

Fra Psykiatri Til Psykisk Helsearbeid

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Henry Havin

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awarded second place in the 2017 ajn book of the year awards in psychiatric and
mental health nursing i welcome at long last a book on global mental health targeted
to nurses the front line health worker for billions of people around the world the
roles that nurses can and should play in mental health care are diverse and this book

addresses both well trod as well as emerging concerns across the continuum of care from promotion to prevention to treatment importantly at the heart of this diversity is the foundation of compassion and care the hallmark of the nursing profession vikram patel professor of international mental health and wellcome trust principal research fellow in clinical science centre for global mental health london school of hygiene and tropical medicine uk psychiatric disorders have consistently been identified as serious and significant global burdens of disease yet meeting the needs of people in mental distress has not often been a priority in health care this important reference work sets out the knowledge base for understanding the state of mental health care globally and translating that into effective practice the handbook provides a historical and contemporary context of mental health care identifies and discusses evidence based standards of care and strategies for mental health promotion and explores the need to deliver care from interdisciplinary and community based models placing these imperatives within a human rights and empowerment framework it is made up of four core sections which look at key and emerging issues that affect global mental health practice and research including the social context of health evidence based health promotion strategies for major areas of practice internationally a range of country studies reflecting different problems and approaches to mental health and mental health care internationally and what constitutes empowering practice the only comprehensive work looking at global perspectives on mental health nursing this is an invaluable reference for all students academics and professionals involved in mental health research with an interest in global or cross cultural issues

this book can help people with mental health issues to survive and return to a normal life citizens believe and the science shows that medications for depression and psychosis and admission to a psychiatric ward are more often harmful than beneficial yet most patients take psychiatric drugs for years doctors have made hundreds of millions of patients dependent on psychiatric drugs without knowing how to help them taper off the drugs safely which can be very difficult the book explains in detail how harmful psychiatric drugs are and gives detailed advice about how to come off them you will learn why you should not see a psychiatrist if you have a mental health issue that psychiatric drugs are addictive that the biggest lie in psychiatry is the one about a chemical imbalance being the cause of psychiatric disorders that psychiatric diagnoses are unscientific and that doctors disagree widely when making diagnoses that psychiatric drugs can lead to permanent brain damage that psychiatric drugs should never be stopped abruptly because withdrawal reactions can be dangerous why psychotherapy and other psychosocial interventions should be preferred over

drugs why you should generally not believe what doctors tell you about psychiatric disorders and their treatment why volunteers have found the book so important that they have translated it into french portuguese and spanish peter gøtzsche has written a very personal account of his battle to get the institution of psychiatry to accept that its drugs are not the magic pills they are made out to be every medical practitioner who prescribes them and every person who takes them should read this book and be warned niall mclaren author of anxiety the inside story peter gøtzsche s new book meets patients need to get tools on how to deal with psychoactive drugs and above all not to start them gøtzsche is very clear about the role of gps in medicalizing grief misfortune opposition and bad luck in this he finds the american emeritus professor of psychiatry and chairman of the dsm iii committee allen frances at his side both gøtzsche and frances have repeatedly stated that psychoactive drugs should not be prescribed by gps because they lack experience in their use and above all unhappiness grief and bad luck are not signs of brain disorders they belong to daily life additionally gøtzsche reveals that most psychoactive drugs do not work they might only achieve statistically significant differences compared to placebo but that s not what patients need dick bijl former gp epidemiologist and current president of the international society of drug bulletins peter c gøtzsche wrote this book to help people with mental health problems survive and return to a normal life his book explains in detail how psychiatric drugs are harmful and people are told how they can safely withdraw from them it also advises on how people with mental health problems can avoid making a career as a psychiatric patient and losing 10 or 15 years of their life to psychiatry you will find precious material to help plan and accompany this process of liberation from psychiatry fernando freitas phd psychologist full professor and researcher at the national school of public health ensp fiocruz co editor of mad in brazil in this work addressed to people affected by the risk of being caught in the system of attention to mental health issues dr gøtzsche succinctly exposes without beating about the bush the damage caused by psychiatric medications demonstrates that their widespread use is not based on evidence which is mainly driven by commercial pressures that have nothing to do with the recovery of patients and present safe ways to dispose of them always gradually and under supervision of trustworthy people to minimize the syndrome of abstinence and successfully overcome all the difficulties that the process involves enric garcía torrents writing for mad in spain learn more at scientificfreedom.dk from the institute for scientific freedom

the primary objective of this book is to provide comprehensive descriptions and make comparative evaluations of each of the mental health systems of four western

industrialized countries the countries selected illustrate a continuum from a highly centralized and publicly financed national health service in great britain to a predominantly decentralized and more privately financed market of mental health services in the united states in between these two contrasting types are examples of national health services and insurance programs in norway and canada contributing experts from each country begin their chapters with an overview of the geographic demographic political economic and cultural contexts in which their mental health systems are situated thereafter they a present national data to estimate the need for mental health services b describe national mental health policies and programs designed to meet their population s need c indicate how mental health services are organized and delivered and d discuss how their system is financed and provided resources a common chapter outline facilitates comparisons among all four systems on relevant evaluation criteria a access and equity b quality and efficacy c cost and efficiency d financing and fairness e protection and participation and f population relevance in the final section of each chapter the authors provide recommendations for improved performance of their mental health system in the initial chapter the editor provides an overview introduces the four countries selected and defines the evaluation criteria applied by all contributing authors the final two chapters address convergence and divergence among the four systems and provide recommendations for improvement and for future comparative studies the intended audience includes mental health policymakers program administrators and managers teachers of graduate level courses relat

the wasp textbook on social psychiatry aims to review the history and current state of the field of social psychiatry with topics ranging from adolescence to aging gender immigrant and other displaced statuses religion and more this ambitious book tackles the wide spectrum of social factors that impact an individual s mental health

mental ill health affects millions of people and drives economic costs of more than 4 of gdp a good mental health system helps people stay in good mental health and connects those in need to appropriate support to manage their mental health condition or even fully recover from it

first multi year cumulation covers six years 1965 70

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