

Degrees Of Sleeplessness

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a unique resource on sleep medicine written by contemporary experts from around the world sleep a comprehensive handbook covers the entire field of sleep medicine taking a novel approach the text features both syndrome and patient oriented coverage making it ideally suited for both clinical use and academic study sleep a comprehensive handbook begins with a brief introduction to the basic science of sleep from neurobiology to physiologic processes this leads into sections offering comprehensive coverage of insomnia sleep apnea narcolepsy parasomnias movement disorders and much more sleep and related disorders are also discussed followed by chapters on considerations for special patient groups special materials for practitioners include a sample interview and questionnaire as well as a chapter on operating and managing a sleep center the text concludes with discussions of sleep assessment methods such as polysomnography actigraphy and video eeg monitoring with full coverage of over 100 key topics in sleep medicine sleep a comprehensive handbook offers the most practical thorough yet handy resource available on adult and pediatric sleep medicine praise from the reviews no other publication in the field can begin to compare with the breadth or depth of the handbook i cannot imagine a functioning sleep disorders clinic without at least one copy on standby as a ready reference pscycritiques sleep a comprehensive handbook is a first rate textbook with concise up to date information covering a wide range of subjects pertinent to the practice of sleep medicine doody s health services

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