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gender and mental health is a growing field in psychiatry although women's specific mental health

problems have been described for hundreds of years it is in the last two centuries and especially in the last 3 to 4 decades that research in many different aspects of women s mental health has bloomed we have gained better understanding of the psychological social and cultural aspects of mental health problems in women we have seen epidemiological data describe increased frequency of different clinical aspects of many psychiatric disorders we have learned about biological and especially endocrinological concomitants of mental health problems in women in addition we have been able to describe classify and circumscribe different diagnoses as they appear in the female gender eating disorders perinatal psychiatric disorders consequences of different types of abuse have gained better understanding in the last decades and we have been able to delve into the social parental and personal consequences of the mental health problems the oxford textbook of women and mental health brings a balanced understanding of different aspects of gender and mental health it summarizes the clinical issues and mental health problems as faced today the first part of the book is dedicated to fundamental aspects in women s mental health it covers topics from women s health as a global issue to different medical psychological theories giving an overview of gender in mental health the second part of the book examines clinical aspects of women and mental health in part three special clinical topics such as ptsd self harm menopause violence and their management are investigated part four focuses on parental psychiatric disorders clarifying how mental health and behavioural problems in children could be a marker or a consequence of maternal distress the final two parts look at the topics of women and disability and legislation and policy a book of exceptional scope and depth this volume will be essential for all those health professionals involved in managing mental health problems in women

drawing extensively on the expertise of teachers of german in universities across the uk this volume offers an overview of recent trends new pedagogical approaches and practical guidance for teaching at beginners level in the higher education classroom at a time when entries for uk school exams in modern

foreign languages are decreasing this book serves the urgent need for research and guidance on ab initio learning and teaching in he using the example of teaching german it offers theoretical reflections on teaching ab initio and practice oriented approaches that will be useful for teachers of both german and other languages in higher education the first chapters assess the role of ab initio provision within the wider context of modern languages departments and language centres they are followed by sections on teaching methods and innovative approaches in the ab initio classroom that include chapters on the use of music textbook evaluation the effective use of a flipped classroom and the contribution of language apps finally the book focuses on the learner in the ab initio context and explores issues around autonomy and learner strengths the whole builds into a theoretically grounded guide that sketches out perspectives for teaching and learning ab initio languages that will benefit current and future generations of students

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