cooperate in or resist their therapeutic subjectification this book will be of interest to readers in counselling psychology and practitioners of child counselling to researchers and advanced students in social psychology sociology and sociolinguistics and to others interested in childhood and family studies interactionism qualitative methodology and conversation analysis

this revised first edition is a comprehensive easy to read introduction to personal counseling written for professional and volunteer counselors and those who train them a major new addition to the book making it particularly attractive to those who train counselors is the inclusion of training group exercises for all skills chapters after reading a particular chapter the exercises relating to that chapter in part vi of the book can be used by trainers to greatly enhance the learning process these exercises have been found to be popular with both students and those teaching them the chapters describing basic and more advanced counseling skills are arranged in a sequence that is particularly suitable when teaching student counselors to learn and practice using these skills for the first time the authors adopt an integrative approach that allows the reader to learn understand and use skills taken from major counseling approaches and to integrate these into a sequential process that maximizes the possibility of facilitating change in clients of considerable value for new counselors are those sections of the book that describe the fundamental principles of the counseling relationship and explain the theories of change applicable to the various approaches to counseling unique features include a highly practical integrative approach discussion of the specific skills required for success practical suggestions on ways to learn and develop new skills an

understanding of the role of a counselor s supervisor information on practical issues such as keeping records arrangement of the counseling room and ways to look after yourself as a counselor plus practical information on issues of confidentiality and professional ethics the text will serve as a valuable resource for workers in a wide variety of helping professions where counseling skills are useful such as psychology social work welfare work medicine nursing human services and education

the definitive guide to the skills techniques and concepts used when working with children experiencing emotional challenges it covers all you need to know about the child counsellor relationship practice frameworks for working effectively play therapy and the use of different media and activities building self esteem and social skills through the use of worksheets the concepts of wellbeing and resilience new to this edition technology its influence on children and ways it can be used in counselling counselling in a post pandemic world and the role of remote counselling and telehealth more discussion of issues of diversity difference intersectionality implicit bias and an inclusive practice updated case studies to affirm diversity and represent wider populace expanded and updated end of chapter further resources updated conclusion with reflections on the pandemic greater focus on inclusive practice and how spicc model can be applied across various social cultural groups online resources include digital picture books worksheets and a list of further reading to support your professional practice and help you extend your learning this highly practical guide is a vital resource for counsellors psychologists social workers occupational therapists nurses and teachers working or training to work with children

electronic inspection copy available for instructors here at about 700 pages and with contributions from more than 100 authors the editors have shown considerable skill not to mention application in sculpting a text that is economically delivered and lucid in its writing dave mearns professor emeritus university of strathclyde glasgow the field of counselling and psychotherapy moves on but the sage handbook of counselling and psychotherapy keeps up professor sue wheeler director of the doctoral programme institute of lifelong learning university of leicester this book is the definitive text on the theory and practice of counselling and psychotherapy the editors are to be commended professor robert bor cpsychol fbppss csci ukcp reg fraes lead consultant clinical counselling health psychologist royal free hospital and co director dynamic change consultants dccclinical com the what s what from the who s who in counselling in psychotherapy professor del loewenthal rcte university of roehampton this long awaited

third edition brings together the fundamentals of counselling and psychotherapy theory research skills and practice it addresses what every successful trainee or practitioner needs to know do think feel and use in a way that is entirely comprehensive accessible and jargon free including new material on interpersonal psychotherapy cognitive analytic therapy pluralistic therapy and mindfulness as well as body psychotherapy hypnotherapy asperger syndrome adhd and low self esteem this book continues to be essential reading for trainees or experienced practitioners alike colin feltham is emeritus professor of critical counselling studies sheffield hallam university fellow of the british association for counselling and psychotherapy bacp senior registered practitioner and former co editor of the british journal for guidance and counselling ian horton is now retired and was principal lecturer in counselling and psychotherapy at university of east london chair of the ukrc executive a bacp accredited counsellor and ukrc registered independent counsellor he is a fellow of the bacp

expert authors from a wide range of backgrounds bring together the fundamentals of counselling practice with children and young people in this landmark handbook it covers all your students need to know about theory and practice approaches the counselling process and practice issues and settings this second edition is updated with the latest developments and research in an ever changing field and includes new content on diversity and difference mental illness safeguarding and risk assessment child and young people s development attachment theory and application each chapter includes a chapter introduction and summary reflective questions and activities helping trainees to cement their learning with chapters contributed by leading specialists and academics in the field this book is essential reading for trainees and practitioners working with children and young people

