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explains the synergistic process of communicating with a plant and how the plants help us overcome anxiety grief fears and limiting beliefs and teach us to trust forgive and embrace self love shares teachings from a variety of plants such as yarrow mugwort maple dandelion poison ivy and japanese hops presents step by step activities and practices that allow you to actualize each plant s teaching in an immediate way everyone has the ability to consciously communicate with plants jen frey shows that if we are willing to listen we can hear the plants speak to our hearts and teach us how to heal with the support of our plant allies we can be our truest selves and remember our intrinsic wholeness in this step by step guide frey shows how to awaken your ability to directly receive the unique wisdom and healing gifts of plants she describes how communicating with plants is more like a communion than an exchange of words the primary language we share with plants is through the heart and plant communication brings an expansion of heart intelligence and emotional growth she explains how the plants help us overcome anxiety grief fears and limiting beliefs and teach us to trust forgive embrace self love and enjoy the sweetness of life sharing teachings she has received from a variety of plants such as yarrow mugwort maple dandelion poison ivy and japanese hops frey follows each plant ally s wisdom with a step by step activity or practice she includes both native and invasive plants because all plant spirits have

valuable lessons to share she concludes with tulsi showing how this plant is essential to helping us recover our sacred nature especially in a time of great earth changes with the wisdom of plant spirits we can have support and guidance whenever we need it and live in co creative partnership with nature

this book serves as an insider s guide to careers in academic medicine the author shares his 45 years of experience as a clinician teacher researcher and administrator his journey has often taken unpredictable turns and the book offers practical guidance to becoming a successful physician scientist in academic medicine or to become a successful clinician affiliated with an academic medical center divided into four parts the book begins by focusing on academic medicine as a complex system this is followed by parts on academic duties academic life and concludes with words of wisdom these sections and subsequent chapters are tied together by the scholarships of discovery teaching application and integration to pursue research practice teaching and administration scholarship should be the core value of every physician

in ancient times only the wisest were trusted with medical knowledge for it bears power over life and death the remedies and methods of those seers may have been abandoned by modern civilization but they have been preserved and retain their power throughout all of our most sacred traditions it is known that nature is the source for all genuine medicine the teachings of hippocrates paracelsus galen tibetan tantras and others all agree that a properly prepared individual can use nature to cure any illness samael aun weor lived in close contact with the mysterious natives of the sierra nevada of south america who have been in self imposed isolation from the rest of the world for hundreds of years the priests and doctors of that region taught him and his wife litelantes their system of training and many of their healing methods revealed here to the public for the first time perhaps most astonishing is that the philosophy and spiritual concepts are fundamentally the same as the ancient knowledge of the greeks tibetans

hindus and others this collection of hundreds of techniques and practices will guide you to awaken consciousness perform healing for yourself and others and return to the core medical knowledge of the ages do not undervalue these remedies because of the modest way in which they are presented or because of their simplicity the author has tested in various cases all of the formulae and works of practical magic contained in this book remember that this is not a game for children but a work for mature individuals i samael aun weor give testimony of my work

a doctor should be a clown at heart a scientist at brain and a mother at conscience abhijit naskar this is not just a name it s an idea an idea of self realization an idea of a healthy humanity an idea of one humanity and that idea rises through this book once again to extend the flow of practical philosophy of life to all practitioners of medicine this is a humanitarian guidebook of the true philosophy ethics and purpose of medical practice for all doctors and would be doctors to understand themselves and their patients better naskar the humanitarian neuroscientist lends a hand to the bold and life saving individuals known as doctors in their practice of medicine so that they could in the truest sense of the term save lives and not just treat sick bodies

ancient health guides presents a fascinating exploration of historical medical wisdom and its enduring relevance to modern wellness practices drawing from extensively translated original texts including the hippocratic corpus and ayurvedic manuscripts this comprehensive work reveals how ancient healing principles continue to inform and complement contemporary healthcare approaches particularly in preventive medicine and lifestyle management the book masterfully weaves together three main themes universal preventive medicine principles found across classical civilizations the historical understanding of body mind connections and practical applications for modern life it specifically examines the greek concept of humoral balance and indian ayurvedic doshas demonstrating how these ancient understandings align with current medical findings through a combination of historical

analysis and modern scientific validation readers discover how traditional practices maintain their significance in today's health landscape structured in three distinct sections the book progresses from foundational principles through comparative analysis to practical implementation guidelines what sets this work apart is its thorough integration of archaeological findings newly translated medical manuscripts and contemporary clinical studies making it both academically rigorous and practically applicable while primarily focusing on greek and indian medical traditions it provides actionable insights for readers including dietary guidelines and seasonal health recommendations that bridge ancient wisdom with modern scientific understanding

this book offers an introduction to the history of university trained physicians from the middle ages to the eighteenth century enlightenment these were the elite in reputation and rewards and they were successful yet we can form little idea of their clinical effectiveness and to modern eyes their theory and practice often seems bizarre but the historical evidence is that they were judged on other criteria and the argument of this book is that these physicians helped to construct the expectations of society and met them accordingly

this book provides a comprehensive exploration of medical ethics focusing on the essential soft skills required for clinical care providers it bridges the gap between philosophical principles and practical application offering a clear and accessible guide to navigating ethical dilemmas in healthcare readers will uncover key concepts such as autonomy beneficence and justice alongside practical discussions on informed consent and biomedical research the chapters explore into the philosophical underpinnings of ethics examining moral theory and moral status while emphasizing the importance of communication skills in clinical settings the book also addresses critical issues like informed consent and the ethical considerations in biomedical research by emphasizing communication skills it highlights the importance of effective interaction between clinicians and patients ensuring ethical practice is

maintained in all aspects of care this book is a must read for those seeking to enhance their understanding of ethical practice in medicine offering insights from experienced practitioners and scholars ideal for healthcare professionals medical students and scholars of medical ethics this book equips readers with the tools to apply ethical principles in real world scenarios readers will gain valuable insights into the moral complexities of patient care it invites readers to consider the ethical dimensions of their work and offers practical strategies for addressing complex moral dilemmas

to date research on interactive intelligent systems has largely focused either the realisation of systems capabilities or cognitive processes and behaviour their users with rapid development internet based technologies design is facing many emerging issues challenges such as investigating ways that artificial agents human intelligence can collaborate for better performance understanding user requirements processes safeguarding privacy etc divthis book provides the latest research findings and developments in the field of interactive intelligent systems addressing diverse areas such as autonomous systems internet and cloud computing pattern recognition and vision systems mobile computing and intelligent networking and e enabled systems it gathers selected papers from the international conference on intelligent and interactive systems and applications iisa2016 held on june 25 26 2016 in shanghai china divdivbr divdivinteractive intelligent systems are among the most important multi disciplinary research and development domains of artificial intelligence human computer interaction machine learning and new internet based technologies accordingly these systems embrace a considerable number of application areas such as autonomous systems expert systems mobile systems recommender systems knowledge based and semantic web based systems virtual communication environments and decision support systems to name a few divdivbr divdivto date research on interactive intelligent systems has largely focused either on the realisation of the systems capabilities or on the cognitive processes and or behaviour of their users with the rapid development of

internet based technologies the design of interactive intelligent systems is facing many emerging issues and challenges such as investigating the ways that artificial agents and human intelligence can collaborate for better performance understanding user requirements and user cognitive processes safeguarding user privacy etc divdivbr

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