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part 1 human anatomy and physiology 1 scope of anatomy physiology and health education 2 the cell 3 tissues 4 osseous system 5 joints 6 skeletal muscle 7 the blood 8 body fluids lymph and lymphatic system 9 cardiovascular system 10 digestive

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some people think that knowing about what goes on inside the human body can sap life of its mystery which is too bad for them because anybody who s ever taken a peak under the hood knows that the human body and all its various structures and functions is a realm of awe inspiring complexity and countless wonders the dizzying dance of molecule cell tissue organ muscle sinew and bone that we call life can be a thing of breathtaking beauty and humbling perfection no one should be denied access to this spectacle because they don t come from a scientific background and now thanks to anatomy and physiology for dummies no one needs to be whether you re an aspiring

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this book provides a highly accessible introduction to anatomy and physiology written for students studying the subject for the first time it covers the human body from the atomic and cellular levels through to all the major systems and includes chapters on blood immunity and homeostasis logically presented the chapters build on each other and are designed to develop the reader s knowledge and understanding of the human body by the end of each chapter the reader will understand and be able to explain how the structures and systems described are organised and contribute to the maintenance of health describing how illness and disease undermine the body s ability to maintain homeostasis this text helps readers to predict and account for the consequences when this occurs complete with self test questions full colour illustrations and a comprehensive glossary this book is an essential read for all nursing and healthcare students in both further and higher education

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