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the most authentic source of information on higher education in india the handbook of universities deemed universities colleges private universities and prominent educational research institutions provides much needed information on degree and diploma awarding universities and institutions of national importance that impart general technical and professional education in india although another directory of similar nature is available in the market the distinct feature of the present handbook that makes it one of its kind is that it also includes entries and details of the private universities functioning across the country in this handbook the universities have been listed in an alphabetical order this facilitates easy location of their names in addition to the brief history of these universities the present handbook provides the names of their vice chancellor

professors and readers as well as their faculties and departments it also acquaints the readers with the various courses of studies offered by each university it is hoped that the handbook in its present form will prove immensely helpful to the aspiring students in choosing the best educational institution for their career enhancement in addition it will also prove very useful for the publishers in mailing their publicity materials even the suppliers of equipment and services required by these educational institutions will find it highly valuable

this book brings concepts practices of ayurveda and its interface with modern health care set up in delhi india it presents a new conceptual framework in studying public health in india offers policy recommendations and outlines the challenges of mainstreaming of alternative medical systems in india drawing on a wealth of primary data that looks at the social profile of patients gender disease profile of patients prescriptions average cost per prescription and kinds of medicines prescribed the monograph explores patterns of health behaviour through the perceptions of doctors and patients administrators and their negotiations with the bureaucratic health structure it analyses the power and structures between practitioners of modern medicine and ayurvedic doctors and the issues of cross referral and formal and informal levels of interaction network between the two medical systems engaging with current debates around public health in india the volume will be of interest to scholars and researchers of public health and sociology of health and medicine public policy and public administration and south asian studies

holistic healing the principles and practices of ayurvedic medicine is an informative guide that spans the breadth of ayurvedic knowledge from its origins to its potential future in modern healthcare structured into ten thoughtfully organized chapters the book begins by exploring the historical roots and core tenets of ayurveda including the tridosha theory which emphasizes the balance of vata pitta and kapha doshas in maintaining health subsequent chapters introduce diagnostic techniques such as pulse analysis prakriti assessment and the concept of vikriti before delving into daily and seasonal lifestyle practices chapters on diet and herbal medicine shed light on foods and remedies tailored to individual constitutions while the chapter on

panchakarma details the profound detoxification process integral to ayurvedic healing mental well being is addressed through ayurvedic approaches to emotional balance and mindfulness practices demonstrating the system s relevance in today s stress filled world the book concludes by examining ayurveda s integration with conventional medicine highlighting its role in treating chronic ailments and considering its place in global healthcare holistic healing serves as an accessible and enriching resource for anyone eager to explore the vast potential of ayurveda as a path to sustainable health and wellness

there are many reasons which made us to work on writing this type of book which we feel is going to help many of the individuals who are keenly interested to know the health benefits of spices and other foods but due to lack of knowledge they are unable to use these food stuffs as medicine to treat their minor problems due to nuclear families and fast life the knowledge of healing the ailment from home is reducing everyone is ready to use readymade pop up pills from the market to treat their problem even knowing that they may get some bad effects secondly many of our patients are staying abroad and for them providing herbal medicines instantly is not possible we try to help them by providing such kind of remedies which help them till they reach their nearby health care professional or our herbal medicines reach them dr jaskirat kaur dr ritesh chawla

a unique experiment by the author through a fictional story parallelly suggests an essential review required in the constitution of india to bring in positive changes in the interest of the world today s argument of judiciary legislature and executive is that they are one of the three pillars or arm or wing of government i e constitution are ordinarily unquestionable a number of instances where thrimoorthis so called professionals would be better understood by the common man through the three wise monkeys of mahatma gandhi being dumb deaf and blind in other words see no justice hear no complaints of citizens and speak no regulations executives don t want to speak legislators don t want to see and judiciary doesn t want to hear inclusiveness can happen if the present three pillars of the constitution are revisited and find scope to incorporate other important aspects of life seven pillars namely legislative judiciary executive health security education and agriculture required to be given adequate representation while revising the constitution to encourage the participation of the common man in

addition the fictional story of a family brings out human values of compassion devotion and service to society by guiding readers to find an answer to the purpose of life the greatness of proposed revision is in the spirit and the intention of creating world leaders for the safety of mankind surgeon captain anand retd contribution from advaysvaraprema and family members

includes reports of the high court patna privy council and the federal court

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