

Essentials Of Understanding Abnormal Behavior

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now in its second edition this comprehensive book explores developmental psychopathology as a means for understanding and treating abnormal behavior in children it covers the strengths and healthy outcomes as a means for designing effective therapies to

help children and families while also focusing on prevention as a cornerstone of managing child behavior special attention is also given to issues of diversity inclusion and understanding

this comprehensive textbook presents a thorough understanding of abnormal psychology with a focus on the integration of psychology biology and health and is supported by interactive learning features for undergraduate students

this textbook provides a highly readable account of the current state of knowledge of the origins and nature of many psychological disorders

addresses two primary questions what causes psychopathology and which treatments are most effective in preventing or reducing psychological suffering uses four paradigms or points of view to study abnormal psychology biological psychoanalytic learning and cognitive also uses the humanistic and existential paradigm when therapy is at issue new to this edition an account of dsm iv the impact of cultural diversity on the categorization etiology and therapeutics of diverse disorders such as posttraumatic stress eating and borderline personality includes case studies full color line and photographic illustrations

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for courses in abnormal psychology and psychopathology a mainstream text with a contemporary twist this introduction to abnormal psychology is designed to make the material more accessible and inviting to a new generation of students in a changing world it offers a fully integrated approach that interweaves diversity issues theoretical perspectives research and multimedia content throughout students gain insight into their own attitudes and behavior patterns through carefully selected questionnaires

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