this is a comprehensive course text for training new counsellors in basic and more advanced counselling micro skills which come from a number of therapeutic approaches the book enables new trainees to learn how to make informed choices about the type of skill to use and how to integrate it within a sequential counselling process it discusses practical issues including ethics and culture record keeping supervision and the counselling environment and offers explanation of the therapeutic approaches related to particular micro skills and the ways to best combine them to facilitate change and provide effective practice this accessible introduction to counselling skills is essential reading for teachers and trainees alike an excellent course text for training new counsellors from a number of theoretical approaches

basic personal counselling is an easy to read introduction to counselling skills for both professional and volunteer counsellors and workers in the helping professions fully up to date and reflecting current best practice this australian text introduces counselling skills in a logical sequence and provides practical examples of the skills in action shows how combining counselling skills using an integrative approach can produce change discusses the processes of change involved in counseling provides approaches for counselling people with specific problems such as anger depression grief or suicidal ideation and discusses professional issues including confidentiality ethics record keeping arrangement of a counselling room the need to care for yourself and the importance and use of supervision

basic personal counselling bpc is an easy to read introduction to counselling skills for both professional and volunteer counsellors and workers in the helping professions this ninth edition of basic personal counselling includes new content on self care and the use of technology in counselling as well as examples of counselling skills in practice it encourages you to find ways of testing out your assumptions and discover if there is more that you could do or learn to improve and develop in your chosen career journaling video recording with playback and reflecting team supervision are explained as opportunities to process and monitor your practice along with easy to use templates to record your progress

this practical book has been specifically designed for students and professionals working with emotionally disturbed adolescents it introduces the specific issues associated with counselling adolescents and describes how traditional counselling skills can be enhanced by the use of pro active processes for more effective use with this client group kathryn and david geldard describe the nature of adolescence explore adolescents counselling needs giving an account of the pro active approach to counselling they developed for use with this client group and describe the use of widely accepted counselling skills which enable the adolescent to arrive at strategies for addressing specific issues the final part contains case

most of us find ourselves listening to other people s problems at some time or another either our friends or in the course of our work patients pupils clients colleagues this book written clearly in user friendly language takes the reader step by step through a range of skills to help them become a better listener communicator and helper in their everyday lives progressing from inviting the person to talk to ending a helping conversation using plenty of examples tips exercises and sample conversations the authors show how the skills described can be easily learned and can fit comfortably

into everyday life this book is essential reading for everyone interested in improving their communication and helping skills as well as those students taking introductory courses in counselling and counselling skills katheryn geldard is a child and family therapist and a visiting lecturer at the queensland university of technology australia david geldard is a counselling psychologist together they are the authors of several books on counselling they jointly manage a counselling practice where they specialise in working with children adolescents and their families they also run training programmes for helping professionals who wish to enhance their counselling skills

this introduction to personal counselling for professional and volunteer counsellors and those who train them covers the specific skills required and includes examples of dialogue to show how counselling skills are implemented in real situations

master s thesis from the year 2008 in the subject sociology children and youth grade a panjab university government home science college chandigarh india course masters in child development language english abstract the present study was designed to investigate adolescent adjustment problems and school counselling services as perceived by adolescents educators and parents the objectives of the study were 1 to gain an insight into perception of adolescents educators and parents regarding adjustment problems of adolescents in various domains 2 to gauge the views of educators parents and adolescents regarding need and importance of counselling services in schools 3 to understand the views of educators parents and adolescents related to various aspects of implementation of school counselling services the results obtained from both the responses on the student problem checklist and on the questionnaires indicated similar perception of adjustment problems the study revealed that school going adolescents perceived low adjustment in the domains of studies occupation and health all the respondents emphasized on the need of counselling for the school going adolescents however very few had actually approached any professional ever for counselling and were not very clear about the role of counselors in schools the results also revealed that adolescents and parents preferred approaching teachers rather than the professional counselors for help the teachers perceived themselves as able and as competent as the counselors in handling adolescent problems although at times they reported having difficulty in dealing with certain specific problems the results highlighted the need to orient and educate the adolescents teachers and parents on the need for counselling regular in service training and workshops were asked for by the teachers to develop and enhance

their counselling skills

focusing on eight principle therapeutic models of counselling skills this text illustrates how the underlying theories can be applied to professional social work practice

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